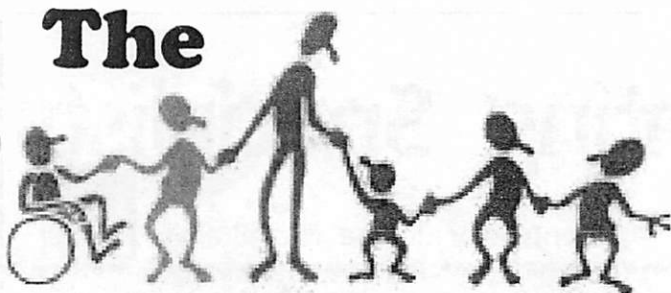


# The

# JUNE 2014

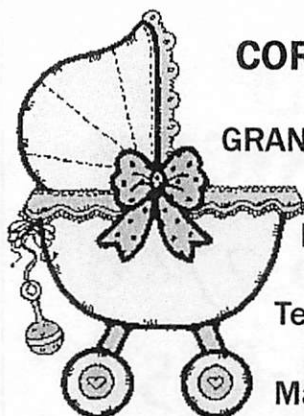


## CONNECTOR



15<sup>th</sup>  
happy  
Father's day

21<sup>st</sup>  
First Day  
of Summer



**CORRECTION!**  
It's a  
**GRAND-DAUGHTER**

for  
Dara and Jim  
Dobbins.  
Tessa Joann was  
born on  
March 18, 2014.

**CONTRATULATIONS!**

(My sincere apologies for the  
incorrect information published  
in the May issue. — Editor.)



**FATHER'S DAY** was born of Mother's  
Day and first celebrated 104 years ago.

After hearing a Mother's Day sermon

in 1909,  
Spokane, WA  
resident Sonora  
Smart-Dodd,  
one of six children  
being raised by a  
single dad, wanted to honor her father, too.

Smart-Dodd encouraged local churches to institute the first  
Father's Day observance the following year.  
Father's Day wasn't officially made a U.S.  
holiday until 1972, when President  
Richard Nixon helped set aside the  
third Sunday in June for dads.

Some  
**SUPER**  
Heroes  
don't have  
capas...  
they are  
called **DAD.**

### IN MEMORY OF Louise Anna Seda

March 26, 1930 - April 1, 2014

Louise, of Mansfield, Missouri,  
was a long-time resident of  
Kearney Lodge before moving to  
Mansfield, MO, with her husband,  
Fred, to be near their daughter. Fred  
predeceased Louise in March 2011.

Louise is survived by her daughter,  
Marian Byrne, of Mansfield, MO  
and three sons; Gregory,  
Frederick, and Richard Seda,  
all of New York state.

Louise was a kind and gentle woman,  
well-known for creating beautiful  
jewelry. Fred contributed  
gemstones and other polished stones  
which Louise incorporated into her  
beaded pieces to gift and sell.

We extend our sincere  
sympathy to the family  
and friends of  
Louise Seda.



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\* We will beat any written estimate from licensed & insured contractor

\*\* If a consumer hires an unlicensed contractor for a job over \$500 they have no recourse if the contractor does not perform satisfactorily.

\*\*\* If the contractor does not have workers compensation insurance, you could be liable for his medical bills and loss of salary up to \$100,000 if he is injured while on the job. If you hire an uninsured painter and he damages your property or your neighbors' property you could be held liable with no \$ amount limit.

Visit us at: [www.mobilehomepainting.com](http://www.mobilehomepainting.com)

Email: [GO.MPS.4U@gmail.com](mailto:GO.MPS.4U@gmail.com)

**Kearney Lodge  
Community Connection**

**meets SECOND Thursday each month.**

President: Joe Beatty 619-212-6495  
Vice President: Dara Dobbins 858-292-6935  
Treasurer: Nadine Mein 858-277-8645  
Secretary: Benjamin Brown 858-514-1336  
**Medical Equipment Loans** 858-277-8645  
Editor: Joleen J. Gonser 858-279-6088  
Joleen.Gonser@gmail.com

The KLCC is a private association dedicated to serving and improving the quality of life for the entire community with emphasis on safety, courtesy and neighborhood.

Opinions expressed in "Letters to the Editor" do not necessarily represent the views of the editorial staff, but are printed to encourage comments and discussion among resident homeowners.

The Connector reserves the right to use such discretion as it may consider appropriate in the printing of advertising or other material submitted for publication herein.

Submissions to *The Connector* must be received no later than the 15<sup>th</sup> of the month.

You are encouraged to check the products and/or services advertised herein; however, the KLCC is **NOT** responsible for your use or purchase of them.

**PRICES FOR NEWSLETTER ADS**

Business Card-size = \$8.....1/4 Page = \$12  
One-half Page = \$20.....Full Page = \$35

**DRIVE**

**5**

Kearney Lodge Office - 858-277-6060  
Hours: M-W-F 9 am-4 pm & TU-TH 9 am-1 pm.  
Voicemails may be left with the answering service after office hours.  
<http://www.kearneylodge.net/index.htm>

**LOST & FOUND "CLOSET" AT PARK OFFICE**  
Take to- or look for- Lost or Found items at the Park Office during regular hours.

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## KEARNEY LODGE COMMUNITY CONNECTION MEETING of MAY 8, 2014

Joe Beatty called the meeting to order at 7:01 P.M. The pledge of allegiance was recited.

1. Treasurer's report (NADINE)
2. Balance ending March: \$813.88
3. Newsletter Ads + 209.00
4. Donations + \$15.00
5. Refreshments - \$10.00
6. Newsletter copying - \$209.84
- New Balance = \$818.04

**Pledge to Drive 5 mph.  
Pick up your  
Buttons and Stickers  
at the next KLCC Meeting.**

1. The minutes of the April Meeting were approved.
2. Transportation service is going well.
3. Dancercise Classes are still on hold awaiting input from participants.
4. The Park will keep an eye on The Dog Walk/mud/gravel issue.
5. Shuffleboard schedule is still on hold. However, it was noted that the game is available for parties and events at the clubhouse. Arrange with the Park Office.
6. Dumpster day was a success. Thanks to the Park for this service.
7. A KL Garden Club was discussed; one suggestion was to have garden club members meet at a different garden each week. Ideas and input may be left in the suggestion box near the clubhouse, or email Ben Brown at [bhb92122@yahoo.com](mailto:bhb92122@yahoo.com).
8. Rodent control was discussed. The following website is helpful:  
[http://www.ehow.com/info\\_12209250\\_five-basic-methods-control-rodents-insects.html](http://www.ehow.com/info_12209250_five-basic-methods-control-rodents-insects.html)
9. A community party was discussed. Organizers and ideas are welcome.
10. In order to facilitate sanitation and respect for others, Dog poop bags will be provided near

### KEARNEY LODGE COMMUNITY CONNECTION MEETING AGENDA for JUNE 12, 2014

Call to Order: 7:00 P.M.

Pledge of Allegiance

Treasurer's Report \_\_ Nadine ✓

Housekeeping Concerns ✓

1. Rules of Order \_\_ Joe ✓

2. Voluntary dues reminder (\$1.00) \_\_ Joe ✓

3. Raffle Reminders \_\_ Joe ✓

4. Minutes Approval \_\_ Joe ✓

Committee Reports ✓

Old Business:

1. Newsletter Ads update \_ Joe or Joleen

2. Transportation for residents \_\_ Ellen

3. Update in Dancercise ✓

4. Update on Shuffleboard ✓

5. Update on Garden Club ✓

6. Update on Community Party ✓

7. Update on Dog bags ✓

New Business:

1. Suggestion Box Items

2. Suggestions from members present

3. Raffle Drawing

Adjournment



the back gate to the dog run and near the picnic table in the entrance walk. Please clean up after your dog.

The raffle drawing yielded \$10. The winner's name not published.

Meeting adjourned at 7:35.

Respectfully submitted by KLCC Secretary

**Benjamin Brown**

#### ARE YOU THE ONE?

My name is Dixie.

I am a terrier-mix dog about 7 years old. I am mostly a rusty-tan color. I have all my shots.

I am very loving and cute!

I am being house-trained.

Please help me find a home.

Call 858-278-0542 soon!





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for your home.**

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You will receive weekly updates on the sale of your home.**

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us secure the highest possible offer for your home.**

**We are available 7 days a week!**

# **619.401.4084**



## SOME RESIDENTS ARE BLATANTLY IGNORING THESE PARK RULES AND REGULATIONS

### 10. DAMAGE TO INDIVIDUAL SPACES, COMMON AREAS:

**E. RIDING:** All bicycles, skates, skateboards, rollerblades, scooters, etc., must be used in a safe and careful manner in accordance with traffic laws, and any other applicable laws or statutes. Such activities are undertaken at Homeowner's own risk, and Homeowner agrees to hold the Community harmless and indemnify the Community for any and all damages, including any damages to Community property, which might be caused as a result of Homeowner's participation in such activities. No bicycles, skates, skateboards, roller blades, scooters, etc., are permitted in the recreation hall, pool area, laundry area, tennis or shuffleboard courts or other common areas of the Community. Bicycles, skates, skateboards, roller blades, scooters, etc., are permitted on the streets and established trails; however, they are not permitted on ramps or sidewalks to avoid injury to Community property.

### 11. VEHICLES:

**A. ALLOWABLE VEHICLES:** Only two (2) passenger vehicles, pickup trucks or vans used for passenger purposes are allowed for each homesite unless expressly permitted by Community in writing. No more than three (3) vehicles will be permitted only if the driveway of the homesite will accommodate three vehicles without any vehicle extending into the street. Homeowner's vehicles must be operable and have a current license. Homeowner may not park their vehicles in any other Homeowner's driveways or in guest parking. Any other vehicles owned by Homeowner must be parked out of Community. Guests must park their vehicles in Guest Parking area.

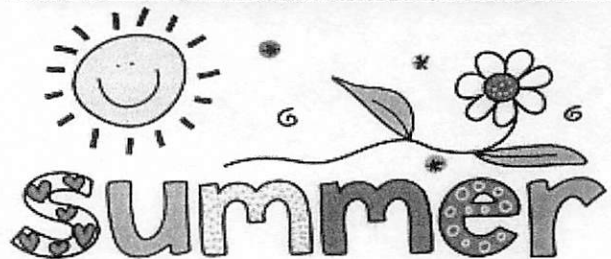
**13. PETS:** House pets should be taken off the premises when exercising. All droppings must be picked up, put in a closed plastic bag, and placed in the trash immediately. Guests are not permitted to leave visiting house pets in their car. Guests are to make certain that they adhere to the Community's pet rules.

Residents, please inform your guests of Park (that's in the Park Rules, too) and teach your children to follow them.

## FLAG DAY CELEBRATED

On June 14, 1777, John Adams spoke about the flag at a meeting of the Continental Congress in Philadelphia. He said, "Resolved, that the flag of the thirteen United States shall be thirteen stripes, alternate red and white; that the Union be thirteen stars, white on a blue field, representing a new constellation."

There have been twenty-seven official versions of the flag so far; stars have been added to it as states have entered the Union. The current version of the U. S flag dates to July 4, 1960, when Hawaii became the 50th state.



WHAT NEW ACTIVITIES AND EVENTS  
WOULD YOU LIKE IN OR NEAR THE PARK?  
Please deposit the form in the Suggestion  
Box or bring it in person to a meeting.

Your Name and best method of contact:

**KEARNEY LODGE  
COMMUNITY CONNECTION  
MONTHLY MEETING  
at 7:00 pm THURSDAY, JUNE 12, 2014  
IN THE CLUBHOUSE**

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## WEBSITES TO INVESTIGATE

Please verify the reliability and security of all sites.

<http://dabblesandbabbles.com/mandala-coloring-pages/>

<http://seniorlaw-sd.org/contact-us/>

[http://www.calown.com/nativegarden\\_plants.html#Top](http://www.calown.com/nativegarden_plants.html#Top)

[http://www.aarp.org/health/conditions-treatments/info-03-2011/8-germiest-places.html?cmp=BAC-OUTBRAIN-HEALTH\\_10851972\\_Dont-Touch-That-8-Ways-to-Protect-Yourself](http://www.aarp.org/health/conditions-treatments/info-03-2011/8-germiest-places.html?cmp=BAC-OUTBRAIN-HEALTH_10851972_Dont-Touch-That-8-Ways-to-Protect-Yourself)

<http://www.merriam-webster.com/>

<http://www.bettycrocker.com/recipes/preparation/slow-cooker-recipes/slow-cooker-budget-dinner-recipes>

[http://www.californiagardens.com/Lists/Drought\\_Tolerant\\_List.htm](http://www.californiagardens.com/Lists/Drought_Tolerant_List.htm)  
[http://www.colorwithleo.com/art\\_colorwheel.php](http://www.colorwithleo.com/art_colorwheel.php)  
<http://www.readysandiego.org/alertsandiego/#register>

<http://www.tammileetips.com/2013/03/crock-pot-monkey-bread/>

<http://www.thisoldhouse.com/toh/photos/0,,20161202,00.html>

<http://www.utsandiego.com/news/2013/Jun/28/lavender-plants-recipes/4/?#article-copy>

[http://www.womenshealthmag.com/fitness/abs-exercises?utm\\_source=zeronet.com&utm\\_medium=referral&utm\\_campaign=zergnet\\_117846&utm\\_mmc=zergnet\\_-WomensHealth\\_-trafficpartner\\_-AbsExercises](http://www.womenshealthmag.com/fitness/abs-exercises?utm_source=zeronet.com&utm_medium=referral&utm_campaign=zergnet_117846&utm_mmc=zergnet_-WomensHealth_-trafficpartner_-AbsExercises)

<https://www.google.com/search?q=not+garden&rls=com.microsoft:en-us:IE-SearchBox&ie=UTF-8&oe=UTF-8&sourceid=le7&rlz=117SUNA&um=1&tbm=isch>



EVER WONDER ABOUT THE

## BIBLE ?

**CAN YOU BELIEVE WHAT IT SAYS?**

IS IT STILL RELEVANT IN TODAY'S BUSY  
& COMPLICATED WORLD?

**\*\*\* COME AND LEARN FOR YOURSELF \*\*\***

**NON DENOMINATIONAL BIBLE STUDY**

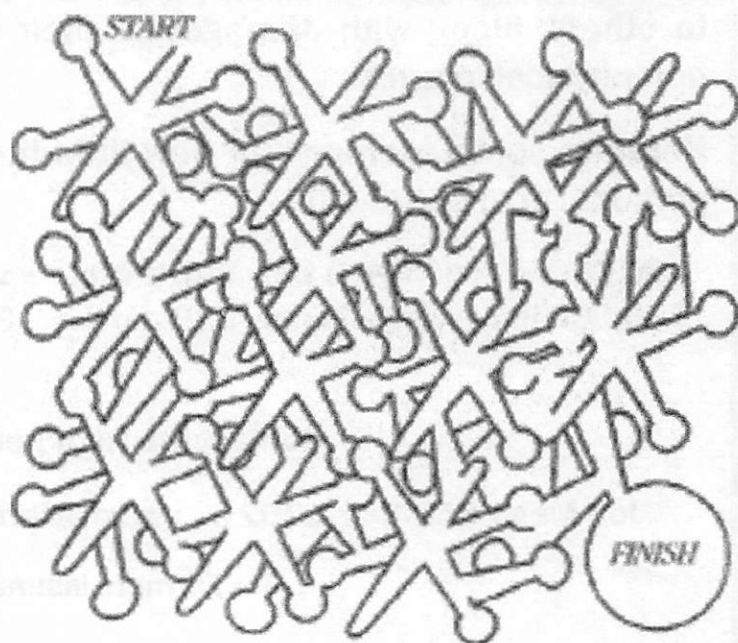
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**JUMBLED JACKS MAZE for JUNE**



**KEARNEY LODGE  
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MONTHLY MEETING  
at 7:00 pm THURSDAY, JUNE 12, 2014  
IN THE CLUBHOUSE**



**Presents PROPERTY Insurance for:**

**Kearney Lodge Mobile Home Park**

With dependable service you can rest easy knowing that your belongings are protected from a wide range of damages. Our platinum insurance package covers replacement cost for any covered loss, including fire. This ensures you receive a new mobile home if yours is destroyed. Theft and vandalism are also included in your coverage. The liability portion of your property policy covers you for instances in which you are legally obligated to pay for physical injuries to others, along with damages to their property, as well as certain types of non-physical injuries.

Here are some examples of how little it can cost to protect your property and personal possessions!!!

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## TRANSPORTATION VOLUNTEERS

Ellen and Lynnda coordinate the transportation needs of residents with the schedules of drivers. To provide or request transportation, call Ellen at 858-525-2282 or Lynnda at 619-977-4472. Plan ahead to make arrangements.

## MAKE EMERGENCY or OTHER TRANSPORTATION REQUESTS THROUGH THE PROPER PUBLIC CHANNELS.

## YOU CAN BE A REPORTER

We'd really like to include more news about Kearney Lodge residents. Please tell us about your events — like marriages, births, graduations, awards, someone coming home — and any other events that occur.

Call one of the people listed on Page 3 or one of the volunteer newsletter distributors.

## ENCOURAGE OUR ADVERTISERS

to continue advertising in this newsletter, *The Connector*, by doing business with our advertisers. Of course, be sure to check each business against your specific needs.

## TIPS FOR HANDLING TELEMARKETERS

### Three Little Words That Work!!

The three little words are: "Hold On, Please..." Saying this, while putting down your phone and walking off (instead of hanging-up immediately) would make each telemarketing call so much more time-consuming that boiler room sales would grind to a halt.

Then when you eventually hear the phone company's 'beep-beep-beep' tone, you know it's time to go back and hang up your handset, which has efficiently completed its task.

These three little words will help eliminate telephone soliciting.

## DID YOU KNOW THAT . . .

Email petitions are NOT acceptable to Congress or any other organization — i.e. Social security, etc. To be acceptable, petitions must have an actual "signed signature" and the full US Postal address of the person signing the petition, so it's a waste of your time and your email petition just amounts to spam.

PLEDGE  
TO  
DRIVE  
FIVE



## DANCERCISE

The current Dancercise attendees are considering changes to the day and time of meetings that may make it more convenient for them and others who may be interested. Please attend the next KLCC meeting to discuss your ideas.

There are **NO** Dancercise meetings scheduled in May 2014.

**SHUFFLEBOARD** may resume, dependent upon volunteers to co-ordinate, set up, and clean up.

Come to the next meeting on Thursday, June 12<sup>th</sup> at 7:00 pm in the Clubhouse.



## MEDICAL DEVICE LENDING PROGRAM

The KLCC has a lending program available to residents who need to borrow medical equipment such as canes, crutches, walkers, and bathroom aids. Other items may also be on available.



Call Nadine at 858-277-8645 to inquire. Please also call to donate medical items.

## PLEASE LET US KNOW IF .....

- you got engaged or married.....
- there is a new family member.....
- you lost a family member .....
- you are planning an event in K.L. Park that the public may attend.....
- you need to borrow medical equipment.....
- you want to donate medical equipment.....
- you need transportation.
- For any of these, please call someone from the list on page 3.

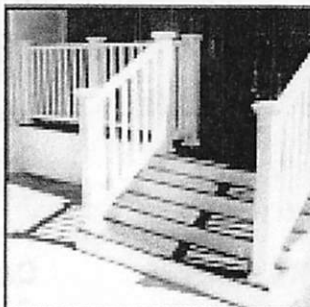
## KEARNEY LODGE COMMUNITY CONNECTION MONTHLY MEETING

at 7:00 pm THURSDAY, JUNE 12, 2014  
IN THE CLUBHOUSE



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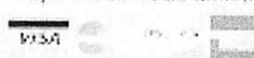
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- Bally Total Fitness . \$100 off memberships (62+)
- Busch Gardens Tampa, FL . \$13 off one-day tickets (50 +)
- Carmike Cinemas . 35% off (65+)
- Cinemark/Century Theaters . Up to 35% off
- Massage Envy – NYC . 20% off all "Happy Endings" (62 +)
- US National Parks . \$10 lifetime pass
- 50% off additional services including camping (62+)
- Regal Cinemas . 50% off
- Ripley's Believe it or Not . one-day ticket discount (55 +)
- SeaWorld, Orlando , FL . \$3 off one-day tickets (50 +)

## TIPS to HELP YOU be MORE ENVIRONMENTALLY FRIENDLY

1. **A no-brainer:** Simply shut off all the lights before you leave in the morning, and unplug electrical equipment that you aren't using during the day and while you sleep—especially your work and home computers.
2. **Ditch the coffee stirrer.** According to *50 Ways to Help*, Americans toss 138 billion straws and stirrers yearly. A clever alternative: put your sugar and milk in first, and then pour in the coffee, and it should be well mixed. To stir your brewed-at-home coffee, break off a piece of pasta from the cup-board, then dissolve it in water, or throw it away with less guilt.
3. **Look into the Slow Fashion movement.** This was originally intended to reject *all* mass-produced fashion, but can now be practiced by buying trend-free quality garments that will last longer and are repairable. Of course, you can practice the movement's biggest precept: buy fewer clothes, and less often.
4. **Need to give a gift?** Create unique wrapping paper by using glossy magazines you already have, newspaper, or brown paper grocery bags, instead of store-bought gift wrapping paper.
5. **Invest in a reusable cup** for your morning coffee, and one for the water you sip throughout the day. Same goes for bringing reusable grocery bags or totes for your shopping.

Resource: <http://www.50waystohelp.com/>

## DIY PLANT TIE

Don't let plants splay open or fall over. Keep tall stems from flopping, bending or breaking without help from twine. Cut a string of beaded costume jewelry to wrap snugly above the crown of your plant. Then just hot glue the ends together for a decorative and sturdy binding, like the one around this bay laurel (*Laurus nobilis*).

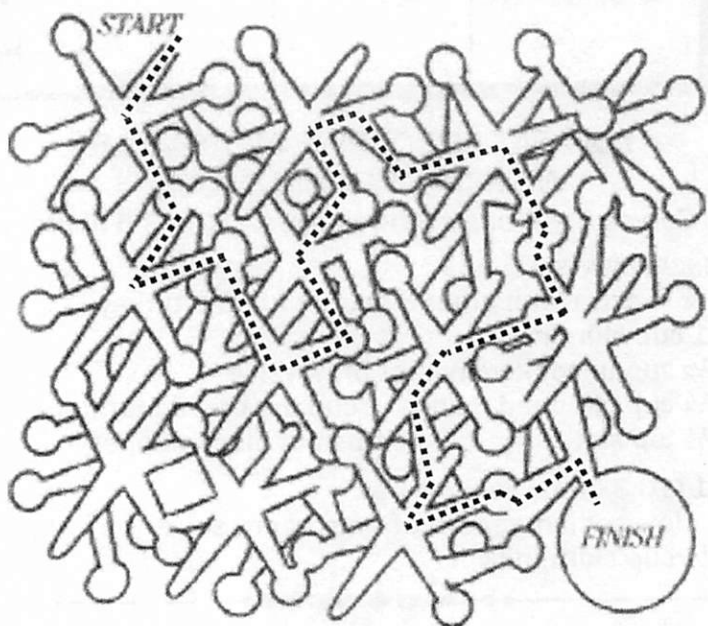


## QUOTE

I am so blessed to have lived long enough to have my hair turning gray, and to have my youthful laughs be forever etched into deep grooves on my face. So many have never laughed, and so many have died before their hair could turn silver.

— Anonymous

## JUMBLED JACKS MAZE Solution



**KEARNEY LODGE  
COMMUNITY CONNECTION  
MONTHLY MEETING  
at 7:00 pm THURSDAY, JUNE 12, 2014  
IN THE CLUBHOUSE**

# JUNE 2014

We honor fathers who not only gave us life, but who also show us how to live.

## Happy Father's Day !!!



| SUNDAY                                                                                                  | MONDAY              | TUESDAY                 | WEDNESDAY                                                                                   | THURSDAY                                 | FRIDAY                               | SATURDAY                                                                                                         |
|---------------------------------------------------------------------------------------------------------|---------------------|-------------------------|---------------------------------------------------------------------------------------------|------------------------------------------|--------------------------------------|------------------------------------------------------------------------------------------------------------------|
| 1<br>Caring for the burdens of others helps us to forget about our own.                                 | 2                   | 3                       | 4                                                                                           | 5<br>9 am Quilters                       | 6<br>7 pm Bingo<br>7 pm Bible Study  | 7 I will go anywhere - provided it is forward.                                                                   |
| 8                                                                                                       | 9<br>6 pm Painters  | 10<br>6 pm Movie Night  | 11                                                                                          | 12<br>9 am Quilters<br>7 pm KLCC Meeting | 13<br>7 pm Bingo<br>7 pm Bible Study | 14<br><br>FLAG DAY            |
| 15<br>FATHER'S DAY<br> | 16<br>6 pm Painters | 17                      | 18                                                                                          | 19<br>9 am Quilters                      | 20<br>7 pm Bingo<br>7 pm Bible Study | 21 FIRST DAY of<br><br>Summer |
| 22                                                                                                      | 23<br>6 pm Painters | 24<br>NO<br>Movie Night | 25                                                                                          | 26<br>9 am Quilters                      | 27<br>7 pm Bingo<br>7 pm Bible Study | 28                                                                                                               |
| 29                                                                                                      | 30                  | 31                      | Live in such a way that when people think of honesty and integrity, they will think of you. |                                          |                                      |                                                                                                                  |

### LOW-FAT PORCUPINE MEATBALLS WITH MUSHROOM SAUCE

Serves 5 - 6 quart Slow cooker - LOW 3-5 hours

#### INGREDIENTS:

¾ lb extra lean ground beef or ground turkey  
1 cup skim milk  
½ cup uncooked instant brown rice  
¼ cup chopped onion 1 cup dry bread crumbs  
½ tsp salt Dash of black pepper  
1 (10 3/4 oz) can low-fat, low-sodium cream of mushroom soup  
½ cup skim milk



#### INSTRUCTIONS:

Combine meat, 1 cup skim milk, rice, onion, bread crumbs, salt, and pepper in a bowl. Shape mixture into meatballs. Place meatballs in the bottom of a slow cooker, in a single layer. Mix together soup and ½ cup milk. Pour over the top of the meatballs. Cover and cook on LOW 3-5 hours. Serve with mushroom soup gravy. Extra rice may be desired.

#### QUOTES

The most important thing a father can do for his children is to love their mother. — Unknown

My father gave me the greatest gift anyone could give another person - he believed in me. — Jim Valvano

**KEARNEY LODGE COMMUNITY  
CONNECTION MONTHLY MEETING**  
at 7:00 pm  
**THURSDAY, JUNE 12, 2014**  
**IN THE CLUBHOUSE**