



**Flag Day**  
June 4

# June 2010

## Summer



June 20



**FLAG DAY** is when all Americans celebrate the flag by showing respect for the flag, its makers and its designers. One of the main symbols of the United States of America is the flag.

The original U.S. flag was authorized by Congress on Saturday, June 14, 1777. It had 13 stripes, 7 red and 6 white, that represent the original 13 colonies. There were 13 white stars in a blue field representing a new constellation.

Since 1777, different versions of the flag that have been adopted. The red and white stripes with blue constellation have remained the same. Each state in the union is represented by a 5-point star. The number of stars have changed as states joined the union. There are currently 50 states that belong to the United States of America.

Flag Day, June 14, is a nationwide observance, but it is not a public holiday in many parts of the United States. It is a legal holiday in a few areas in the USA, such as Montour County, PA.



### PRESIDENTIAL QUOTE ~

In the first place, we should insist that if the immigrant who comes here in good faith becomes an American and assimilates himself to us, he shall be treated on an exact equality with everyone else, for it is an outrage to discriminate against any such man because of creed, or birth-place, or origin. But this is predicated upon the person's becoming in every facet an American, and nothing but an American. There can be no divided allegiance here. Any man who says he is an American, but something else also, isn't an American at all. We have room for but one flag, the American flag. We have room for but one language here, and that is the English language. And we have room for but one sole loyalty and that is a loyalty to the American people.

~ Theodore Roosevelt 1907

**THANK YOU, NEIGHBORS**, for your donations of money and/or non-perishable items to the Food Program. Your kindness is very much appreciated. Please remember that monies are needed *each month* for the family assistance we have been able to offer. If you know anyone who needs assistance, please call Dee at 858-569-1983.

### COOKIE TUBE FOR DAD

**Materials:** Homemade cookies  
Potato chip cylinder Paintbrush  
Gesso or white acrylic paint  
Acrylic paints in several colors  
Acrylic spray seal

#### Instructions:

Bake your dad's favorite cookie recipe and set aside to cool.

Wash out the potato chip container carefully and let dry. Paint the container with a coat of gesso or white paint and let dry. Paint the container with different colors in an abstract art design. While the paint is still drying, use a paintbrush to add the lightest color, filling in the gaps and overlapping the other colors.

Have an adult spray with acrylic sealer spray and let dry. Wrap stacked cookies in tissue paper and fill container. Replace lid and add a bow to the top if you like. Use a leftover gift bow to the top or make a bow from ribbon.

**Tips:** If your dad's favorite are brownies, make the brownies and use a round cookie cutter or biscuit cutter to make the baked brownies round.



Government is not reason; it is not eloquent; it is force. Like fire, it is a dangerous servant and a fearful master. ~ George Washington

**Remember to donate \$1 - \$5 to the KEARNEY LODGE FOOD PROGRAM.**

# Why Choose Us?

## Action Air Conditioning & Heating



We've been servicing manufactured homes in your neighborhood since 1975.

### 35 Years of Experience

means we are your manufactured home experts!



We've been a member of the BBB since 1985 with an

### A+ Rating.

This rating ensures that high standards are set and maintained!



We were awarded the 2009 **Torch Award for Marketplace Ethics**

from the San Diego Better Business Bureau.

This means we have been recognized as a company you can trust!



We Encourage Professionalism

You are getting the best **Factory Certified Technicians**

through a national certification program called NATE.

North American Technician Excellence



Heating & Air Conditioning

We use Coleman® manufactured housing products recognized for **Quality, Comfort & Efficiency**

**(800) 400-4152**  
**www.ActionAC.net**

**CALL ACTION TODAY  
AND SAVE  
ON YOUR NEW  
HEATING & COOLING  
SYSTEM**



### Action Rebate

Save up to **\$300** on our Limited Time Inventory Reduction

### Utility Rebate

**\$200-\$600** Utility Rebate on qualifying systems

### Federal Tax Credit

**30%** of the installed price—up to \$1500 on qualifying systems. Check with your tax professional.

**(800) 400-4152**  
**www.ActionAC.net**

## QUOTES ~

It is a good thing to be rich, it is a good thing to be strong, but it is a better thing to be beloved of many friends. ~ Euripides (480-406 BC)

Greek Playwright

Be careful about reading health books.

You may die of a misprint. ~ Mark Twain

Maybe it's true that life begins at fifty . . . .

But everything else starts to wear out, fall out, or spread out. ~ Phyllis Diller

**Please donate \$1 - \$5 to the  
KEARNEY LODGE FOOD PROGRAM.**



## SUMMERTIME QUOTE

Some people are always grumbling because roses have thorns. I am thankful that thorns have roses.

~ Allophones Karr ~

## Kearney Lodge

### Mobile Home Owners Association

President: Bob Gomperts 858-565-6460

Vice President: (Vacant)

Treasurer: Nadine Mein 858-277-8645

Secretary: Joleen J. Gonser 858-279-6088

Editor: Joleen J. Gonser 858-279-6088

joleen.gonser@navy.mil

Food Program 858-569-1983

Medical Equipment Loans 858-277-8645

The KLMHOA is a private association dedicated to serving and improving the quality of life for the entire community with emphasis on safety, courtesy and neighborhood.

The Kearney Lodge Mobile Home Owners Association Newsletter reserves the right to use such discretion as it may consider appropriate in the printing of advertising material submitted for publication herein.

Submissions to this newsletter must be received no later than the 15th of each month.

Advertisements of products or services herein **do not** imply endorsement of any products or services.

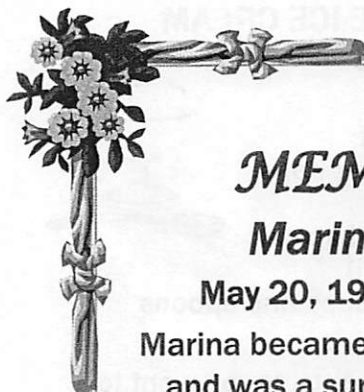
**The KLMHOA is NOT responsible for your use or purchase of them.**

### PRICES FOR NEWSLETTER ADS

Business Card-size = \$8....Quarter Page = \$12

One-half Page = \$20.....Full Page = \$35

Kearney Lodge Office 858-277-6060



## IN MEMORY OF Marina Paddock

May 20, 1949 - May 9, 2010

Marina became a paraplegic in 2001, and was a survivor of many health battles. She enjoyed the Casino, Padres' games, bingo, and knitting.

Marina is survived by her partner, Bob Muse, their roommate Mike, her son, Nick, and her daughters, Melissa and Michelle of Wichita. They will greatly miss her strength and bravery. She also leaves her beloved cats, Stripes and Jada, and Shadow, a chicken.

We extend our sincere sympathy to the family, friends and neighbors of Marina Paddock.

## FOODS TO HELP YOUR SKIN

The secret to glowing skin is not expensive creams or costly facials. It's your diet. The following foods can be your greatest defense against problems such as dryness, wrinkles and blemishes.

Sweet Potatoes

Berries

Healthy Oils

Low-Fat Dairy

Fish

Whole Grains

Walnuts

Water

Green Tea

## ~ COUPON ~

**FOR NEW  
PLAYERS  
ONLY  
ONE FREE  
BINGO  
CARD**



## HELP YOUR KIDS MAKE ICE CREAM IN A BAG IN 5 MINUTES

### VANILLA ICE CREAM

Ingredients and equipment:

Sandwich & quart-size zipper bags

½ cup milk 1 tbsp sugar

½ tsp vanilla extract 6 tbsp salt

2 cups ice cubes (1 tray full)

Gloves (it gets cold) dishes and spoons



#### Instructions:

1. Gather necessary ingredients. If you want to make more, use larger bags.

2. Place bag into ice mixture. Mix vanilla extract, sugar, and milk. Pour into smaller size bag and seal the bag closed. Put ice cubes and salt into larger size bag. Place the bag with milk mixture into the ice mixture bag and seal the bag closed.

3. Make sure the bags are sealed completely. Hold bag with both hands and shake for 5-10 minutes. You will feel the ice cream thickening.

4. When ice cream is desired thickness, remove bag from ice mixture. Wipe the outside of the bag with rag or dish towel to remove salt. If you don't, you will have salty ice cream. Open the bag of ice cream, pour it into a dish, and enjoy!



STAR LIGHT

**Please donate \$1 - \$5 to the KEARNEY LODGE FOOD PROGRAM.**



## Celestial Hair Design

Mobile Hair Service

# MICHELLE SILVA

HAIR STYLIST

**Services:**

- Hair Cuts • Hair Color
- Updos • Perms

BL#: 017272  
CL#: kk240199

Phone: (619) 750-2081  
E-mail: celestialhair@gmail.com

## YARD WORK

Weed-whacking,  
Lawn Mowing,  
Etc.



**\$20.00 - \$40.00 per Yard**  
**Call: 858-699-8430**



Charlene Byrd  
Realtor®

### God Bless America!

Home of the FREE...  
because of the BRAVE!

**Century 21-1st Choice 858-337-5149**

Why wouldn't you use a REAL  
Realtor? Over 20,000 other agents  
can see your home for sale in  
Realtors MLS. Who is REALLY selling? Why don't  
you ask the park!! See all 'for sale' on homes,  
condos, etc., hooked up to Realtors MLS.

[www.byrd-houses.com](http://www.byrd-houses.com)

### TOM DOLESKI, D.D.S.

Family Dentistry

858-279-0350

Hazard Village Center  
9340C Clairemont Mesa Blvd.  
San Diego, CA 92123

*10% Senior Discount*

## HANDYMAN +

**Angel Perez 619-244-8168**



Want a good deal??  
**PAY WITH CASH !!!**  
No job too small.....

**Kearney Lodge  
Resident!**

**Plus**

**Builds / Repairs / Paints / Cleans**  
**Decks – Steps (new rugs)**  
**Ramps Skirting**  
**Subflooring repair soft spots**  
**Power Washing**  
**Local (Park) References Available**

## Sit ...Stay.....Play!!!

**Complete Pet Care**



- ♦ *Daily walks*
- ♦ *Vacation care*
- ♦ *Medication & Grooming*
- ♦ *Special rates for Kearney Lodge Residents*
- ♦ *Special care for your special friends*



**Call Michelle 858-243-3430**

**QUOTE ~** The American people will never  
knowingly adopt socialism. But, under the  
name of "liberalism", they will adopt every  
fragment of the socialist program, until one  
day America will be a socialist nation, without

knowing how it happened. I  
no longer need to run as a  
Presidential Candidate for  
the Socialist Party. The  
Democrat Party has adopted  
our platform.

~ Norman Mattoon Thomas  
(11/20/1884 to 12/19/1968)

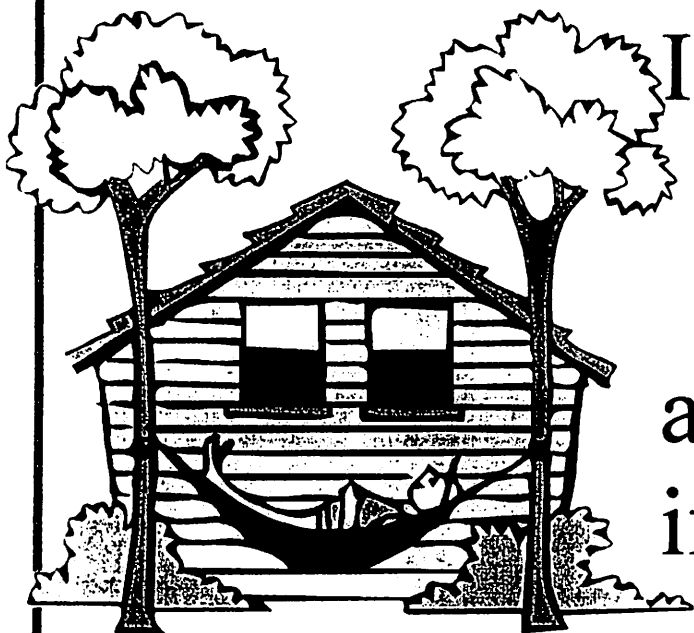


### BE KIND TO LETTER & NEWSPAPER CARRIERS

1. *Control your pets.* Even if you think your dog is  
about as fierce as Snoopy, keep him on a leash or  
behind a closed door. You don't know if a parti-  
cular carrier is adverse to animals.
2. *Clear the area.* Piles of toys and bikes  
can be like a minefield.
3. *Don't block the box.* Move everything  
out of the way.
4. *Offer a beverage.* It can warm them up  
or cool them off, depending on the weather. Baked  
goods and thank-you notes are also appreciated.
5. *Learn their names and use them.* He or she  
knows yours.



# I Want A Local Insurance Agent!



I do not want to call  
an 800 number,  
and I want  
a **Brand New Home**  
if mine is destroyed!

**OK!** We offer mobilehome & manufactured home insurance policies that will replace older homes with new homes! If your home is destroyed under a covered loss, you get a Brand New Home! And, I am a local agent that understands San Diego. You do not have to call an 800 number to get the best policy!

---

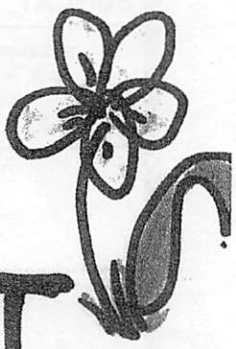
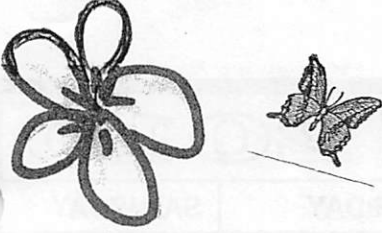
If you have questions about your coverage, or wish to upgrade your policy,  
please contact **Steve Rolf, Monday-Friday, 9am-5pm.**

---

## American Renaissance Insurance Services

Lic. 0260864

4817 Palm Avenue    **619-463-2300**    La Mesa 91941



# Summertime BREAKFAST

SAT. JUNE 26

7:30-9 AM



3 PANCAKES

2 BACON OR SAUSAGE

JUICE and COFFEE

\$3 PER PERSON



SIGN UP AND PRE PAY AT OFFICE BY JUNE 23  
WALK UPS WELCOME

"START YOUR DAY WITH US"  
K.L. PANCAKE COMMITTEE



# June 2010

| SUNDAY                                                     | MONDAY              | TUESDAY | WEDNESDAY | THURSDAY                                                                                                       | FRIDAY           | SATURDAY                             |
|------------------------------------------------------------|---------------------|---------|-----------|----------------------------------------------------------------------------------------------------------------|------------------|--------------------------------------|
| Please donate \$1 - \$5 to the KEARNEY LODGE FOOD PROGRAM. |                     | 1       | 2         | 3<br>9 am<br>Quilters                                                                                          | 4<br>7 pm Bingo  | 5                                    |
| 6                                                          | 7                   | 8       | 9         | 10<br>9 am<br>Quilters                                                                                         | 11<br>7 pm Bingo | 12                                   |
| 13                                                         | 14<br>FLAG DAY      | 15      | 16        | 17<br>9 am<br>Quilters                                                                                         | 18<br>7 pm Bingo | 19                                   |
| 20<br>Father's Day                                         | 21<br>Summer Starts | 22      | 23        | 24<br>9 am<br>Quilters                                                                                         | 25<br>7 pm Bingo | 26 7:30-9 am<br>PANCAKE<br>BREAKFAST |
| 27                                                         | 28                  | 29      | 30        | Avoid even the appearance of anything less than complete integrity, objectivity, and impartiality.<br>~ SECDEF |                  |                                      |



## STAR LIGHT

Star light, star bright,  
First star I see tonight.  
I wish I may, I wish I might,  
Have the wish I wish tonight.

Help the girl's wish find its way to the star.

Answer  
on page 4.

## FUN AND/OR USEFUL WEBSITES

Please verify the reliability of all sites.

[http://dulemba.com/index\\_ColoringPages.html](http://dulemba.com/index_ColoringPages.html)

<http://www.birdsandblooms.com/>

<http://www.enchantedlearning.com/history/us/symbols/>

<http://www.angelwars.com>

[http://www.autorepair.ca.gov/80\\_BARResources/01\\_CAP&GoldShield/Factsheets/Consumer\\_Assist\\_FAQs.html](http://www.autorepair.ca.gov/80_BARResources/01_CAP&GoldShield/Factsheets/Consumer_Assist_FAQs.html)

<http://www.cfa.org/articles/tentips.html>

[http://www.nonplused.org/panos/uss\\_pampani/to/html/01.html](http://www.nonplused.org/panos/uss_pampani/to/html/01.html)

<http://www.discoverlife.org/20/q?guide=Caterpillars>

**QUOTES** ~ No amount of time can erase the memory of a good cat, and no amount of masking tape can ever totally remove his fur from your couch.  
~ Leo Dworken

To think bad thoughts is really the easiest thing in the world. If you leave your mind to itself it will spiral down into ever increasing unhappiness. To think good thoughts, however, requires effort. This is one of the things that discipline - training - is about.

~ James Clavell, in his novel "Shogun"