

BE EYES AND EARS

We would really like to include more news about Kearney Lodge residents. Please tell us about important events like marriages, births, graduations, awards, someone coming home—and any other events that occur.

Please let us know if...

- · you got engaged or married...
- · there is a new family member...
- · you lost a family member...
- you are planning an event in K.L. Park that the public may attend...
- you need to borrow medical equipment...
- · you want to donate medical equipment...
- · you need transportation.

For any of these important events, please call someone on the list on page 3.

ANTI INTELLECTUALISM

has been a constant thread winding its way through our political and cultural life, nurtured by the false notion that democracy means that my ignorance is just as good as your knowledge.

—Isaac Asimov, American author

and professor of biochemistry -

ANUARY 2015

Martin Luther King, Jr. Day Monday, January 19, 2015



ELECTION OF KLCC OFFICERS

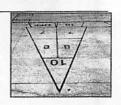
in the January 8^{TH,} 2014 meeting, which starts at 7:00 pm in the Clubhouse. Refreshments will be served as usual.

We look forward to your participation (all residents are eligible to participate.)



WILL CONTINUE
IN 2015
SAME SCHEDULE:
Fridays at 7:00 pm in the Clubhouse
(5 times in January.)

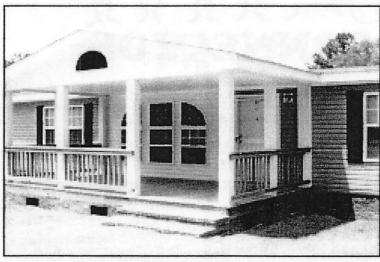
SHUFFLEBOARD will be AFTER THE HOLIDAYS. Watch for further updates in 2015.

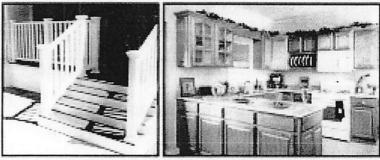


DID YOU KNOW? January (in Latin, *lanuarius*) is named after Janus, the God of beginnings and transitions; the name has its beginnings in Roman mythology, coming from the Latin word for door (*ianua*) since January is the door to the year. https://en.wikipedia.org/wiki/January Middle English Januarie, from Latin Januarius, 1st month of the ancient Roman year, from Janus. First Known Use: 14th century. http://www.merriam-webster.com/dictionary/january

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Kearney Lodge Community Connection meets the SECOND Thursday each month.

President: Joe Beatty

619-212-6495

Treasurer: Nadine Mein

858-277-8645

Medical Equipment Loans

858-277-8645

Vice President: Dara Dobbins

858-292-6935

Secretary: Benjamin Brown

858-514-1336

Editor: Joleen J. Gonser

858-279-6088

Joleen.Gonser@gmail.com

The KLCC is a private association dedicated to serving and improving the quality of life for the entire community with emphasis on safety, courtesy and neighborhood.

Opinions expressed in "Letters to the Editor" sections of The Connector do not necessarily represent the views of the editorial staff, but are printed to encourage comments and discussion among resident homeowners. Submissions to The Connector must be received no later than the 20th of the month. The Connector reserves the right to use such discretion as it may consider appro-

priate in the printing of advertising or other material submitted for publication herein.

You are encouraged to check the products and/or services advertised herein; however, the KLCC is NOT responsible for your use or purchase of them.



PRICES FOR NEWSLETTER ADS

Business Card-size = \$8 ---- 1/4 Page = \$12 ---- 1/2 Page = \$20 ---- Full Page = \$35

Kearney Lodge Office - 858-277-6060

http://www.kearneylodge.net/index.htm

Hours: M-W-F 9 am-4 pm & TU-TH 9 am-1 pm

Leave live or voicemail messages with the answering service after regular office hours.

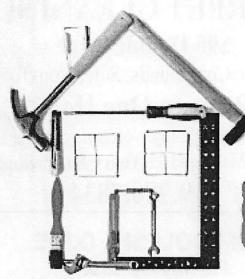
LOST & FOUND "CLOSET" AT PARK OFFICE

Take to- or look for- Lost or Found items at the Park Office during regular hours.

Kearney Lodge Community Connection

THE CONNECTOR

JANUARY 2015 - Page 3



HONERE?

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KEARNEY LODGE COMMUNITY CONNECTION MEETING of DECEMBER 11, 2014

Joe Beatty called the meeting to order at 7:02 PM. The pledge of allegiance was recited.

TREASURER'S REPORT: Nadine Mein -Accepted

1. Previous Balance	\$	1,169.49
2. Newsletter Ads	+\$	137.00
3. Donations	+\$	25.00
4. Refreshments	-\$	10.00
5. Newsletter copying	- \$	270.84
6. New Balance:	= \$	1150.65



Attention

All Dog Owners

When your dog

has done its

business

Please do yours!

HOUSEKEEPING CONCERNS:

- 1. Rules of Order reminder Joe Beatty
- 2. Voluntary KLCC dues Reminder (\$1) Joe
- 3. Minutes of the NOV meeting were approved.
- 4. Garden Club will suspend meetings for the holidays.
- 5. Movie Nights will be on the 2nd and 4th Tuesday of the month.
- 6. Shuffleboard suspended for the holidays.
- 7. Clubhouse hours are from 9 am to 9 pm.
- 8. The Transportation Service is a continuing success. More volunteers are need to assist those who need transportation.
- 9. Friday Night Bingo WILL CONTINUE in 2015.



NEW BUSINESS:

- 1. Suggestion Box items: none submitted.
- 2. Suggestions from those present: none
- 3. There was discussion of availability of solar power for residents and the Park. Research and discussion are ongoing.

CONCLUSION OF MEETING:

Raffle Drawing yielded \$14.00. Winner's name not get published. Meeting adjourned at 7:30 pm. Respectfully submitted by **KLCC Secretary**,

Benjamin Brown



for JANUARY 8, 2014 Call to Order: 7:00 P.M. Pledge of Allegiance - Joe TREASURER'S REPORT -Nadine Housekeeping Concerns 1. Rules of Order - Joe 2. Voluntary dues reminder (\$1.00) - Joe

- 3. Raffle Reminder
- 4. Minutes Approval Joe **OLD BUSINESS:**

KLCC MEETING AGENDA

- 1. Garden Club in 2015
- 2. Shuffleboard in 2015
- 3. Calendar Update
- 4. Newsletter Ads update - Joe or Joleen
- 5. Transportation Service
- 6. Holiday Events reports
- 7. Committee Reports
- 8. Solar power update **NEW BUSINESS:**
- 1. ELECTION OF KLCC OFFICERS
- 2. Suggestion Box Items
- 3. Suggestions from attendees **CONCLUSION** of Meeting: Raffle Drawing

Adjourn

ISAAC ASIMOV QUOTES

It is change, continuing change, inevitable change, that is the dominant factor in society today. No sensible decision can be made any longer without taking into account not only the world as it is, but the world as it will be.

If my doctor told me I had only six minutes to live, I wouldn't brood. I'd type a little faster.

The saddest aspect of life right now is that science gathers knowledge faster than society gathers wisdom.

The true delight is in the finding out rather than in the knowing.

The most exciting phrase to hear in science, the one that heralds new discoveries, is not 'Eureka!' but 'That's funny...'

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THINGS TO THROW AWAY (RIGHT NOW)

- Your dish sponge. You should replace them every month or so, in addition to cleaning them regularly in the dishwasher or microwave.
- 2. Your gross old shoes full of holes. If you want to get rid of shoes that are in serviceable condition, donate them to an organization such as Soles4Souls.)
- Those clothes you've had for years but just never got around to wearing. Sell them at your local consignment store, donate them to charity, or give then to a similarly- sized friend/cousin/work buddy.
- Expired makeup. Makeup has an expiration date, and not tossing it when it gets old could cause you skin problems or even infections.
- Sad bras/sad underwear. You know which ones. They're your drop-dead, last-resort choices.
- Your toothbrush. Remember to swap yours out every three to four months.
- 7. That half-finished project that will never get finished.
- 8. Any socks with holes and/or that have no mates.
- Old technology. Including to CDs you've already uploaded, VHS tapes you've already recorded over, and any monitor you've even briefly consider turning into something else.

Old batteries and lightbulbs. There is a certain category of junk that is small enough to kind of ignore but also relatively scary, i.e., How do you even get rid of it. Check Lowe's or HomeDepot for recycling suggestions.

11. Old dish towels (and regular towels). Many animal shelters accept towels as donations, but use your judgment re: how worn out they are.

 Like 99% of whatever's in your junk drawer. Keep the scissors and the roll of tape and show the rest the door.

- 13. Your pillows. Think about how objectively oily/ hairy/gross your head is, and then imagine systematically rubbing it on something for seven to eight hours a night for years and years and years.
- 14. Hangers you got from the dry cleaner.
- 15. Stacks of magazines and newspapers.
- 16. Old paint.
- 17. Old spices.
- 18. Toys that nobody wants.
- 19. Your contact lens case.
- 20. Expired canned food.
- 21. And while you're at it, unsubscribe from all those useless email lists that constantly flood your inbox.

Now step away from your computer, turn off your phone, and go toss all that "stuff" that's been keeping you from being the person you know you can be. You'll feel downright invincible.

DO YOU HAVE TO MUCH YARN?

Extra yarn may be donated to S.M.A.R.T., a Military/
Honorably Discharged Veterans' RV club.
S.M.A.R.T. takes the yarn to personnel in the Miramar

brig who knit lap robes for patients in the VA Hospital.

Please call Joleen at 858-279-6088 to coordinate gathering the yarn and to contact the S.M.A.R.T. members to request pick-up.

Thank you for your donations.

SIMPLE PEST PREVENTION

To protect seedlings and young transplants from cutworm damage, just save the thick cardboard sleeve, like you see below, that comes around to-go cups of coffee or other hot beverages.

When it's time to make sure cutworms don't chew off new growth, gently open up each ring at its seam and cut the card-

board strip into halves. Tightly roll each piece up again and secure it with clear tape. Set the rings over seedlings and pat them down



into the soil to create an effective cutworm collar. Refer to photo.

QUOTES

Never a Christmas morning, never the old year ends but someone thinks of someone. Old days, old times, old friends.

Never esteem anything as of advantage to thee that shall make thee break thy word or lose thy self-respect.



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Here are some examples of how little it can cost to protect your property and personal possessions!!!

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ENVIRONMENTALLY FRIENDLY TIPS

- Take a fast fashion break. Try taking a break from fast fashion for a few months and invest in organic and/or sustainable garments. A good place to start is http://overdressedthebook. com/alternatives.html
- 2. Ways to cut down on water use: Turn off the faucet while brushing your teeth; only wash full loads of laundry (in cold water); drink tap water instead of bottled; wash dishes by hand a few days a week; scrape rather than rinse dishes before loading the dishwasher; keep a pitcher of water in the fridge instead of letting the faucet run until the water is cold.
- 3. Ditch the coffee stirrer. According to 50 Ways to Help, Americans toss 138 billion straws and stirrers yearly. A clever alternative: put your sugar and milk in first, and then pour in the coffee, and it should be well mixed. Stir your brewed-at-home coffee, with a piece of pasta, then dissolve it in water, or throw it away with less guilt.
- 4. Repair your shoes and clothes. Instead of tossing worn-in shoes, take them to a shoe-maker to get them cleaned up, resoled, re-dyed, or re-heeled. Same goes for clothes a good tailor can repair almost anything.
- 5. Check out Greenpeace's Detox Fashion Manifesto.
- 6. Get moving. When the weather is nice, walk or bike to a destination at least once a week.
- 7. A no-brainier: Simply shut off all the lights before you leave in the morning, and unplug electrical equipment that you aren't using during the day and while you sleep especially your work and home computers.
- 8. Need to give a gift? Create unique wrapping paper by using glossy magazines you already have, newspaper, or brown paper grocery bags, instead of store-bought generic paper.
- 9. Try a meat-free diet one or two days a week to decrease the resources you use. According to worldwildlife.org, it takes about 750 liters of water to produce one (1) kilogram of wheat, and it takes 100,000 liters of water to produce one (1) kilogram of beef. That's a huge difference.
- 10. Start keeping your calendar digitally. It uses less paper. At work, try using your Smartphone's many reminder or list-making apps, or your computer calendar program.
- 11. Replace your light bulbs! If every household in the United State replaced one regular light bulb with one of the new compact fluorescent bulbs, the pollution reduction would be equivalent to removing one million cars from the road, according to 50 Ways to Help.
- 12. Try buying food from local farmers or farmers' markets at least once a month. This reduces greenhouse gases created when products are flown or trucked in.
- 13. Adjust the thermostat. Go a few degrees higher in the summer and a few degrees lower in the winter if your health allows it.
- 14. Invest in a reusable cup for your morning coffee, and one for the water you sip throughout the day. Same goes for bringing reusable grocery bags or totes for your shopping.
- 15. Donate all unwanted clothes, and consider buying second-hand for big-ticket items like bikes, stereos, computers, TVs, or other large purchases. Craigslist and Freecycle are good places to start.

 No more wire hangers (sort of.) Since wire hangers aren't taken by all recyclers. Ask your dry cleaner to take them back when you are done with them.

KEARNEY LODGE
COMMUNITY
CONNECTION
ELECTION OF
OFFICERS
MONTHLY MEETING on
THURSDAY,
JANUARY 8, 2014
at 7:00 pm
in the CLUBHOUSE.

- 16. Pay all your bills online. It's so easy to sign up for paperless billing!
- 17. Pour a dash of vodka into vase water. This extends the life of your flowers and plants.
- 18. Consider replacing your shower head with a low-flow version.

Info from: http://stylecaster.com/20-easy-ways-for-beginners-to-help-the-environment/?utm_s ource=zergnet.com&utm_medium=referral&utm_campaign=zergnet_103048

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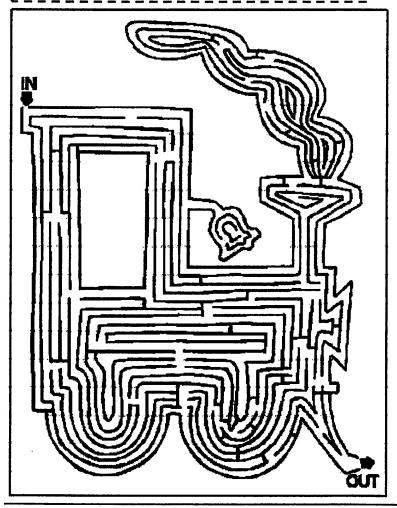
ANNOUNCEMENT AND NOMINATIONS FOR THIS MONTH'S MEETING AND ELECTION of KEARNEY LODGE COMMUNITY CONNECTION OFFICERS JANUARY 8, 2015

□ Vice	President:	Dara	Dobbins.	Incumbent

☐ Treasurer: Nadine Mein, Incumbent

☐ Secretary: None currently

Bring this Nomination Form to the meeting, Thursday, JANUARY 8, 2015, Clubhouse



CURRENT EVENTS:

Reaching the end of a job interview, the Human Resources Officer asked a young engineer fresh out of the Massachusetts institute of Technology, "And what starting salary are you looking for?"

The engineer replied, "In the region of \$125,000 a year, depending on the benefits package."

The interviewer inquired, "Well, what would you say to a package of five weeks vacation, 14 paid holidays, full medical and dental, company matching retirement fund to 50% of salary, and a company car leased every two years, say, a red Corvette?"

The engineer sat up straight and exclaimed, "Wow! Are you kidding?"

The interviewer answered, "Yeah, but you started it."

KEARNEY LODGE COMMUNITY CONNECTION ELECTION OF OFFICERS

at the MONTHLY MEETING THURSDAY, JANUARY 8, 2015 at 7:00 pm in the CLUBHOUSE

COMMONYMS

What's a commonym? A commonym is group of words that have a common trait in the three words/items listed.

For example: the words;

A car - A tree - An elephant.. they all have trunks.

- 1. The Navy A Deli An Absent Teacher
- 2. A Person A Watch A Mountain
- 3. A Bowling Alley A Roof A Street
- 4. High Uneven Parallel
- 5. Goose Theresa Hubbard
- 6. Mare Mustang Bronco
- 7. Killer Whales Referees Old T.V's
- 8. Music Mail Safe Deposit
- 9. Rail Chain Picket
- 10. Palm Easter Hot Fudge

See Page 13



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- 2. Do you really want to be ILLEGAL by hiring him?"
- 3. Normally all insurance excludes a willful ILLEGAL act.
- By being illegal and using an unlicensed painter you risk your assets and all your income today and in the future (including bank funds, social security or retirement, equity in home, current pay)

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http://www.patheos.com/blogs/searchin gfortomsawyer/2014/08/sunday-school ing-our-kids-out-of-church/

http://www.hometalk.com/b/760292/all-things-terra-cotta

http://momsneedtokno w.com/squarefoot-gardening-patio-deck/

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http://www.projectlinus.org/patterns/

http://www.mooglyblog.com/unpinningpinterest-for-february-2013/#X112lajiq3AbWMBh.99

http://statebystategardening.com/state. php/newsletters/stories/A_Su cculent Sensation/

http://www.pinterest.com/a genths/outsideplanty-things/?u tm_campaign=recs_141027&u tm_term=3&utm_content=414 472040645497701&e_t=4d0 9a27de0e94b49b4c6f430579 4caee&utm_source=31&e_t_s =boards&utm_medium=2004

http://www.thegardenglove.c om/diy-rain-chains/

http://www.thegospelcoalition.org/article/thoughts-on-ferguson

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COMMONYM ANSWERS

- 1. They all have subs
- 2. They have faces
- 3. They have gutters
- 4. Bars in gymnastics
- 5. Mothers
- 6. Horses
- 7. They're black & white
- 8. Boxes
- 9. Fences
- 10. All Sundays/Sundaes

THOUGHT FOR THE DAY

A college student challenged a senior citizen saying it was impossible for their generation to understand his. "You grew up in a different world," the student said. "Today we have television, jet planes, space travel, nuclear energy, computers . . . "

Taking advantage of a pause in the student's litany, the senior said, "You're right. We didn't have those things when we were young. So we invented them!"

Used with Permission: November 2004 issue of Seniorresource.com/ezine.htm - received from V. J. Femia

WORD PLAY

There was a man who entered a local paper's pun contest. He sent in ten different puns, in the hope that at least one of the puns would win. Unfortunately, no pun in ten did.

EVER WONDER ABOUT THE



BIBLE?

CAN YOU BELIEVE WHAT IT SAYS?

IS IT STILL RELEVANT IN TODAY'S BUSY & COMPLICATED WORLD?

*** COME AND LEARN FOR YOURSELF ***

NON DENOMINATIONAL BIBLE STUDY EVERY FRIDAY NIGHT 7PM - 9PM

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TRANSPORTATION VOLUNTEERS

Ellen and Lynnda coordinate the transportation needs of residents with the schedules of drivers. To provide or request transportation, call Ellen at 858-525-2282 or Lynnda at 619-977-4472. Please plan ahead.

This is not a chauffeur service; however, it is available if you really need it.

MAKE EMERGENCY or OTHER TRANSPORTATION REQUESTS THROUGH THE PROPER PUBLIC CHANNELS.

ENCOURAGE OUR ADVERTISERS in this newsletter, The Connector, by doing business with them. Be sure to check each business against your specific needs.

MEDICAL DEVICE LENDING PROGRAM The KLCC has a lending program available to residents who need to borrow medical equipment such as canes, crutches, walkers, and bathroom aids. Other items may also be available. Call Nadine at 858-277-8645 to inquire. Please also call to donate your unneeded medical items.

OUOTES

The secret of getting ahead is getting started. - Mark Twain

If only it were all so simple! If only there were evil people somewhere insidiously committing evil deeds, and it were necessary only to separate them from the rest of us and destroy them. But the line dividing good and evil cuts through the heart of every human being. And who is willing to destroy a piece of [their] own heart? - Alexander Solzhenitsyn

It does not matter how slowly you go as long as you do not stop. - Confucius

Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid. - Albert Einstein



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THOUGHT: I used to eat a lot of natural foods until I learned that most people die of natural causes. - Unknown

KEARNEY LODGE COMMUNITY CONNECTION MONTHY MEETING at 7:00 pm THURSDAY, JANUARY 8, 2015 IN THE CLUBHOUSE

	WHAT ACTIVITIES AND EVENTS WOULD YOU LIKE FOR THE PARK?
1	Please put the form in the Suggestion Box
	or bring it in person to the monthly meeting.
	ur Name and best method of contact:

START SAVING BOTTLES NOW SODA BOTTLE DRIP FEEDER — DIY Project

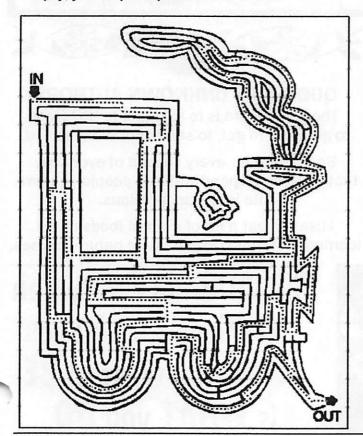
Drip feeders are great for a variety of different vegetables.

Most vegetables prefer the moisture at their roots rather than overhead sprinklers which can encourage some leaf problems.

There are many retail products avail-able but this Soda Bottle Drip Feeder makes use of recycled materials and works really well.

Just take a large 2 liter soda bottle and use barbeque skewers to poke holes in it. (Fewer holes than this image shows would provide a very slow release but it depends on how dry your soil gets.)

Insert the soda bottle into the space next to the plant when it is young and leave the top off. Leave the top exposed. When it gets empty, just top it up from the hose.



NATURAL WAYS TO KEEP SPIDERS OUT OF YOUR HOME

- Mint: An easy way to keep spiders from invading your space is to fill a spray bottle with peppermint essential oil) and water, to spray around.
- Clean It Up: The cheapest and most organic way to repel spiders naturally is probably not the easiest.
 Keeping your home neat, tidy and free of dust or webs is the best way to keep spiders from moving in. Regular vacuuming, dusting, and de-cluttering will keep any insects from making themselves at home.
- Use Vinegar: Repelling spiders with vinegar is much like repelling them with peppermint oil, in that you fill a spray bottle with vinegar and water, and spray all the cracks and crevices.
- Enlist the Help of A Furry Friend: Cats are a great spider deterrent. Four-legged furry friends can be great hunters and definitely hunt spiders down.
- Don't Let Them In: A great way to keep spiders out of your home is to never let them in in the first place! Make sure the exterior of your home is free from leaves, grass clippings, wood piles, or any other wellknown spider hangouts. You can also check all door openings and windowsills to make sure there isn't room for spiders to get in that way, and apply caulk when needed.
- Citrus Does the Trick: Rubbing citrus peels on areas where spiders are known to frequent, like baseboards, windowsills and bookshelves, is a great way to keep them from coming around. Even lemon scented furniture polish can drive spiders away.
- Let Cedar Do the Work: Cedar can be a great deterrent for spiders. You can use cedar mulch outside around the perimeter of your home to try to keep spiders from ever getting inside. If you have access to a cedar chest or cedar hangers to use in your closet, that is also a good choice. Use cedar blocks or shavings inside closets, cupboards or drawers.
- Chestnuts: They have been known to drive away spiders, so place a few in windowsills or along baseboards can keep spiders from hanging out there.
 Many people also believe that the same thing can be done with an Osage orange (also known as a hedgeapple). Chestnuts and hedgeapples can be kept in the house for a long time before they go bad.

SOURCE: http://www.naturallivingideas.com/9-natural-ways-to-keep-spiders-out-of-your-home/

ANUARY 2015

HAPPY BIRTHDAY to the JANUARY celebrants/ Stone= Garnet Flower= Carnation



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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11	12 6 pm Painters	13 6 pm Movie Night	14	15 9 am Quilters	16 7 pm Bingo 7 pm Bible Study	17 as you do not stop. Confucius
18	19 MARTIN LUTHER KING, JR. DAY 6 pm Painters	20	21	22 9 am Quilters	23 7 pm Bingo 7 pm Bible Study	24
25	26 6 pm Painters	27 6 pm Movie Night	28	29 9 am Quilters	30 7 pm Bingo 7 pm Bible Study	31



UNUSUAL GARDEN CONTAINERS

- Metal industrial pipes can make great modern containers. They could also be a garden border or lawn edging. See photo at left.
- Use a hollowed out log or stump.

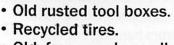


QUOTES BY UNKNOWN AUTHORS

The glory of life is to love, not to be loved; to give, not to get; to serve, not to be served.

Be grateful for every second of every day that you get to spend with the people you love. Life is so very precious.

I used to eat a lot of natural foods until I learned that most people die of natural causes.



Old, free wooden pallets.

Concrete cinder blocks.

A burlap shoe caddy!



ANOTHER IDEA for a small garden. River rocks in a spiral.



the difference between WHO you ARE and WHO you want to BE is WHAT you DO.