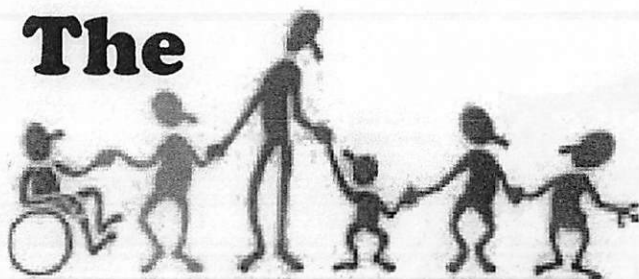


The



CONNECTOR

CONGRATULATIONS, JONNIE WILSON

Jonnie Wilson was honored by the San Diego Public Library in January 2015 at their Local Authors awards event for her 2014 book written with the Ocean Beach Historical Society, "Ocean Beach".

Jonnie served as the chief editor for this book about the history of that San Diego community.

This was Jonnie's second Local Authors award, as she received the first one for her 2012 book, "A Bright House on a Dark Street."

Jonnie is a local history buff and has lived in San Diego since 1950. She is the mother of Kearney Lodge Park resident, Linda M. Wilson.

Potluck

Everyone Brings Something to the Table.

POTLUCK DINNER AND MEETING
beginning at 6:30 pm on Thursday,
April 9TH, in the Clubhouse.

DID YOU KNOW? The origin of "April" is Middle English, from Anglo-French and Latin; Anglo-French avrill, from Latin Aprilis. It is the fourth month in the Gregorian calendar, the fifth in the early Julian calendar, and one of four months with a length of 30 days. First Known Use: before the 12th century.

<http://www.merriam-webster.com/dictionary/april> and <http://en.wikipedia.org/wiki/April>

APRIL 2015



Easter Egg Hunt!

ACTUALLY TWO EASTER EGG HUNTS

Saturday, April 9TH in the grass area next to the back swimming pool.

The Egg Hunts will be held back-to-back:

- Ages 1-5 at 11 am – 11:20 am, and
- Ages 6-12 from 11:20 am – 12 pm.

Be sure to bring a basket or bag for your child(ren) to carry the found eggs.

Please call Mary Jo at 858-356-7665 so she can have plenty of goodies hidden!

Happy Easter!



DANCE-EXERCISE CLASS

Beginning Monday, April 6th, Charlene Byrd will lead a Dance-Exercise Class in the Clubhouse. The class will include standing and/or sitting exercises; none to be on the floor. Charlene will provide the video featuring the movements.

Volunteer helpers would be appreciated. Everyone is welcome to participate.



SHUFFLEBOARD RESUMES

SUNDAYS, beginning April 12,
at 3:30 pm. Bring your own
water, and plan to help set
up and/or clean up.





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Kearney Lodge Community Connection meets the SECOND Thursday each month.

President: Joe Beatty 619-212-6495

Treasurer: Nadine Mein 858-277-8645

Medical Equipment Loans 858-277-8645

Vice President: Dara Dobbins 858-292-6935

Secretary:

Editor: Joleen J. Gonser 858-279-6088

Joleen.Gonser@gmail.com

The KLCC is a private association dedicated to serving and improving the quality of life for the entire community with emphasis on safety, courtesy and neighborhood.

Opinions expressed in "Letters to the Editor" sections of *The Connector* do not necessarily represent the views of the editorial staff, but are printed to encourage comments and discussion among resident homeowners. Submissions to *The Connector* must be received no later than the 20th of the month. *The Connector* reserves the right to use such discretion as it may consider appropriate in the printing of advertising or other material submitted for publication herein.

You are encouraged to check the products and/or services advertised herein; however, the KLCC is **NOT** responsible for your use or purchase of them.



PRICES FOR NEWSLETTER ADS

Business Card-size = \$8 ----- 1/4 Page = \$12 ----- 1/2 Page = \$20 ----- Full Page = \$35

Kearney Lodge Office - 858-277-6060 <http://www.kearneylodge.net/index.htm>

Hours: M-W-F 9 am-4 pm & TU-TH 9 am-1 pm

Leave live or voicemail messages with the answering service after regular office hours.

LOST & FOUND "CLOSET" AT PARK OFFICE

Take to- or look for- Lost or Found items at the Park Office during regular hours.



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KEARNEY LODGE COMMUNITY CONNECTION

MEETING of MARCH 12, 2015

Joe Beatty called the meeting to order at 7:00 PM.

The pledge of allegiance was recited.

TREASURER'S REPORT: Nadine Mein — Accepted

1. Previous Balance (2-28-15)	\$ 1,463.07
2. Newsletter Ads	+ \$ 102.00
3. Donations	+ \$ 1.00
4. Newsletter copying	- \$ 238.79
5. Refreshments	- \$ 10.00
New Balance:	= \$ 1,317.28

Treasurer Nadine received the yearly forms from the Franchise Tax Board (CA) for files as a non-profit.

1. HOUSEKEEPING CONCERNS — Joe Beatty
2. Minutes of the FEB meeting were approved.
3. Calendar Update — Joe reviewed the calendar for the last three months to update all about what has occurred and may have been omitted from previous minutes.

OLD BUSINESS:

1. Transportation is still offered by Lynnda and Ellen.
2. Joe reminded all of voluntary KLCC dues (\$1) and the opportunity to join the raffle.
3. Shuffleboard will resume on Sunday, April 12, at 2/3:30. It will be each Sunday with Bryson and Jeff in charge of the equipment. (Volunteers to help clean up are appreciated.)
4. There is still no organized Garden Club. However, if you have low water-tolerant plants you would like to donate to the community garden, please take them to the area by the R.V. parking next to the wooden fence on the far east side of the Park. We hope this will "grow" as summer nears.
5. Solar panels for the Park have been found to be too costly so the subject is dropped for now.

NEW BUSINESS:

1. A Dance-Exercise class will begin on Monday, April 6, during the day. It will be all standing or sitting with easy to do movements. No getting down on the floor. Starting time not set yet, but approximately 9-10 am. Charlene Byrd will lead.
2. Suggestion Box items
 - a. Easter Egg hunt. Yes, on April 4th; see page 1.
 - b. Will there be a Summer BBQ? A Summer Party is still being considered as a coordinated event by Management and the KLCC. Entertainment for all ages is possible, and lots of food. The KLCC hopes to set up a booth with information about what we do for the Park. Details and date to follow.
 - c. Will "online" rent paying become available in the future? (Ask Management.) *Right column*

SUGGESTIONS FROM THE FLOOR:

1. The April 9th Meeting will be preceded with a Potluck Dinner at 6:30 pm. Drinks, cups and flatware will be provided. Bring a covered dish and your own plate. Everyone is welcome.
2. If anyone would like to write their views on what is happening in the Park that they like, are happy with, or do not like, or would like to see happen or change, please let any Board Member know (see page 3.) If approved and published, it must be signed.

If you don't consider yourself a writer, come to the next meeting and air your thoughts. We are here to listen to all comments, positive or negative.
3. Swift Communications: Many of residents subscribing to Swift are unhappy with the service or lack thereof. It has been suggested that you install an antenna reasonably and receive good reception with no further cost. We are looking for someone to come to a meeting and explain how to do this, the best way to go, and how to save money.
4. Until January 2016 elections, we will have a rotating secretary for meetings (unless someone volunteers to take the position). Our previous secretary, Ben Brown, has moved to Massachusetts.
5. If you'd like to deliver the newsletter to a small route in the Park, 18-20 units, please call Joleen at 279-6088.

Raffle Drawing yielded \$14.00. Winner's name is not published.

Meeting adjourned at 7:33 pm.

Respectfully submitted by Acting Secretary,

Ellen Conrad



KEARNEY LODGE COMMUNITY CONNECTION MEETING AGENDA for APRIL 9, 2015 POTLUCK DINNER: 6:30 P.M.

Call to Order:

Pledge of Allegiance — Joe Beatty

TREASURER'S REPORT — Nadine

HOUSEKEEPING CONCERNS — Joe

1. Rules of Order & Minutes Approval
 2. Voluntary dues reminder (\$1.00) & Raffle Reminder
 3. Calendar Update
 4. Newsletter Ads update — Joe or Joleen
- OLD BUSINESS/REPORTS:

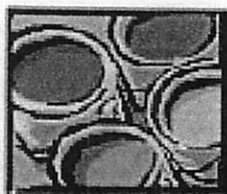
1. Dance-exercise class
2. Easter Egg hunt
3. Summer Party
4. "Online Rent Paying"
5. Writers/Contributors to Newsletter
6. Swift Communications

7. Secretary

NEW BUSINESS:

1. Suggestion Box Items
 2. Suggestions from the Floor
- Raffle Drawing
Adjourn





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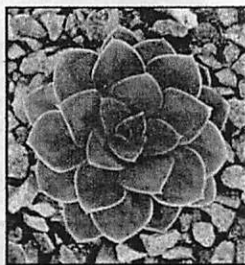
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COMMUNITY XERISCAPE GARDEN

KL Park Management has assigned an area along the fence near the RV parking for a community garden similar to the area at the Park entrance with drought-resistant plants.



If you have starts of appropriate plants to donate and want to contribute a little time, this is the season. Salvias, sedums, and native plants are possibilities. Check each variety.

Contact Joe Beatty or Park Management for more information.

TIP FOR YOUR OWN GARDEN: EDIBLES

If you grow it for the fruit or the root, you need full sun.

If you grow it for the leaves, partial shade is all you need.

EASTER WORD SEARCH



S	U	E	X	I	W	R	K	Y	B	C
I	A	C	I	D	B	X	V	U	R	S
B	D	V	E	J	K	T	N	O	R	E
J	N	P	I	B	V	N	S	E	T	G
M	E	J	H	O	Y	S	W	E	Q	L
R	Y	M	E	V	R	O	K	V	X	S
N	G	C	D	I	L	S	T	N	A	U
C	C	L	S	F	A	E	G	G	S	S
I	S	E	H	B	J	A	U	D	W	E
D	N	V	Y	Y	A	D	N	U	S	J
D	O	S	W	T	T	O	M	B	X	S

RISEN EGGS	SUNDAY JESUS	CROSS BASKET	FLOWERS SAVIOR	TOMB BUNNY
---------------	-----------------	-----------------	-------------------	---------------

KEARNEY LODGE

COMMUNITY CONNECTION MONTHLY MEETING & POTLUCK ON THURSDAY, APRIL 9, 2015 AT 6:30 PM IN THE CLUBHOUSE.

QUOTES

Tender mercies of the Lord are real and do not occur randomly or merely by coincidence.

~ David A. Bednar

Become the kind of leader that people would follow voluntarily; even if you had no title or position.

~ Brian Tracy

The cure for the FEAR OF FAILURE is NOT success. The cure for the fear of failure is FAILURE. ~ Mark Batterson

One of the most important things you can do for others is to nurture their spirit by affirming them, and celebrating who they are to you.

~ Jon Morgan, "Riversongs.com"

Earn your leadership every day.

~ Michael Jordan

A leader isn't someone who forces others to make him stronger; a leader is someone willing to give his strength to others so that they may have the strength to stand on their own.

~ Beth Revis

The most effective way to do it, is to do it.

~ Amelia Earhart

You are the sum total of everything you've ever seen, heard, eaten, smelled, been told, forgot — it's all there. Everything influences each of us, and because of that I tried to make sure that my experiences are positive.

~ Maya Angelou

The challenge of leadership is to be strong, but not rude; be kind, but not weak; be bold, but not bully; be thoughtful, but not lazy; be humble, but not timid; be proud, but not arrogant; have humor, but without folly.

~ Jim Rohn

The first responsibility of a leader is to define reality. The last is to say thank you. In between, the leader is a servant.

~ Max DePree

The mediocre teacher tells. The good teacher explains. The superior teacher demonstrates. The great teacher inspires.

~ William Arthur Ward

Doing an injury puts you below your enemy; revenging one makes you but even with him; forgiving one sets you above him.

~ Author Unknown

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AIR	ANIMALS	CLEAN	EARTH
GREEN	LEAVES	LOVE	PLANET
PLANTS	RECYCLE	REDUCE	REUSE
SOIL	TREES	WATER	WORLD



RE-USE YOUR BEVERAGE JUGS!

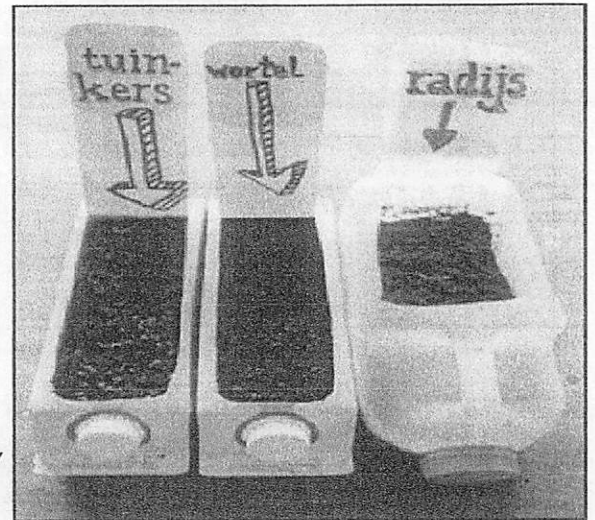
Cut the jog(s) open, leaving one side attached, put soil in the jug(s), plant seeds, and write the plant/seed name(s) on the cut piece(s). Found online.

FOR YOUR CONSIDERATION
The KLCC secretary has moved away. The primary function of the secretary is to cover KLCC meetings and provide a copy of the minutes to both the President of KLCC and to the newsletter editor. A new secretary is needed; are you the one?

AN EASY-TO-DO TRICK TO PROTECT OUR PASSWORD

When you sign up for a website, don't answer security questions honestly – such as your mother's maiden name or you birthplace. You'll actually protect your account and your identity better if you always use the same wrong answers.

SOURCE: "Bottom Line Personal" – March 15, 2015



KEARNEY LODGE
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& POTLUCK
ON THURS., APRIL 9, 2015
AT 6:30 PM
IN THE CLUBHOUSE.

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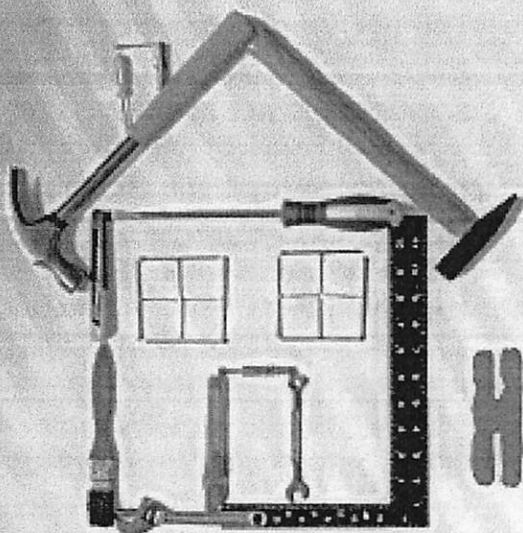
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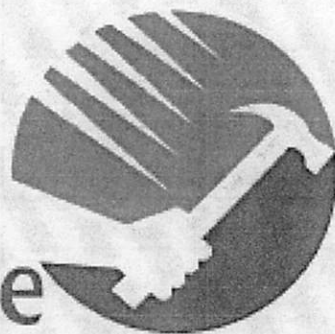
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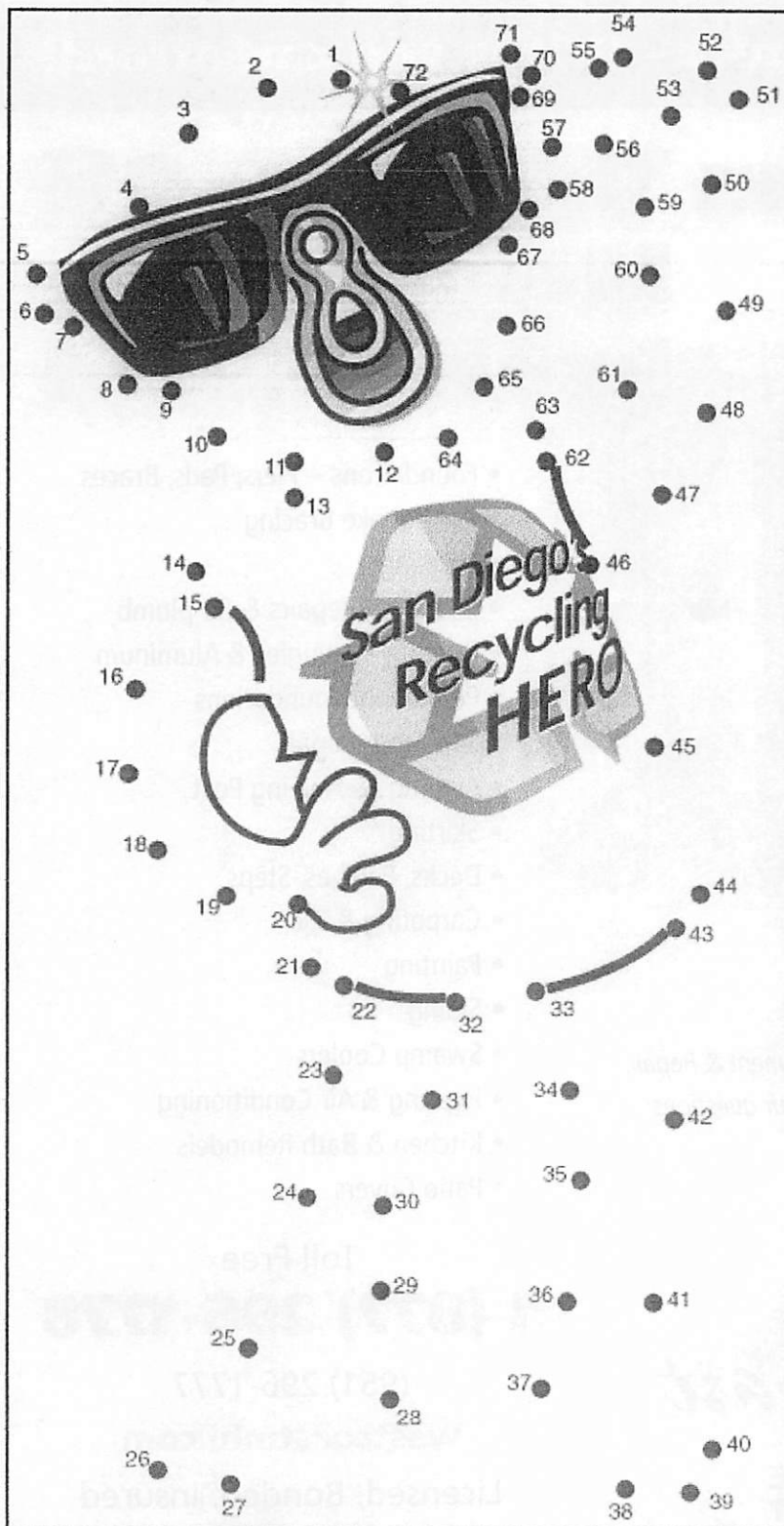
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**KEARNEY LODGE
COMMUNITY CONNECTION
MONTHLY MEETING & POTLUCK
ON THURSDAY, APRIL 9, 2015
AT 6:30 PM IN THE CLUBHOUSE.**

SPRING CLEANING?

Please don't throw out your unwanted yarn. Instead donate it to the Special Military Active Retired Travel (S*M*A*R*T) club. The members take yarn to the Miramar brig where personnel there create lap robes for patients in the Veteran's Hospital.



Please call Joleen at 858-279-6088 to arrange collection of your donated yarn. Thank you very much.

BEAUTY and FASHION USES FOR LEMONS



- **DIY Deodorant.** Commercial deodorants are full of scary, harsh chemicals. But, what's the alternative? Lemon juice — dabbing a little juice in your armpits works as well, if not better, than the store-bought stuff.
- **Lighten Nails.** Reverse that by soaking your nails in a cup of water and the juice of one lemon. Soak for a few minutes and rinse.
- **Remove Armpit Stains from Clothes.** Scrub a mixture of equal parts lemon juice and water onto the stain, then let the shirt air dry.
- **Zap Mildew.** Mildew-y clothes aren't ruined! Form a paste out of lemon juice and salt, apply to the mildew, and let air dry.
- **Sanitize Jewelry.** You can sanitize metal jewelry in a mixture of equal parts lemon and water. However, it's not for your fanciest gems and metals.
- **Replace Toxic Bleach.** Skip bleach in your laundry by adding $\frac{1}{2}$ cup lemon juice to the wash instead.
- See article at: <http://www.care2.com/greenliving/22-surprising-use-s-for-lemons.html>

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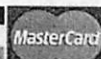
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Some addresses are self-explanatory.

<http://www.apieceofrainbow.com/diy-make-your-own-designer-switchplates/>

<http://alphabetstencils.org/>

http://dailyburn.com/life/fitness/beginner-core-exercises-for-ab-workouts/?mtype=14&partner=shape&sub_id=shape

<http://positivewordsresearch.com/list-of-positive-words/>

<http://www.babble.com/home/7-unexpected-ways-to-add-a-pop-of-color-to-your-home/#bright-brackets>

<http://theoatmeal.com/comics/coffee>

<http://www.bestdesigntuts.com/home-decor-ideas-through-recycling-and-reusing>

<http://www.care2.com/greenliving/why-the-paleo-diet-is-selfish-according-to-science.html>

<http://www.chinahighlights.com/zhangjiajie/attraction/tianmen-mountain.htm>

<http://www.buzzfeed.com/expresident/the-top-25-cute-st-pictures-of-cats-and-babies#.abllmm85dX>

<http://www.firstpeople.us/> One more.....

DO YOU GET THE SAN DIEGO NEWSPAPER?

If you do, please save the plastic bags they come in. These can be used to protect "The Connector" (newsletter) during the next rainy spell. Many homes have carpeted porches that get soaked, and other homes have exposed locations where "The Connector" is placed. The newspaper bags are just the right size, and this will recycle them.

Your editor has begun collecting the newspaper bags and keeps them folded in a small box. If you could do the same, and want to arrange for collection of them as you need, please call Joleen at 858-279-6088.

Thank you very much.



EVER WONDER ABOUT THE

BIBLE ?

CAN YOU BELIEVE WHAT IT SAYS?

IS IT STILL RELEVANT IN TODAY'S BUSY
& COMPLICATED WORLD?

*** COME AND LEARN FOR YOURSELF ***

NON DENOMINATIONAL BIBLE STUDY

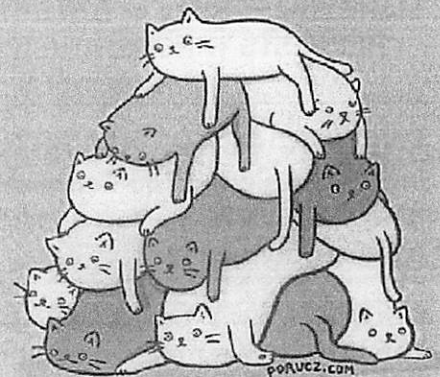
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**KEARNEY LODGE
COMMUNITY
CONNECTION
MONTHLY MEETING
and POTLUCK
ON THURS., APRIL 9, 2015
AT 6:30 PM
IN THE CLUBHOUSE.**

WHAT DO YOU CALL
A PILE OF CATS?



A MEOWTAIN

http://www.buzzfeed.com/twopoodles/15-lifehacks-for-your-tiny-bathroom-9g24?utm_term=.jhVJOjAbA#.qmJe30oEQ

CONSIDER BEING A KEARNEY LODGE VOLUNTEER DRIVER

Some residents, who have done this for years, need replacements. The Transportation Assistance program takes residents without their own transportation to medical appointments, supply runs, and more. The more drivers available, the less often each is needed. For information, please call 858-525-2282.

TRANSPORTATION SERVICE

Ellen and Lynnda coordinate the transportation needs of residents with the schedules of drivers. Please call Ellen: 858-525-2282 or Lynnda: 619-977-4472 to provide or request transportation. Please plan ahead.

Donations would be appreciated.

MAKE EMERGENCY or OTHER TRANSPORTATION REQUESTS THROUGH THE PROPER PUBLIC CHANNELS.

ENCOURAGE THE ADVERTISERS

in this newsletter, *The Connector*, by doing business with them. Be sure to check each business against your needs.

MEDICAL DEVICE LENDING PROGRAM

The KLCC has a medical equipment lending program. Residents may borrow or donate such items as canes, crutches, walkers, and bathroom aids. Other items may also be available.

Call Nadine at 858-277-8645 to inquire about borrowing or donating medical items.

SUGGESTIONS FOR ADDITIONAL ACTIVITIES AND EVENTS *plus OTHER COMMENTS*

Please fill out and put the form in the Suggestion Box or bring it in person to the monthly meeting.

OTHER COMMENTS: _____

Your Name and best method of contact: _____

LET "THE CONNECTOR" KNOW

To include more news about Kearney Lodge residents, your contributions are needed. Please tell us about important events like marriages, births, graduations, awards, someone coming home, and any other note-worthy events that occur.

Please let us know if...

- you got engaged or married...
- someone received an award...
- there is a new family member...
- you lost a family member...
- You're planning an event in K.L. that the public may attend...
- you need to borrow or donate medical equipment. (See article at left.)
- you need transportation (See article at left.)

For any of these or other important events, call someone listed on page 3.



QUOTES

Not to hurt our humble brethren (the animals) is our first duty to them, but to stop there is not enough. We have a higher mission — to be of service to them whenever they require it. If you have men who will exclude any of God's creatures from the shelter of compassion and pity, you will have men who will deal likewise with their fellow men.

~ Saint Francis of Assisi

If you wait until you can do everything for everybody, instead of something for somebody, you'll end up doing nothing for nobody.

~ Author Unknown

Say what you mean, without being mean.

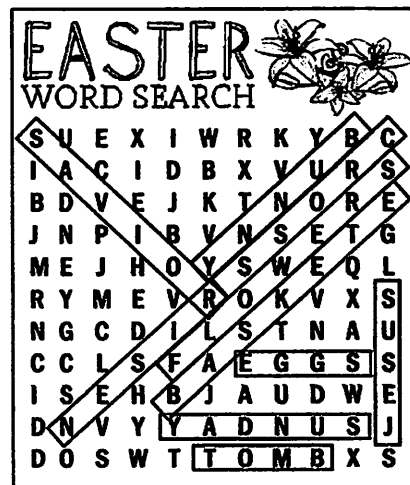
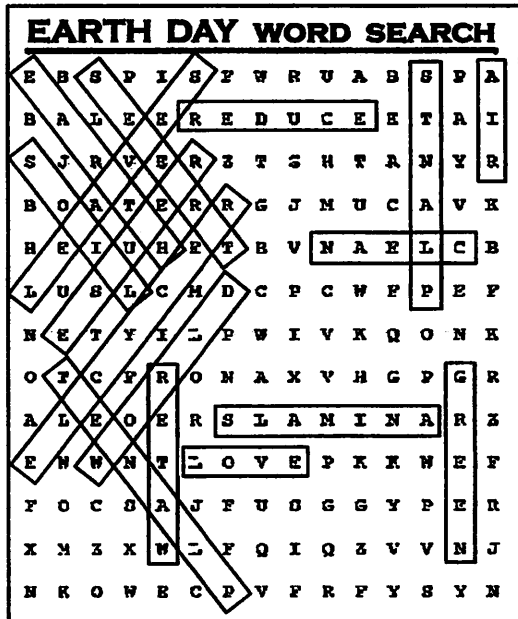
~ LeAnna, Christopher



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BEFORE DIGGING IN

Before you eat veggies like Brussels sprouts and cabbage, just say "NO" to gas with this quick trick. Add fennel, anise, or ginger to the food to nip the gas production in the bud – and add some extra flavor, too!

Tip submitted by Ellen.

KEARNEY LODGE
COMMUNITY CONNECTION
MONTHLY MEETING & POTLUCK
ON THURSDAY, APRIL 9, 2015
AT 6:30 PM IN THE CLUBHOUSE.

FROM TIME TO TIME . . . the newsletter, "The Connector" is deprived of one or more volunteer delivery personnel because someone moves, gets sick or injured, or for other reasons (work, perhaps?) cannot deliver any longer. Additional deliverers are then needed, either as substitutes or for as long as possible. You are needed now. With plenty of people, the task is minimal.

The task is once a month; delivery is to 18-20 units or perhaps both sides of the street of one block. The newsletters are put in plastic grocery bags labeled with the delivery volunteers' names and the specific units. Please, call Joleen at 858-279-6088.

SECRETS YOU SHOULD KEEP FROM YOUR CO-WORKERS

How well do you know the people you work with? How well do they really know you? According to data published on Fast Company, workers in the U.S. have a median tenure of around four and a half years. This means, a typical worker (who lives until the 2011 average life expectancy of 78.7) spends around 6 percent of the years of his life at a particular job. You could get to know a person pretty well during that time. Especially, a person you spend 40 hours each week with.

You may have learned what things irritate your co-workers, their individual strengths and weaknesses, their sense of humor, and an assortment of other information about them. Your co-workers may have learned this type of information about you, as well.

But, do your co-workers know you as well as your roommate or a close friend does? Probably not.

Even though you spend a great deal of time with your co-workers, it is generally unwise to tell them personal information that is not about work. Think of it this way: if you would not want your boss and the rest of the office knowing something about you, it is probably best to keep the information to yourself.

Here are a few specific things you should not share with your co-workers:

1. Your personal and political beliefs
2. Medications and certain medical conditions
3. Alcohol or marijuana use
4. Salary information
5. Financial or family problems

Read detailed article at: <http://www.cheatsheet.com/personal-finance/5-secrets-people-should-keep-from-their-coworkers.html/?a=viewall#ixzz3VMWOzcXC>

APRIL 2015

HAPPY BIRTHDAY to the APRIL celebrants!

Stone = Diamond— Flower = Sweet Pea or Daisy



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Behold, my friends, the spring is come; the earth has gladly received the embraces of the sun, and we shall soon see the results of their love! — Sitting Bull —			1 APRIL FOOL'S DAY 	2 9 am Quilters	3 GOOD FRIDAY 7 pm Bingo 7 pm Bible Study	4 11 am-12 KL PARK EGG HUNT pm - Passover Begins
5 EASTER!	6 6 pm Painters	7	8	9 9 am Quilters 6:30 pm KLCC POTLUCK & Meeting	10 7 pm Bingo 7 pm Bible Study	11 Stop focusing on how stressed you are and remember how blessed you are.
12 2:30 pm Shuffleboard	13 6 pm Painters	14 6 pm Movie Night	15	16 9 am Quilters	17 7 pm Bingo 7 pm Bible Study	18
19 2:30 pm Shuffleboard	20 6 pm Painters	21	22 EARTH DAY	23 9 am Quilters	24 7 pm Bingo 7 pm Bible Study	25
26 2:30 pm Shuffleboard	27 6 pm Painters	28 6 pm Movie Night	29	30 9 am Quilters	Alc!uja	



- Dance-Exercise Class helpers: page 1-middle right.
- Drivers: see page 14-top left.
- Newspaper Bag collectors: page 13-bottom left.
- Shuffleboard participants: page 1-bottom right.
- Secretary: see page 9-top right.
- "The Connector" deliverers: see page 15-top right.

**Happy
Easter
and a
Blessed
Passover**

DIY IDEA FOR YOUR GARDEN/YARD
Purchase stair risers from a home improvement store, paint it white or color of your choice, and add some window boxes.

