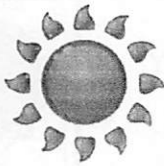


September 2011



Happily we bask in this warm
September sun,
Which illuminates all creatures...
— Henry David Thoreau —

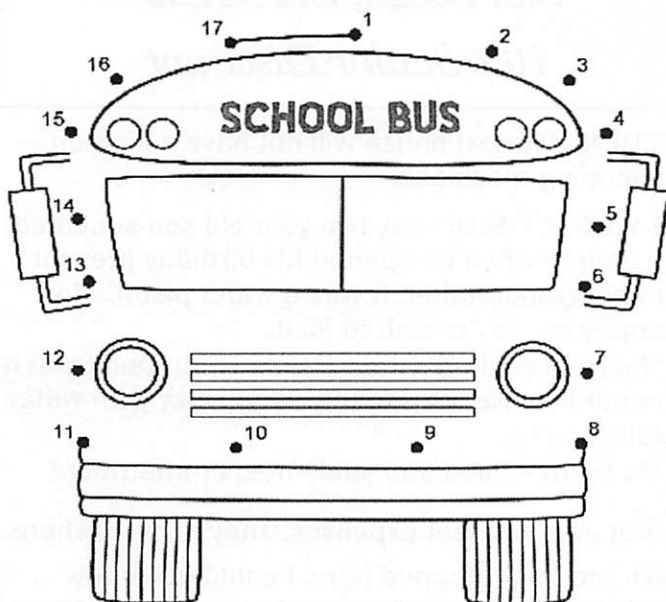


**A Business Meeting
of the Kearney Lodge
MobileHome Owners'
Association will be held on
Thursday, 8 September 2011
in the main recreation room.
A new slate of officers will be
nominated and voted upon.**

**All homeowners in Kearney
Lodge are invited to participate.**

*The Kearney Lodge Mobile
Home Owners' Association
strives to improve the quality
of life for the entire community
with emphasis on safety,
courtesy and neighborhood.*

**There will be refreshments after
the meeting adjourns.**



*Josie
Harper and
Steve McNew*



exchanged wedding vows
on July 9, 2011 in San Diego.
They honeymooned in the
Eastern High Sierras.

Yes, our Avon Lady, Josie, who has
been a resident in Kearney Lodge for
many years. Steve is a former
resident returned.

May your marriage be filled with all
the right ingredients: a heap of love,
a dash of humor, a touch of romance,
and a spoonful of understanding.

Through the storms of life,
may your love for one another be
steadfast and strong.

May you be abundantly blessed
as you build your new life together,
and may your joy last forever.

Congratulations to you both!

BACK-TO-SCHOOL SAFETY

Back-to-school time increases children's risk of
injury due to traffic, bicycles and school buses.

Take a moment to review ALL basic traffic safety
rules (just ignore eye-rolling) with your walkers, car
riders and bicycle riders to ensure safe to-and-from
school habits.

Bicycle riders should always wear a helmet (buy
a "cool" one if necessary –and be certain that bike
riders know and follow bicycle rules of the road.

Bus riders should arrive at the bus stop early,
know and follow the driver's safety rules, walk
several steps away from the bus upon exiting, and
wait for the bus to leave before crossing the street.

QUOTE



We can get fuel from fruit, from that shrub by the roadside, or from apples, weeds, sawdust — almost anything! There is fuel in every bit of vegetable matter that can be fermented.

There is enough alcohol in one year's yield of a hectare of potatoes to drive the machinery necessary to cultivate the field for a hundred years. And it remains for someone to find out how this fuel can be produced commercially — better fuel at a cheaper price than we know now.

— Henry Ford —

Kearney Lodge

Mobile Home Owners Association

President: Bob Gomperts 858-565-6460

Vice President:

Treasurer: Nadine Mein 858-277-8645

Secretary: Joleen J. Gonser 858-279-6088

Medical Equipment Loans 858-277-8645

Pancake Breakfast Organizers – **VACANT**

COULD YOU VOLUNTEER?

Editor: Joleen J. Gonser 858-279-6088
gonser.joleenJ@gmail.com

The KLMHOA is a private association dedicated to serving and improving the quality of life for the entire community with emphasis on safety, courtesy and neighborhood.

Opinions expressed in "Letters to the Editor" **do not necessarily represent** the views of the editorial staff, but are printed to encourage comments and discussion among resident homeowners."

The Kearney Lodge Mobile Home Owners Association Newsletter reserves the right to use such discretion as it may consider appropriate in the printing of advertising material submitted for publication herein.

Submissions to this newsletter must be received no later than the **15th** of each month.

Advertisements of products or services herein **do not imply endorsement** of any products or services.

*The KLMHOA is **NOT** responsible for your use or purchase of them.*

PRICES FOR NEWSLETTER ADS

Business Card-size = \$8....Quarter Page = \$12
One-half Page = \$20.....Full Page = \$35

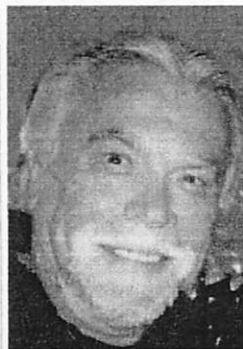
Kearney Lodge Office 858-277-6060



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Power Washing

Kearney Lodge Resident
(Park References Available)

TOM DOLESKI, D.D.S.

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San Diego, CA 92123

10% Senior Discount

KITCHEN: My next house will not have a kitchen — just vending machines.

THE WATER PISTOL: My five year old son squealed with delight when he opened his birthday present from his grandmother. It was a water pistol. He promptly ran to the sink to fill it.

"Mom," I said. "I'm surprised at you. Don't you remember how we used to drive you crazy with water pistols?"

My mom smiled and said, "Yes, I remember."

It's not hard to meet expenses. They're everywhere. I wish the buck stopped here. I could use a few ...

USEFUL AND/OR FUN WEBSITES

Please verify the reliability of all sites.

GROCERY SHOPPING

http://www.yelp.com/search?find_desc=cheap+grocery+store&find_loc=San+Diego%2C+CA#flt=grocery&l=p:CA:San_Diego::%5BClairemont,Kearny_Mesa%5D

VEHICLE FUEL

<http://www.sandiegogasprices.com/>

JOBS

<http://jobsearch.usajobs.gov/a9DON.aspx>

<http://sandiego.jobing.com/jobs>

<http://jobs.monster.com/l-san-diego,-ca.aspx>

<http://san.diego.jobs.topusajobs.com/>

OTHER

<http://wannasmile.com/>

<http://www.mailboxworks.com/residential-mailboxes/novelty.html>

<http://www.rd.com/slideshows/hidden-dangers-for-pets-at-home/?v=all>

<http://www.pcworld.com/printable/article/id,229361/printable.html>

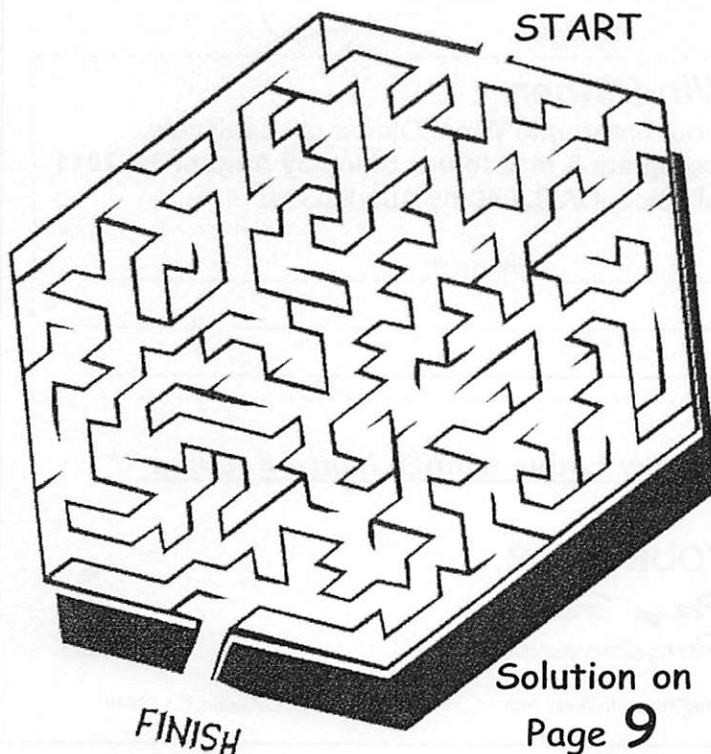
<http://www.aap.org/>

<http://www.aap.org/immunization/>

<http://www.395.com>

<http://www.climate-zone.com/>

<http://www.squidoo.com/apple-sayings>



5 PET ITEMS THAT WASTE MONEY

From readersdigest.com

LUXURY PET BED — Your pet deserves a soft, clean place to rest; but there is no need to spend a fortune on luxury bedding. A cozy, simple bed that you keep clean is just right.

CLOTHING — Animals really weren't meant to wear clothing. Save money and skip the clothes.

EXPENSIVE TREATS — Your vet will have the best advice for the appropriate treat for your animal. For dogs, a sturdy bone, and for cats, a delicious whole-some treat will do.



GROOMING — Make grooming your pet a daily routine and you will save loads of money on expensive grooming. Brush fur, and even brush their teeth, to keep them beautiful and healthy. Of course, some breeds do require extensive grooming, but shop around to find the best deal.

STROLLER — Unless your pet has a mobility issues, it is best to skip the stroller. Cats generally do not need a walk around the block, and dogs should get their exercise walk each day. See

<http://www.aspc.a.org> OR

<http://www.pets.wedmd.com>

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Drawing will be held September 1, 2011. Please complete & mail to our office by August 31, 2011
Mail to Fire & Ice PO Box 1460, Lakeside, CA 92040 by August 31st

Name: _____ Phone #: _____

Address: _____

Email: _____

***** Congratulations to last month's Kearney Lodge winner Lance Kodama *****

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Are You Guaranteed A New 2011 Mobilehome If Your Home Is Destroyed?



MOST companies still offer policies that replace your older home with another **OLDER HOME** if yours is destroyed. The problem with this is, **MOST PARKS** require you to bring a new home back into the park under these circumstances.

YES! We offer insurance policies that will replace older homes with new homes! If your home is destroyed under a covered loss, you get a BRAND NEW HOME!

If you have questions about your coverage, or wish to upgrade your policy, please contact **Steve Rolf**, Monday-Friday, 9am-5pm.

American Renaissance Insurance Services

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Presents PROPERTY Insurance for:

Kearney Lodge Mobile Home Park

With dependable service you can rest easy knowing that your belongings are protected from a wide range of damages. Our platinum insurance package covers replacement cost for any covered loss, including fire. This ensures you receive a new mobile home if yours is destroyed. Theft and vandalism are also included in your coverage. The liability portion of your property policy covers you for instances in which you are legally obligated to pay for physical injuries to others, along with damages to their property, as well as certain types of non-physical injuries.

Here are some examples of how little it can cost to protect your property and personal possessions!!!

\$80,000 in coverage is only \$25 a mo.	\$100,000 in coverage is only \$32 a mo.
\$90,000 in coverage is only \$29 a mo.	\$110,000 in coverage is only \$35 a mo.

Contact me for a personalized quote!

Jon Meier 858-342-1252 or jmeier@farmersagent.com (license #0H23616)

Farmers Insurance Group

****Rates based on personal needs. Rates based on: 24feet by 44feet, \$100,000 in personal liability, and \$500 deductible. To receive additional savings we offer multi-policy discounts to those who insure their home with auto and/or life insurance with Farmers/Foremost.**

A LETTER TO MY NEIGHBORS

I'm always amazed at how meek and compliant people become when they are confronted by medical personnel who are going to perform a medical procedure ordered by their physician. Especially when they are older. They endure incompetence and shoddy medical practices without complaint, as if they deserve to be treated that way.

As a nurse of over 46 years, I hear these stories almost every day in my practice, when lab technicians who "stuck" them 4/5 times, it hurt, or how big the bruise/hematoma was on the arm/hand when they were finished.

When asked if they complained to their supervisors, unfortunately the answer is always "No." They didn't even know they could complain.

Well, allow me to enlighten you. Those people are practicing on you, and they will continue to practice until they 'learn' their profession. Nurses and technicians do not get enough actual practical experience when they are in school/training to really become proficient at entering the vein the 1st time without going through. That requires practice. And, they will practice on whomever they can.

This does not need to happen to you.

You have every right to demand to have an experienced nurse/technician perform the ordered procedure. If someone sticks a needle in you and starts moving it around, they usually use the excuse "Your veins are rolling." Not true. Tell them to take it out and find a more experienced person to complete the procedure. Don't take no for an answer. It's your right! It's unlawful for anyone to hurt you, once you tell them to stop. (Battery). You can sue them in court.

Also, (very important) apply pressure as soon as the needle is removed and not for just 1-2 minutes, the way they tell you. It takes a full 6-10 minutes of pressure to prevent a bruise/hematoma. Especially if you're taking aspirin or any anti-coagulant medication. If they have gone through the vein, the bruising will be minimized.

Make sure every procedure is fully explained before anyone starts:

1. Why is it being done?
2. How is it going to be performed?
3. What are the qualifications of the person performing the procedures?

If the person doesn't sound confident or sound like they know what they're doing, ask for someone else. If no one else is available, make arrangements to come back when they are available.

Remember, this is your life and your body. You do not have to submit to anyone that does not live up to good medical practices. Use your good sense and trust your instincts.

A good nurse will always step aside if the patient has lost confidence in them. If they complain, then you wouldn't want them anyway.

We all deserve the best medical care available!!

A fellow Kearney Lodge Homeowner



WATCH OUT FOR FALSE PROMISES FROM *OnlineBusinessScams.com*

OnlineBusinessScams.com is contacting consumers who were victims of work-at-home or business opportunity offers. The company claims they can help the consumer recover the money they lost. Consumers from at least 20 states have reported to the Better Business Bureau (BBB) that they were charged an upfront fee ranging from \$1,500 to \$18,000 — usually a percentage of the lost funds — for assistance.

Consumers have informed BBB that, after paying the fee, they are instructed to send OnlineBusinessScams.com a letter of complaint about the work-at-home or business opportunity that victimized them. OnlineBusinessScams.com then



returns the complaint back to the consumer with an envelope addressed to the BBB which *they* (the consumer) are to mail.

BBB has no information that this company has assisted consumers in recovering lost funds other than providing them with an envelope addressed to the BBB.

The OnlineBusinessScams.com website was created in January, 2011.

BBB wishes to remind all consumers that our services are free. Consumers never have to pay a third party in order to receive help from BBB.

Complaints can be filed online at <http://www.bbb.org> or by phone at 858-496-2131.

WE WERE WRONG! WAY WRONG!



If you remember, it never really got that hot this summer. Because of that, our manufacturers guessed how many heating and air conditioning systems to build long before they were needed.

And this year, they guessed wrong! So what does that mean for you?

*Our manufacturers have an **OVERSTOCK** of air conditioning and heating equipment. Simply put...the **OVERSTOCK** means reduced prices!*

Since we are playing catch up from the mild summer, this creates a super opportunity for you! You can take advantage of it by calling us for huge savings on a comfortable and quiet brand new system that's guaranteed to save you money!

To take advantage of these incredible savings call us for a free, no obligation inspection of your old system. We'll give you a quote on a brand new system at a discounted price! The call is free, the inspection is free and the quote is free...but the savings will be yours to keep!

Remember!!

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Back to School Tips



BULLYING—Bullying is when one child picks on another child repeatedly. Bullying can be physical, verbal, or social. It can be at school, on the play-ground or school bus, in the neighborhood, or over the Internet.

WHEN YOUR CHILD IS BULLIED

Help your child learn how to respond by teaching him or her how to:

1. Look the bully in the eye
2. Stand tall and stay calm in a difficult situation.
3. Walk away.



Teach your child how to say in a firm voice:

1. "I don't like what you are doing."
2. "Please do NOT talk to me like that."
3. "Why would you say that?"

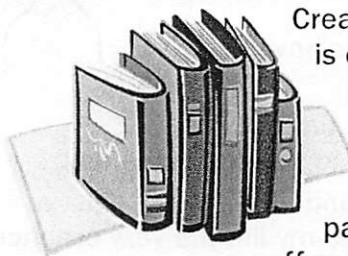
Teach your child when and how to ask for help. Encourage your child to make friends with other children. Support activities that interest your child. Alert school officials to the problems and work with them on solutions. Be sure an adult who knows about the bullying can watch out for your child's safety and well-being when you're away.

WHEN YOUR CHILD IS THE BULLY—Be sure your child knows that bullying is never OK. Set firm and consistent limits on your child's aggressive behavior. Be a positive role model. Show children that they can get what they want without teasing, threatening or hurting someone.

Use effective, non-physical discipline, such as loss of privileges. Develop practical solutions with the school principal, teachers, counselors, and parents of the children your child has bullied.

WHEN YOUR CHILD IS A BYSTANDER—Tell your child not to cheer on or even quietly watch bullying. Encourage your child to tell a trusted adult about the bullying. Help your child support other children who may be bullied. Encourage your child to include these children in activities. Also encourage your child to join with others in telling the bullies to stop.

GOOD HOMEWORK AND STUDY HABITS



Create an environment that is conducive to doing homework. Youngsters need a permanent work space in their bedroom or another part of the home that offers privacy.

Schedule ample time for homework. Establish a household rule that the TV set stays off during homework time.

Supervise computer and internet use. Be available to answer questions and offer assistance, but never do a child's homework for him or her.

Take steps to help alleviate eye fatigue, neck fatigue and brain fatigue while studying. It may be helpful to close the books for a few minutes, stretch, and take a break periodically when it will not be too disruptive.

If your child is struggling with a particular subject, and you aren't able to help him or her yourself, a tutor can be a good solution. Talk it over with your child's teacher first.

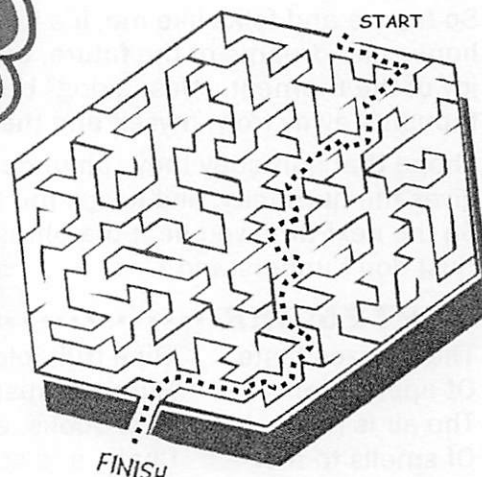
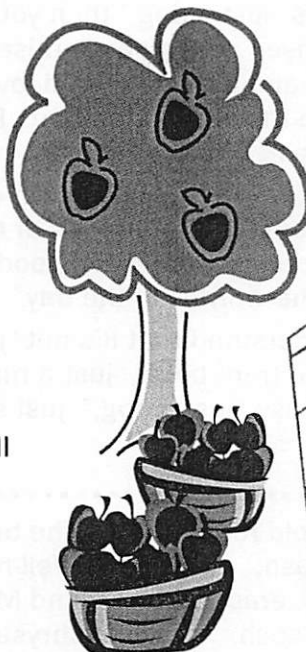
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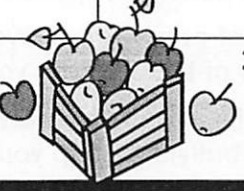
Half of my heart is deployed. — Author Unknown

If you don't like how things are, change it!
You're not a tree. — Jim Rohn

For man, autumn is a time of harvest, of gathering together.
For nature, it is a time of sowing, of scattering abroad.

— Edwin Way Teal



   September 2011   						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
As the apple is not the cause of the apple tree, but a fruit of it: even so good works are not the cause of our salvation, but a sign and fruit of the same. — Daniel Cawdray				1 9 am Quilters	2 7 pm Bingo	3
4	5  LABOR DAY	6	7	8 9 am Quilters	9 7 pm Bingo	10
9-11	12	13	14	15 9 am Quilters	16 7 pm Bingo	17
18	19	20	21	22 9 am Quilters	23 FALL BEGINS 7 pm Bingo	24 
25	26	27 	28	29 9 am Quilters ROSH HASHANAH	30 7 pm Bingo	

JUST A DOG

From time to time, people tell me, "lighten up, it's just a dog," or, "that's a lot of money for just a dog." They don't understand the distance traveled, the time spent, or the costs involved for "just a dog."

Some of my proudest moments have come about with "just a dog." Many hours have passed and my only company was "just a dog," but I did not once feel slighted.

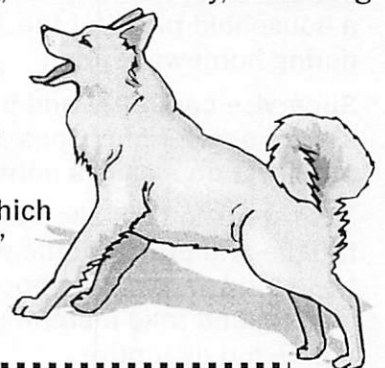
Some of my saddest moments have been brought about by "just a dog," and in those days of darkness, the gentle touch of "just a dog" gave me comfort and reason to overcome the day.



If you, too, think it's "just a dog," then you will probably understand phrases like "just a friend," "just a sunrise," or "just a promise." "Just a dog" brings into my life the very essence of friendship, trust, and pure unbridled joy. "Just a dog" brings out the compassion and patience that make me a better person. Because of "just a dog," I will rise early, take long walks and look longingly to the future.

So for me and folks like me, it's not "just a dog" but an embodiment of all the hopes and dreams of the future, the fond memories of the past, and the pure joy of the moment. "Just a dog" brings out what's good in me and diverts my thoughts away from myself and the worries of the day.

I hope that someday they can understand that it's not "just a dog," but that which gives me humanity, and keeps me from being "just a man" or "just a woman." So the next time you hear the phrase "just a dog," just smile — because they "just don't understand."



SEPTEMBER.....

The breezes taste
Of apple peel.
The air is full
Of smells to feel —

Ripe fruit, old footballs,
Burning brush,
New books, erasers,
Chalk, and such.

The bee, his hive,
Well-honeyed hum,
And Mother cuts
Chrysanthemums.

Like plates washed clean
With suds, the days
Are polished with
A morning haze. — John Updike