

APRIL 3RD 11 AM -1 PM BRING BASKETS!

Set-up at 10 AM for parents who want to help.



Contact Mary Jo at 858-336-0512

EIGHT QUICK TIPS TO DE-STRESS

Samuel Johnson observed, "To live in perpetual want of little things is a state, not indeed of torture, but of constant vexation."

- 1. Keep some cash stashed in the apartment.
- 2. Never let the car's gas level fall into the empty zone.
- 3. Keep Advil (or whatever) and Band-Aids at hand at all times.
- Keep your keys in exactly the same place, all the time.
- At night, turn out the light as soon as you're sleepy. But before turning off the light...
- 6. Take ten minutes to tidy up your place.
- 7. If you have to have something special planned for the next day, get it ready the night before. And while you're doing that...
- Check to see if your phone needs charging.
 There's nothing worse than seeing the "low battery" sign as you're heading out the door.

.cemember the old saying, "A stitch in time, saves nine."

ALSO IN the PARK

IT'S NOT ABOUT NEIGHBORS GIVING MORE;

IT'S ABOUT MORE NEIGHBORS GIVING! Would you commit to giving \$1 to \$5 per month to help a Neighbor? This would be for the KLMHOA Food Program. Monies are getting scarce and we would like to continue help-ing neighbors. No funds will mean no help given – and very soon.

Remember to donate \$1 - \$5 to the KEARNEY LODGE FOOD PROGRAM.

THE LAST BREAKFAST

Everyone who came to February's Sweetheart Breakfast enjoyed a nice meal and visiting with neigh-bors. However, it must be noted that if we want future pancake breakfasts, there need to be more volunteers to help, because it is just too difficult with only three or four people. Please call 858-525-2282 anytime to volunteer. Without more volunteers, this indeed, could be the "Last Breakfast".

IN ADDITION

Volunteers are also needed for newsletter distribution. In the last two months, three people have needed to discontinue their assistance. Could you help?

The newsletter are distributed at the end of each month, and could be incorporated into your regular walk. Please call 858-279-6088.

Why Choose Us?

Action Air Conditioning & Heating



We've been servicing manufactured homes in your neighborhood since 1975.

35 Years of Experience

means we are your manufactured home experts!



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Remember to donate \$1 - \$5 to the KEARNEY LODGE FOOD PROGRAM.

http://www.flowercarpet.com

http://www.fruitsandberries.com

http://www.Mastergardening.com

http://www.mailordergardening.com

http://www.clothingswaps.com

http://www.raintreenursery.com

Kearney Lodge

Mobile Home Owners Association

President: Bob Gomperts 858-565-6460

Vice President: (Vacant)

Treasurer: Nadine Mein 858-277-8645 Secretary: Joleen J. Gonser 858-279-6088

858-279-6088

Editor: Joleen J. Gonser joleen.gonser@navy.mil

Food Program 858-569-1983

Medical Equipment Loans 858-277-8645
The KLMHOA is a private association dedi-

The KLMHOA is a private association dedicated to serving and improving the quality of life for the entire community with emphasis on safety, courtesy and neighborhood.

The Kearney Lodge Mobile Home Owners Association Newsletter reserves the right to use such discretion as it may consider appropriate in the printing of advertising material submitted for publication herein.

Submissions to this newsletter must be received no later than the 15th of each month.

Advertisements of products or services herein do not imply endorsement of any products or services.

The KLMHOA is NOT responsible

The KLMHOA is NOT responsible for your use or purchase of them.

PRICES FOR NEWSLETTER ADS

Business Card-size \$ 8.00
One-quarter Page \$12.00
One-half Page \$20.00
Whole Page \$35.00

Kearney Lodge Office 858-277-6060

FUN AND/OR USEFUL WEBSITES

Please be sure to verify the reliability of all sites.

An uplifting animal story:

http://www.snopes.com/photos/animals/jasmine.asp

http://sandiego.bbb.org/Find-Business-Reviews/

http://superbook.cbn.com/?intcmp=SB0 900001

http://www.wallbuilders.com/

http://gethuman.com/

http://print.coupons.com/couponweb/Of fers.aspx?pid=13306&zid=iq37&nid=10 &bid=alk031609032260c0089b37115

http://www1.yadvashem.org/exhibitions/album_Auschwitz/mutimedia/index.HTML

http://www.refundsweepers.com/

http://www.arcamax.com/

http://www.free-makeupsamples.com/beautyrecipes.html

http://www.dot.ca.gov/cgi-bin/roads.cgi

http://sandiego.bbb.org/

http://coupons.sandiegoreader.com/pub lishers/sdreader/

http://thinkorthwim.com/2007/08/19/ 1034/

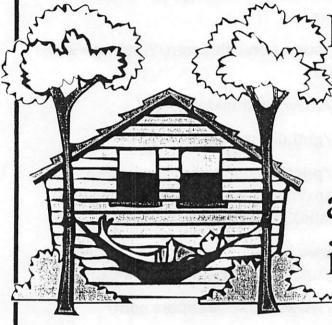
http://i.usatoday.net/tech/graphics/iss_timeline/flash.htm

http://www.aviastar.org/index2.html

http://www.onlineconversion.com/

http://www.sdcounty.ca.gov/me/press/press.html

I Want A Local Insurance Agent!



I do not want to call an 800 number, and I want a **Brand New Home** if mine is destroyed!

OK! We offer mobilehome & manufactured home insurance policies that will replace older homes with new homes! If your home is destroyed under a covered loss, you get a Brand New Home! And, I am a local agent that understands San Diego. You do not have to call an 800 number to get the best policy!

If you have questions about your coverage, or wish to upgrade your policy, please contact Steve Rolf, Monday-Friday, 9am-5pm.

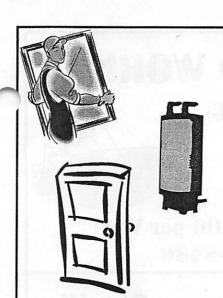
American Renaissance Insurance Services

Lic 0260864

4817 Palm Avenue **619-4**

619-463-2300

La Mesa 91941

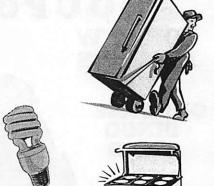


CUI

Campesinos Unidos, Inc



3959 Ruffin Road, Suite H. San Diego, CA 92123 csd.ca.gov





The U.S. Department of Energy Weatherization Assistance Program has long served as the core program for delivering energy conservation services to Californians. The Weatherization Program helps in reducing heating and cooling cost. This program focuses on assisting seniors, individuals with disabilities, and low-income families.

WE MAY BE ABLE TO:

Repair or replace windows that are cracked or broken Install low flow showerheads Replace inefficient refrigerators with energy-saving models Insulate your hot-water heater tank and pipes

Repair or replace doors that are damaged Install and/or add insulation Install Energy Efficient light bulbs Replace stoves that are hazardous Caulk and weather-strip doors and windows that leak air

FOR PROGRAM QUALIFICATIONS, CALL SAM CARDOSO at (619) 250-1045

CRYPTOGRAM

ABCDEFGHIJKLMNOPQRSTUVWXYZ 012345678901234567819202122232425

T V H V T L C U K L T R 19 21 7 21 19 11 2 20 10 11 19 17

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Answer on Page 7

USE BAKING SODA TO ENHANCE YOUR SHAMPOO

Remove product buildup from your hair by adding a pinch or two of baking soda to your shampoo once a week to get squeaky-clean strands.

Remember to donate \$1 - \$5 to the KEARNEY LODGE FOOD PROGRAM.

MICROWAVE BANANA MUFFINS

Ingredients

3/4 c. Bisquick 2 tbsp. sugar, 1 tbsp. Crisco oil 1 egg 1/2 c. mashed ripe bananas

Directions: Mix ingredients all together. Place two paper cup liners in micro-

wavable pan (for 6 muffins); divide mixture evenly into six cups. Microwave on high, turning ¼ turn every 30 seconds for 2-1/2 to 3 minutes. Sprinkle with cinnamon/sugar, if desired.

~ COUPON~

FOR NEW PLAYERS ONLY

ONE FREE BINGO CARD





Laugh often, long and loud. Laugh until you gasp for breath. And if you have a friend who makes you laugh, spend lots and lots of time with them. ~ Unknown

TOM DOLESKI, D.D.S.

Family Dentistry

858-279-0350 Hazard Village Center 9340C Clairemont Mesa Blvd. San Diego, CA 92123

10% Senior Discount

Remember to donate \$1 - \$5 to the KEARNEY LODGE FOOD PROGRAM.



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YARD WORK

Week-whacking, Lawn Mowing, Etc.



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- Vacation care
- Medication & Grooming
- Special rates for Kearney Lodge Residents
- * Special care for your special friends
- Call Michelle 858-243-3430

HANDYMAN +

Angel Perez 619-244-8168



Want a good deal?? PAY WITH CASH !!! No job too small.....

> Kearney Lodge Resident!

Plus

Builds / Repairs / Paints / Cleans
Decks – Steps (new rugs)
Ramps Skirting
Subflooring repair soft spots
Power Washing

Local (Park) References Available

TWELVE TIPS FOR SPENDING LESS

If you're trying to cut down on your spending, try following some of these strategies:

- **1. Pay cash.** Keep yourself in touch with cost, by using cold hard cash.
- 2. Focus on small items first. When you buy an expensive item, it's easy to toss in many smaller items too items that you might have otherwise have spent a lot of time considering, and which add up to a lot of \$\$\$. Buy the software, the mouse, the mouse pad, and other accessories, then choose the computer.
- 3. Don't buy too much at one time. If you're buying too many things, you stop paying attention to what you're getting.
- 4. Don't buy anything at a bargain store that you haven't bought before at full price.
- 5. Make a list and stick to it.
- **6.** Before paying, **review each of your purchases** with a skeptical eye. Don't buy anything you are not sure you want and can or will use; this is particularly important with clothes.
- 7. Don't tell yourself, "I can always return it"; remind yourself, "I can come back if I decide I need it."
 - d. Don't buy anything that needs to be a specific size unless you KNOW the measurements you need.
 - 9. Don't shop when you're hungry, even for non-food items.
 - 10. Don't shop as an activity with friends.
 - 11. Be very skeptical of anything that's on sale.
 - **12. Stay out of stores.** If you don't shop, you don't buy.

Remember to donate \$1 - \$5 to the KEARNEY LODGE FOOD PROGRAM.

CRYPTOGRAM

T A X A T I O N W I T H 19 21 7 21 19 11 2 20 10 11 19 17

REPRESENTATION AIN'T SO 26 18 15 26 18 4 18 20 19 21 19 11 2 20 21 11 20 19 4 2

HOT EITHER. ~GERALD BARZAN 17 2 19 18 11 19 17 18 26 9 18 26 21 24 12 14 21 26 1 21 20

TAXES

Unquestionably, there is progress. The average American now pays out twice as much in taxes as he formerly got in wages.

~ H.L. Mencken

If, from the more wretched parts of the old world, we look at those which are in an advanced stage of improvement, we still find the greedy hand of government thrusting it-self into every corner and crevice of industry, and grasping the spoil of the multitude. Invention is continually exercised, to furnish new pretenses for revenues and taxation. It watches prosperity as its prey and permits none to escape without tribute. ~Thomas Paine

To force a man to pay for the violation of his own liberty is indeed an addition of insult to injury. ~ Benjamin Tucker, *Instead of a Book*

Today, it takes more brains and effort to make out the income-tax form than it does to make the income. ~ Alfred E. Neuman

The point to remember is that what the government gives it must first take away.

~ John S. Coleman, address Detroit Chamber of Commerce, 1956

A fine is a tax for doing something wrong. A tax is a fine for doing something right.

~ Author Unknown

Taxes grow without rain. ~ Jewish Proverb

The best things in life are free, but sooner or later the government will find a way to tax them.

~ Author Unknown

If we don't do something to simplify the tax system, we're going to end up with a national police force of internal revenue agents.

~ Leon Panetta

QUOTES

We're fools whether we dance or not, so we might as well dance. ~ Japanese Proverb

You can fool all the people some of the time, and some of the people all the time, but you cannot fool all the people all the time.

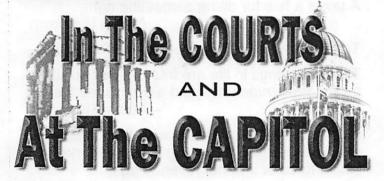
~ Abraham Lincoln

It is the ability to take a joke, not make one, that proves you have a sense of humor.

~ Max Eastman

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Remember to donate \$1 - \$5 to the KEARNEY LODGE FOOD PROGRAM.				1 April Fool's Day 9 am Quilters	2 7 pm Bingo	
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11	12	13	14	15 TAX DAY 9 am Quilters	16 7 pm Bingo	17
18	19	20	21	22 9 am Quilters	23 7 pm Bingo	24
25 🙀 🕓	26	27	28	29 9 am Quilters	30 7 pm Bingo	***

YOUR VOICE...



GSMOL MEMBERSHIP APPLICATION

NAME	SPOUSE
PARK NAME	SPACE #
ADDRESS	release or Hills leaf uso File olgose arikie sees
CITY, STATE	ZIP
PHONE #	F-MAII

GOLDEN STATE MANUFACTURED-HOME

OWNERS LEAGUE (GSMOL) continues to fight for homeowner rights in 2010. Since being formed in 1962, non-profit GSMOL has spent millions to create and defend laws that have helped protect ALL homeowners in CA manufactured home communities. Membership in GSMOL is "insurance" to help protect YOUR home value, YOUR rights and YOUR way of life.

Millionaire and Billionaire mobile and manufactured home park landowners are continuing their relentless assault against homeowner protections. In 2008, they spent over \$4,000,000 on Proposition 98, hoping to wipe-out rent control and zoning protections of manufactured home communities. In the Courts and at the Capitol, GSMOL is fighting back. In 2008 and again in 2009, GSMOL spent tens of thousands of dollars to fight for homeowner rights in the Courts and spends roughly \$100,000 each year to ward-off threats at the State Capitol. This money comes from contributions and membership dues. Call (800)

888-1727 or visit www.gsmol.org for info.

GSMOL WWW.GIMOLOGY 31(800) 888-1727

Membership dues \$25 per year · Mail to: GSMOL, P.O. Box 876, Garden Grove, CA 92842