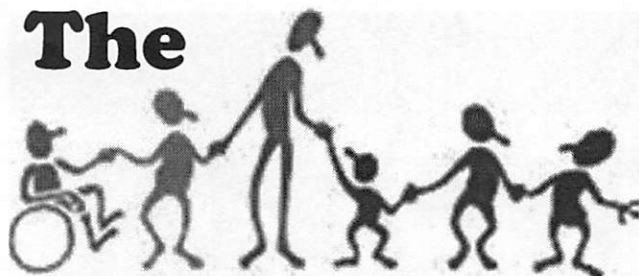


The



CONNECTOR

JUNE 2016

DO YOU LIKE FUN?

ARE YOU ACTIVE? CREATIVE?
ORGANIZED? **Perfect!**

It sounds like you are just the right person to be the *Social Coordinator* for the Kearney Lodge Community Connection (KLCC).

Call Joe Beatty at 619-212-6495 to discuss the possibility.

SWING INTO SUMMER

The San Diego Park & Recreation Department's
NORTH CLAIREMONT RECREATION CENTER is hosting
a Senior Luncheon June 9, 2016 at

11:00 am to 1:00 pm

4421 Bannock Ave., 92117.

Sponsor: Reach InternationalFC.com

To get more information or make a reservation, call
858-581-9926. You must reserve a seat for the
luncheon; this is required, there is no admittance
without a reservation.



MAY'S BEST YARD

LOOK FOR THESE!

MAY'S BEST YARD is
Space #2. Look for the sign.
Is your yard next? You may
be the winner of a \$10 gift
card from Home Depot, and
a frameable certificate

It's not how fancy or
simple the yard is,
but that the yard is
neat and clean.

Find "Mr. Five" in JUNE.



MEDICATIONS ASSISTANCE

- "Extra Help" from Medicare may be possible for prescriptions through the Low-income subsidy (LIS). To see if you qualify, check Section 8 of *Medicare and You 2016*, or call 1-800-633-4227, the Social Security Office at 1-800-772-1213, or the California Medicaid Office at 916-552-9500.
- From CA; the pharmaceutical assistance program (SPAPS) State Health Insurance Assistance Program (SHIP): check Chapter 2, Section 2 of your *Evidence of Coverage* handbook.

SAN DIEGO COUNTY FAIR

<http://www.sdfair.com/>

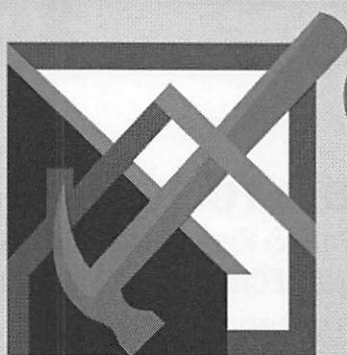
HELP CHOOSE THE JUNE "BEST YARD"

Go look at homes in Kearney Lodge Park and select up to three (3) Space Numbers for "Best yard". Use the form below to submit the Space numbers through the KLCC Mailbox on the Office building. The deadline for submission for each month is the 20th of that month for publication in the next issue of "The Connector"

PLEASE CONSIDER THESE YARDS FOR "BEST YARD" OF JUNE:

1. _____ 2. _____ 3. _____

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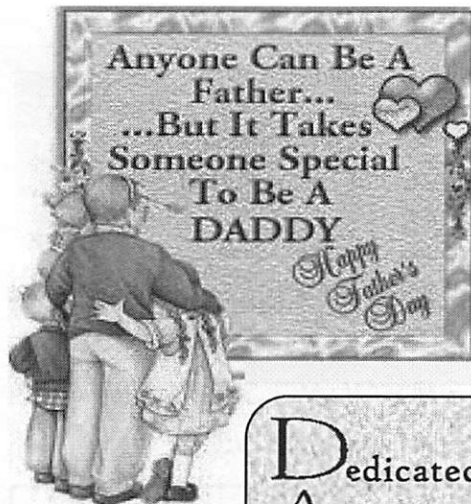
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Your Flag and My Flag

Your flag and my flag,
And how it flies today
In your land and my land
And half a world away!
Rose-red and blood-red
The stripes forever gleam;
Snow-white and soul-white -
The good forefathers' dream;
Sky-blue and true-blue,
with stars to gleam aright -
The gloried guidon of the day,
a shelter through the night.

~ Wilbur D. Nesbit ~



QUOTE

AMERICA WILL
NEVER BE DESTROYED
FROM THE OUTSIDE.
IF WE FALTER AND
LOSE OUR FREEDOMS,
IT WILL BE BECAUSE WE
DESTROYED OURSELVES.
~ ABRAHAM LINCOLN

Kearney Lodge Community Connection meets the **SECOND Thursday** each month.

President: Joe Beatty 619-212-6495

Vice President: Ellen Conrad 858-525-2282

Treasurer: Nadine Mein 858-277-8645

Secretary: Amber Bennett 619-344-1857

Editor: Joleen J. Gonser 858-279-6088

Joleen.Gonser@gmail.com

Medical Equipment Loans: 858-277-8645

The KLCC is a private association dedicated to serving and improving the quality of life for the entire community with emphasis on safety, courtesy and neighborhood. Opinions expressed in "Letters to the Editor" sections of *The Connector* do not necessarily represent the views of the editorial staff, but are printed to encourage comments and discussion among residents.

Submissions to *The Connector* must be received no later than the 20th of the month. *The Connector* reserves the right to use such discretion as it may consider appropriate in the printing of advertising or other material submitted for publication herein. You are encouraged to check the products and/or services advertised herein; however, the KLCC is **NOT** responsible for your use or purchase of them.



REMINDER: Kearney Lodge Community Connection (KLCC) does not acknowledge or print anonymous suggestions or complaints. An item being considered for printing in "The Connector", the KLCC newsletter, must have Your Name and Space Number on it.

PRICES PER MONTH FOR NEWSLETTER ADS

Business Card-size = \$8 — — 1/4 Page = \$12 — — 1/2 Page = \$20 — — Full Page = \$35

Kearney Lodge Office – 858-277-6060 <http://www.kearneylodge.net/index.htm>

Hours: Monday, Wednesday & Thursday 9 am-4 pm — Tuesday & Friday 9 am-1 pm

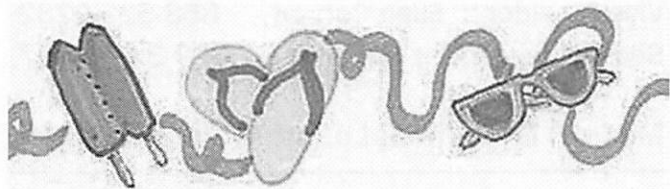
Leave live or voicemail messages with the answering service after regular office hours.

LOST & FOUND "CLOSET" AT K.L. PARK OFFICE

Take to — or look for — Lost or Found items at the K.L. Park Office during regular hours.

How true Daddy's words were when he said: 'All children must look after their own upbringing.' Parents can only give good advice or put them on the right paths, but the final forming of a person's character lies in their own hands.

Anne Frank



AIRCRAFT

Yes, the jets and helicopters from Miramar, and other aircraft are noisy.

But let's remember, the pilots must maintain top skills and keep up-to-date, and

*"THAT'S THE SOUND OF FREEDOM
FLYING OVER US!"*



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KEARNEY LODGE COMMUNITY CONNECTION

The meeting was brought to order at 7:00 pm by President Joe Beatty. The Pledge of Allegiance was recited.

TREASURERS REPORT — Nadine Mein

PREVIOUS BALANCE:	\$ 1,524.73
• Income - Newsletter Ads	+ \$ 43.00
• Donations	+ \$ 12.00
	\$ 1,579.73
• Expenses:	
• Newsletter Copying	- \$ 246.02
• Checks Purchased	- \$ 18.89
Total expenses	\$ 264.91
NEW BALANCE	\$ 1,314.82

Treasurers report accepted.

ANNOUNCEMENTS:

1. Raffle and dues reminder.
2. Calendar for June updated.
3. Newsletter ads: one in process at this time.
4. Community Garden is growing and improving nicely! All residents are encouraged to plant more succulents in the garden.



OLD BUSINESS:

1. Laundry Rooms: new bulletin boards acquired; hand-sanitizers has been requested and are awaiting approval.
2. Front restrooms: updated, clean and finished.
3. Barbers board in laundry room-west needs reconsideration; insufficient use thus far.
4. Residents are urged to pick up trash surrounding their homes and NO discarding of cigarette butts in our streets.
5. Mr. 5 will remain on East street so you can find it this month.
6. Best Yard winner FOR May was voted and accepted; Space -186. "Best Yard" award has resulted in residents cleaning up their yards. Thank you! (Use the form on Page 1 to submit your nomination(s) for the award and put it in the KLCC suggestion box at the front office.
7. There is noticeable removal of illegal RV parking on Convoy Court and surrounding streets. Please report all obstructing and illegal parking to Park Management.

NEW BUSINESS:

1. Suggestion Box notes are **ONLY** published if there is a name on each item submitted.

New Business 1. - Continued at right...

Meeting – MAY 12, 2016

NEW BUSINESS *continued:*

- a. Resident Georgina wants all residents and their guests to remember to pull out of drive-ways and car-ports **SLOWLY**; and to remember to pick up their cigarette butts.

NOTE: All suggestions, comments, and concerns are welcome.

- b. Resident Parking: Vehicles cannot street-park over-night outside their homes. Park security has been instructed to place notices on vehicles and to for-ward such reports to Park Management. Please instruct your guests to park only in designated guest parking areas (or on Convoy Court or Hickman Field Road.)
1. Clubhouse parking is restricted M-F during office hours and whenever Clubhouse activities occur. Clubhouse parking is allowed overnight M-F from 9 pm to 9 am, and on week-ends.
 2. The lot at the front of the Park entrance is used for overflow parking, but it is not accessible to residents for overnight parking.)
 3. Local Events; San Diego Parks and Recreation is hosting a Senior Health Conference June 7-9 from 11 am – 7 pm, which will include music, dancing, speaking and lunch. Those interested in attending must make reservations. For more information, contact Ellen at 858-525-2282.
 4. Many residents have reported complaints against excessively barking dogs. Please keep your dogs inside your home while you are gone. Many residents in KL are retired and at home most of the day. Working residents may not know their dog's barking affects their stay-at-home neighbors. Residents are responsible for the actions of their pets, and can be subject to eviction notices when warnings are not regarded seriously.
 5. In reaction to last month's resident concern regarding remote control vehicles, Park Management decided that remote control vehicles and/or toys are restricted from use KL street because they pose a hazard to community activity and driving. If you have further questions concerns or comments, come to the next meeting.

Raffle drawing was \$9.00.

Meeting adjourned at 7:58 pm.

Respectfully submitted,

Secretary, *Amber Bennett*



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- Swamp Coolers
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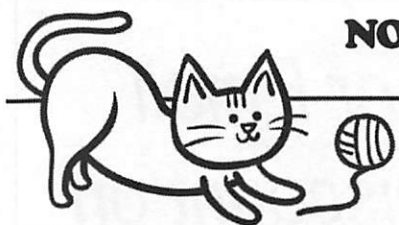
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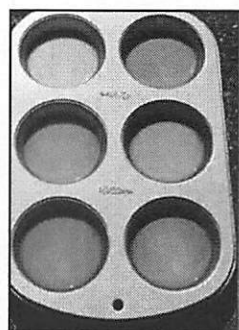
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NOW ACCEPTING NEW YARN DONATIONS

S*M*A*R*T,
the Special

Military Active Retired Travel club will take the yarn to the Miramar brig for personnel to crochet into lap robes and other items for patients in the Veterans Hospital. To learn where to take the yarn or to arrange for pickup of it, please call 858-279-6088.



HOMEMADE SIDEWALK CHALK

SUPPLIES:

- 2 muffin tins
- 1 ½ cups cornstarch
- 1 ½ cups water
- Food coloring of your choice

Mix together thoroughly and divide it into the 12 muffin cups. Add two to three drops of food coloring into each cup and stir. Let harden, then pop each chalk chunk out and let the children draw to their hearts' content..

QUOTES: My mother is Irish, my father is black and Venezuelan, and me – I'm tan, I guess.

~ *Mariah Carey*

I've had a hard life, but my hardships are nothing against the hardships that my father went through in order to get me to where I started.

~ *Bartrand Hubbard*



Q. How much DNA do you share with a banana?

A. 50% (*SD U-T Health 5-3-16*)

**Kearney Lodge
Community Connection
Monthly Meeting
Thursday, June 9, 2016
at 7:00 pm in the Clubhouse**

Kearney Lodge Community Connection Monthly Meeting

**Thurs., June 9, 2016-7:00 pm
Agenda**

Call to Order – Joe Beatty

Pledge of Allegiance – Joe

TREASURER'S REPORT – Nadine Mein

ANNOUNCEMENTS – Joe

1. Rules of Order and Minutes Approval
2. Voluntary dues reminder (\$1.00) and Raffle Reminder
3. Calendar Update – Joe Beatty
4. Newsletter Ads update – Joe/Joleen

OLD BUSINESS/REPORTS:

1. Day Trips Interest? - Ellen
2. Social Coordinator interest? - Amber

NEW BUSINESS:

1. Suggestion Box Items
 2. Suggestions from Floor
- Raffle Drawing
Adjourn



SOCIAL COORDINATOR NEEDED!

Interested in helping or
organizing group trips or activities?
Contact Secretary, Amber Bennett.
(See page 3 for phone number.)

YOUR SUGGESTIONS & COMMENTS ABOUT ACTIVITIES AND EVENTS

Fill out and put the form in the Suggestion Box or
bring it in person to the meeting.

OTHER COMMENTS:

Your Name and best method of contact:

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619-800-1220

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I'm right here in Kearney Lodge!

I'd love to drop off a brochure - just give me a call!

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COMMONYMS

What do these sets of words have in common?

1. May - Bean - Flag
2. Lamb - Pork - Karate
3. Road - Weather - Treasure
4. Penguin - Kiwi - Ostrich
5. Bad T.V. Shows - Stamps - Checks
6. Sheets - Books - Rolls
7. Chips - Sweet - Spears
8. Right - Love - Bermuda
9. Buck - Baby - Wisdom
10. Crab - Caramel - Candy



SEASHELLS

She sells sea shells by the sea shore.
But if she sells sea shells by the sea
shore then where are the sea shells
she sells?



Sorry is not
enough.
Sometimes,
you actually
have to change.



EVER WONDER ABOUT THE

BIBLE ?

CAN YOU BELIEVE WHAT IT SAYS?

IS IT STILL RELEVANT IN TODAY'S BUSY
& COMPLICATED WORLD?

***** COME AND LEARN FOR YOURSELF *****

NON DENOMINATIONAL BIBLE STUDY

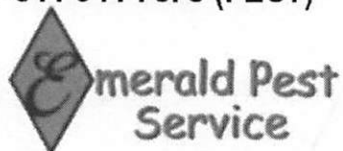
EVERY FRIDAY NIGHT 7PM - 9PM

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LETTERS TO THE EDITOR

Hi neighbors. I'm the one who speeds through the park at up to 7 mph, maybe an 8 mph, most of the time. I know it drives you nuts, but the speed limit is 5 mph. I was scared my hat would blow off the other day when I got up to 8 mph.

Please, don't get upset with me. I have this thing about getting kicked out of the park if I do the wrong things: speed is my basic problem. Stop signs are another. What's the problem with both of those.

Today when that lady passed me, she got to the house on the next street five (5) seconds ahead of me.

Worth a letter from the management you are in violation? Three strikes and yer out!

So, slow down. I did. No big deal. Get there within seconds of my designated time. And, mothers, it's a great way to set an example for your children on your way to take them to school. If they are late, maybe next time they'll hurry up a little. It's NOT you who is late, it's them.

Thanks for your time.

Slow road ahead.

Olin Thompson

Dear neighbors, please consider these:

1. Pull out of carports slowly. I was almost hit by a car shooting out from a driveway.
2. Enter the main roads cautiously from the shorter streets – I have almost been hit three (3) times so far.
3. Stop throwing cigarette butts on the streets, pathway, and my front yard!

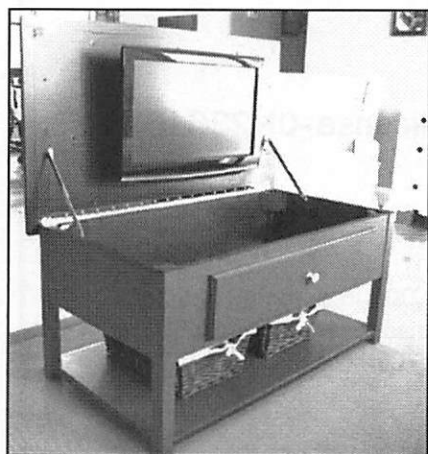
Thank you very much.

~ Georgina



HIDE A TV THAT'S NOT USED OFTEN

This coffee table was originally a counter height table. The legs were shortened and the shelf raised. Now, to unwind the TV cord, plug it into an extension cord that's nearby, maybe hidden, and it's ready to use in less than 60 seconds. It works great and now, to put the TV away, just close the lid. See - <http://www.justlaine.com/2011/01/17365.html>





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With dependable service you can rest easy knowing that your belongings are protected from a wide range of damages. Our platinum insurance package covers replacement cost for any covered loss, including fire. This ensures you receive a new mobile home if yours is destroyed. Theft and vandalism are also included in your coverage. The liability portion of your property policy covers you for instances in which you are legally obligated to pay for physical injuries to others, along with damages to their property, as well as certain types of non-physical injuries.

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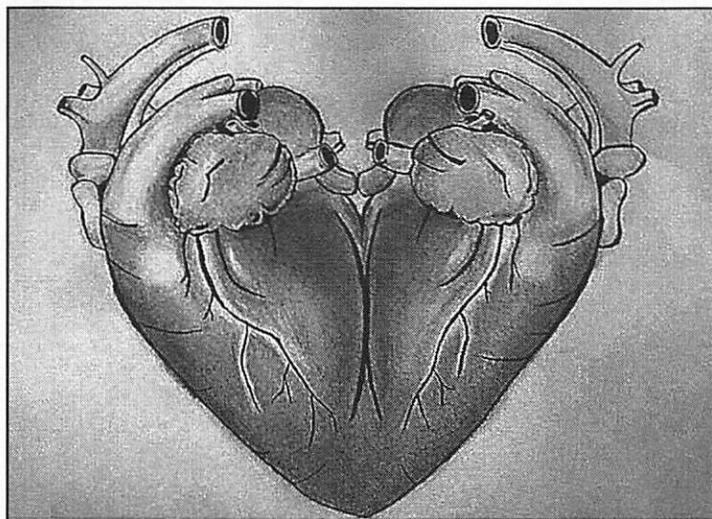
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The most important thing a father can do for his children is to love their mother. ~Author Unknown



Ever wonder why a drawing of a heart doesn't look like an actual human heart? The heart symbol we use today came from the idea of two human hearts being fused together as one, forming the iconic heart-shaped symbol we know as LOVE.

QUOTES

There is nothing that moves a loving father's soul quite like his child's cry. ~ Joni Eareckson Tada

Children are gifts. They are not ours for the breaking. They are ours for the making. ~ Dan Pearce, "Single Dad Laughing"

WEBSITES TO INVESTIGATE

Please verify the reliability and security of all sites. Some are self-explanatory.

DO YOU (OR SOMEONE YOU KNOW) NEED ASSISTANCE WITH DAILY LIFE? Here is listing of help available in San Diego County.

http://www.needhelppayingbills.com/html/san_diego_county_assistance_pr.html

<http://sdmaritime.org/visit/public-events/fathers-day-sail/>

<http://www.fathers.com/>

<http://fathersuplift.org/>

<http://www.fedhelp.org/>

<http://www.srh.noaa.gov/srh/jetstream/clouds/cloudwise/types.html>

http://lib.colostate.edu/wildlife/at_oz.php?letter=all

<http://www.funsterz.com/2013/10/19/30-amazing-uses-for-old-pallets/>

QUOTES

Do not be all sugar,
or the world will suck you down;
but do not be all vinegar
or the world will spit you out.

~ C. H. Spurgeon

Where is
Mr. 5 now?



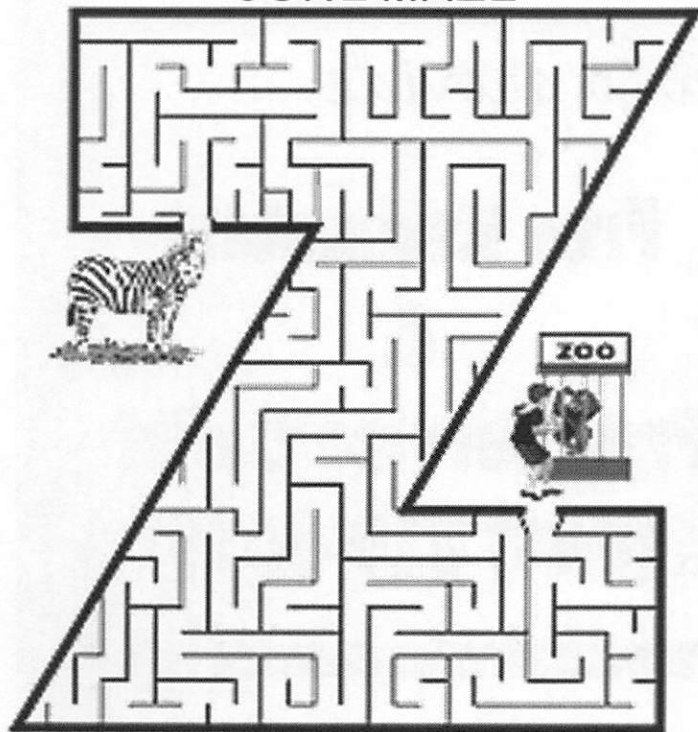
Because it's summer and the memories are just waiting to happen. ~ Unknown

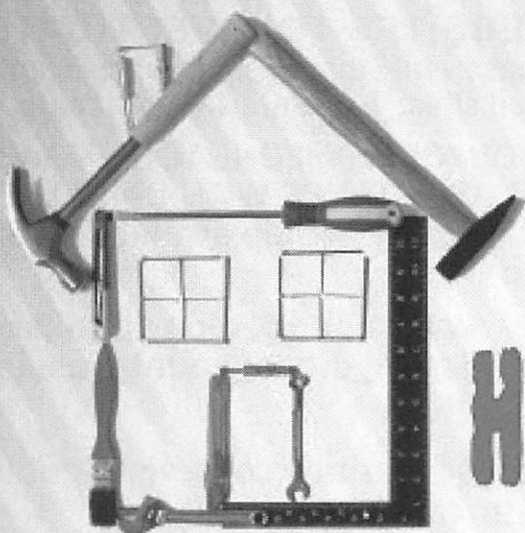
Dads. It's time to tell our kids that we love them. Constantly. It's time to show our kids that we love them. Constantly. It's time to take joy in their twenty-thousand daily questions and their inability to do things as quickly as we'd like.

It's time to take joy in their quirks and their ticks. It's time to take joy in their facial expressions and their mispronounced words. It's time to take joy in everything that our kids are."

— Dan Pearce, "Single Dad Laughing"

JUNE MAZE





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TRANSPORTATION SERVICE

The KLCC Transportation Service is for residents who don't drive or have vehicles. Call Bob at 619-977-4472 or Lynnda at 858-232-9183. Please plan ahead to coordinate your schedules.

Compensation or donations to the driver may be arranged with the driver.

You also may volunteer. More drivers are needed. Call a KLCC officer listed on page 3.

MAKE EMERGENCY or
OTHER TRANSPORTATION REQUESTS
THROUGH PROPER PUBLIC CHANNELS.

WHAT'S HAPPENING in K. L.?

More news about Kearney Lodge is needed. Please tell us about important events like weddings, births, graduations, awards, someone coming home, and other noteworthy events that occur. For any of these or other important events, call a board member listed on page 3.

Please let us know if you or your family:

- needs transportation.
- Graduated, became engaged, has a wedding, has a new family member or lost a family member, has someone who returned from deployment or wins an award.
- want to borrow or donate medical equipment.
- are planning an event in K. L. Park that the public may attend.

QUOTE: It doesn't matter who my father was; it matters who I remember he was.

~ Anne Sexton

COMMONYM ANSWERS

- | | |
|---------------------------|-------------------------|
| 1. Poles | 2. Types of chops |
| 3. Maps | 4. Birds that don't fly |
| 5. They all get cancelled | |
| 6. Ways stamps are sold | |
| 7. Pickles | 8. Triangles |
| 9. Teeth | 10. Apples |

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Charlene Byrd - Realtor

CONSIDER VOLUNTEERING

- Newsletter Reporters – about important events or other special family occasions among the Park residents.
- **Social Coordinator.**
- Block Captains for emergencies; people with Smart-phones preferred.
- Drivers – for the Transportation Service
- PHOTOGRAPHER for the KLCC Photo Album and "The Connector".

DONATION BOX

There is a box in the Clubhouse for your donations for free give-away. If you have gently-used items or new things that you can't use, bring them here. You may also find something useful or fun in the box for yourself.

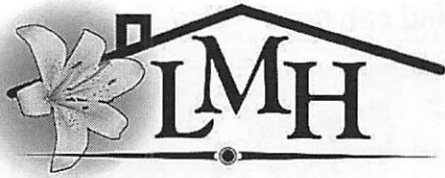
BINGO Play three cards for \$1.00 through seven and the progressive jackpot game is \$1.00 per card. Bring your own refreshments if you like. If you want to play and you need a ride, call 858-525-2282 before 6:30 pm on Fridays.



MEDICAL EQUIPMENT LENDING PROGRAM

The KLCC has a medical equipment lending program. Residents may borrow crutches, canes, walkers, bathroom aids and other medical equipment that may be available. Your donations are welcome, but please call Nadine at 858-277-8645.

QUOTE: I cannot think of any need in childhood as strong as the need for a father's protection.
~ Sigmund Freud



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It is very important to know who you are. To make decisions. To show who you are. ~ *Malala Yousafzai*



CHOOSING PRODUCE

The Environmental Working Group's Shopper's Guide to Pesticides in Produce™, updated annually since 2004, ranks pesticide contamination on 48 popular fruits and vegetables. The guide is based on results of more than 35,200 samples tested by the U.S. Department of Agriculture and the Food and Drug Administration.

DIRTY DOZEN

1. Strawberries
2. Apples
3. Nectarines
4. Peaches
5. Celery
6. Grapes
7. Cherries
8. Spinach
9. Tomatoes
10. Bell Peppers
11. Cherry Tomatoes
12. Cucumbers

CLEAN FIFTEEN

1. Avocados
2. Corn
3. Pineapples
4. Cabbage
5. Sweet Peas
6. Onions
7. Asparagus
8. Mangoes
9. Papayas
10. Kiwi
11. Eggplant
12. Honeydew
13. Grapefruit
14. Cantaloupe
15. Cauliflower



* A small amount of sweet corn, papaya and summer squash sold in the United States is produced from GMO seedstock. Buy organic varieties of these crops to avoid GMO produce.

Source: <https://www.ewg.org/foodnews/>

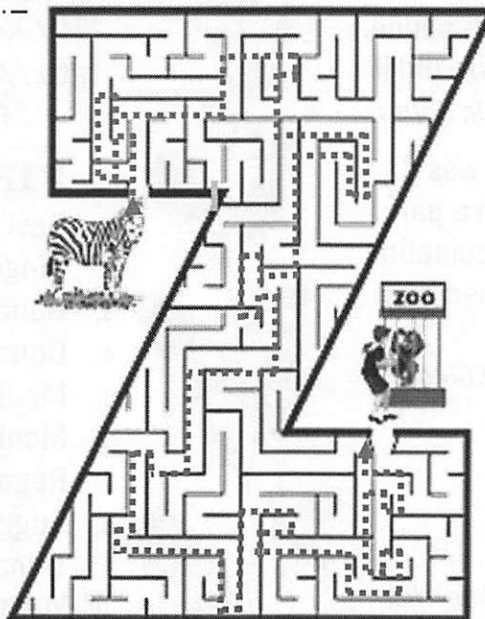
QUOTES

People don't notice whether it's winter or summer when they're happy.

~ *Anton Chekhov* ~

What is one to say about June, the time of perfect young summer, the fulfillment of the promise of the earlier months, and with as yet no sign to remind one that its fresh young beauty will ever fade.

~ *Gertrude Jekyll* ~



IN PRAISE OF SIMPLE THINGS

Some people wax nostalgic
Long to live the "good old days"
Sing of wells with oaken buckets
Or the wood stove loudly praise

Some even miss the little house
Just down the garden path
Or the big tub in the kitchen
Where they took their weekly bath

Some people take for granted
All the porcelain and chrome
And the too-familiar miracles
That grace the modern home

The luxury – or magic –
That kings in vain once sought
Are comfort and convenience
That merit little thought

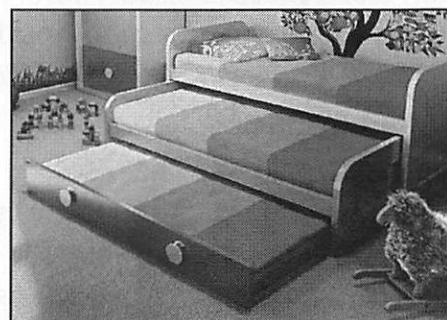
Click a switch for instant light
No need for match or candle
Want some water? Hot or cold?
Just push or twist a handle

Tub or shower? Take your pick
No muss, no fuss, no strain
You needn't haul the water out:
It gurgles down the drain

Oh, modern life is full of strife
It's tiring and it's numbing
But there's no "golden past" I'd take
In trade for modern plumbing

~ *Janice Lewis Clark November 2004*

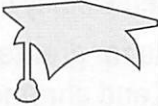
SPACE SAVER: Some of us have "Tiny Homes" without trying. Here's a bedroom space-saving idea.



JUNE 2016

It's not the winter
that bothers me -
it's the summers.
~ Walt Alston ~

Happy Birthday
JUNE Celebrants!

SUN	MON	TUES	WED	THURS	FRI	SAT
Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid. ~ Albert Einstein ~			1	2 9 am Quilters	3 7 pm Bingo 7 pm Bible Study	4
5 	6 6 pm Painters	7	8	9 9 am Quilters 7 pm KLCC Monthly Mtg	10 7 pm Bingo 7 pm Bible Study	11
12	13 6 pm Painters	14  FLAG DAY	15	16 9 am Quilters	17 7 pm Bingo 7 pm Bible Study	18
19 FATHER'S DAY 	20 First Day of SUMMER 6 pm Painters	21	22	23 9 am Quilters	24 7 pm Bingo 7 pm Bible Study	25
26	27 6 pm Painters	28	29	It is better to be a young June-bug than an old bird of paradise. ~ Mark Twain		

QUOTES

How did it get so late so soon? It's night before it's afternoon. December is here before it's June. My goodness how the time has flown. How did it get so late so soon?
~ Dr. Seuss

I'd love to know how Dad saw me when I was 6. I'd love to know a hundred things. When a parent dies, a filing cabinet full of all the fascinating stuff also ceases to exist. I never imagined how hungry I'd be one day to look inside it.
~ David Mitchell, "The Bone Clocks"

It is the month of June,
The month of leaves and roses,
When pleasant sights salute the eyes,
And pleasant scents the noses.

~ Nathaniel Parker Willis



CREATE YOUR MAZES

<http://weblog.jamisbuck.org/2010/12/20/theseus-1-0.html>

<http://www.astrolog.org/labyrnth/daedalus.htm>

FIND IT

1. Best Yard Award & Form: page 1.
2. Bingo: page 13.
3. Donate Yarn: page 7.
4. Donation Box: page 13.
5. Medical Equipment: page 13.
6. Monthly Meeting: Calendar.
7. Report K. L. Events: page 13.
8. Suggestions Form: page 7.
9. Transportation Service: page 13.
10. Volunteers: page 13.