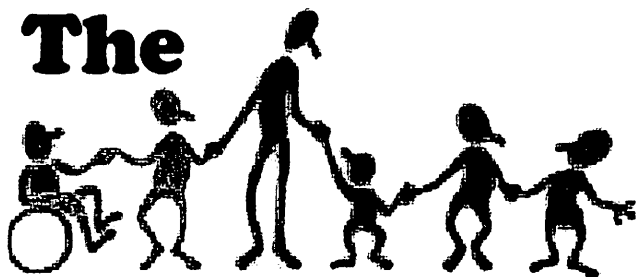


The

JUNE 2015



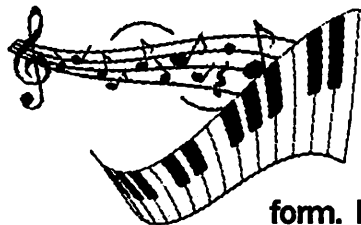
CONNECTOR

SCHOLARSHIPS FOR K.L. PARK HIGH SCHOOL GRADUATES

The Frank J. Evans charitable Foundation is seeking applications from college-bound high school graduates for \$1,000 scholarships in the year 2015. If you know of any such students in your home or Kearney Lodge Park, please encourage him or her to apply for the scholarship. A two-page application form is available. Please call 858-279-6088.

To qualify, applicants must:

- Return a completed and signed application.
- Provide copies of high school transcripts and proof of college registration.
- Provide a one-page typed essay describing his or her reasons for attending college.
- Be college-bound to an accredited two or four-year institution
- Currently reside in a WMA-member mobile home park (Kearney Lodge Park qualifies.)



ANNUAL PIANO RECITAL

Saturday June 13th from 10:30 am-12 noon

Mark Monroe will hold a recital so his students can perform for family, friends and others who enjoy attending recitals. This year, 13 of 14 students will perform. Most will play two piano songs (solo or duet), and three students will also sing.

Mark has lived in Unit #10 just over 2 years. He has taught piano and voice lessons in his home for over 10 years in San Diego. Most students are beginners to early advanced; ages 4 to 14. Some years, he also has adult students. He is excited that the Kearney Lodge Mobile Home Park Management recently purchased a "used" piano that sounds wonderful. It is kept under lock and key except for authorized use.

Please mark your calendars; there is no charge to attend the recital, and Mark invites anyone who is interested to come. There will be light refreshments after the performances. He believes that studying music improves a child's life in many ways.

DID YOU KNOW? The origin of "June" is Middle English, from Anglo-French and Latin; Anglo-French Juin, from Latin Junius. It is the sixth month of the Gregorian and Julian calendars, and one of four months with a length of 30 days. First known use: 14th century. <http://www.merriam-webster.com/dictionary/june> and <http://en.wikipedia.org/wiki/June>

PETER (PETE) A. ESPOSITO

May 19, 1926 — April 11, 2015

Peter lived in Kearney Lodge since 1990. He was born in Shenandoah PA, served in the Navy, and graduated from Penn State University in 1951.

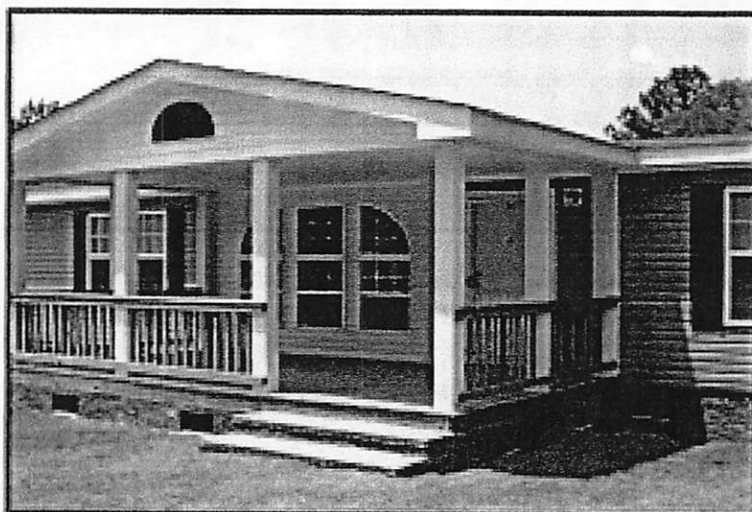
Pete was a journalist for the Elmira Star Gazette for 20 years; then worked for the New York State Sheriff's Department until 1989.

Pete is survived by his wife, Silvia, to whom he was married for 62 years. He is also survived by two daughters, one Son, four grandchildren and one great grandchild.

We extend our sincere sympathy to the family, friends, and neighbors of Peter A. Esposito.

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President: Joe Beatty 619-212-6495

Treasurer: Nadine Mein 858-277-8645

Medical Equipment Loans 858-277-8645

Vice President: Dara Dobbins 858-292-6935

Secretary:

Editor: Joleen J. Gonser 858-279-6088

Joleen.Gonser@gmail.com

The KLCC is a private association dedicated to serving and improving the quality of life for the entire community with emphasis on safety, courtesy and neighborhood.

Opinions expressed in "Letters to the Editor" sections of *The Connector* do not necessarily represent the views of the editorial staff, but are printed to encourage comments and discussion among resident homeowners. Submissions to *The Connector* must be received no later than the 20th of the month.

The Connector reserves the right to use such discretion as it may consider appropriate in the printing of advertising or other material submitted for publication herein.

You are encouraged to check the products and/or services advertised herein; however, the KLCC is **NOT** responsible for your use or purchase of them.



PRICES FOR NEWSLETTER ADS

Business Card-size = \$8 ----- 1/4 Page = \$12 ----- 1/2 Page = \$20 ----- Full Page = \$35

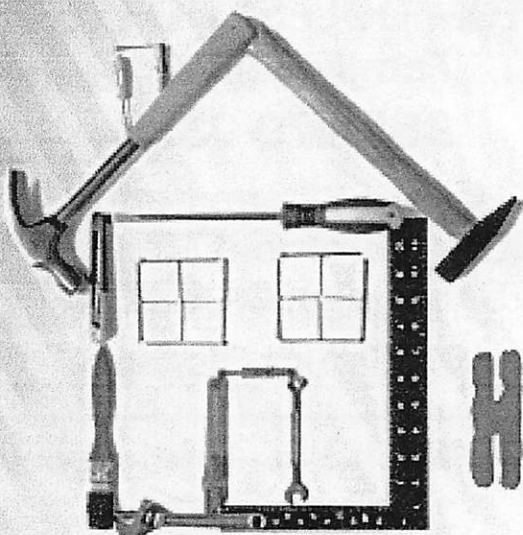
Kearney Lodge Office - 858-277-6060 <http://www.kearneylodge.net/index.htm>

Hours: M-W-F 9 am-4 pm & TU-TH 9 am-1 pm

Leave live or voicemail messages with the answering service after regular office hours.

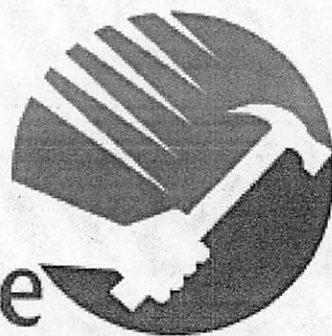
LOST & FOUND "CLOSET" AT PARK OFFICE

Take to- or look for- Lost or Found items at the Park Office during regular hours.



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KEARNEY LODGE COMMUNITY CONNECTION MEETING of MAY 14, 2015

Joe Beatty called the meeting to order at 7:00 PM. Due to only four in attendance, the meeting was brief.

TREASURER'S REPORT: Nadine Mein —

PREVIOUS BALANCE: (4-30-15) \$1,227.49

A. Income -Newsletter Ads +\$ 176.00

B. Donations +\$ 3.00

C. Newsletter copying - \$ 238.79

D. Expenses - \$ 10.00

NEW BALANCE: = \$1,157.70

OLD BUSINESS: — Joe Beatty

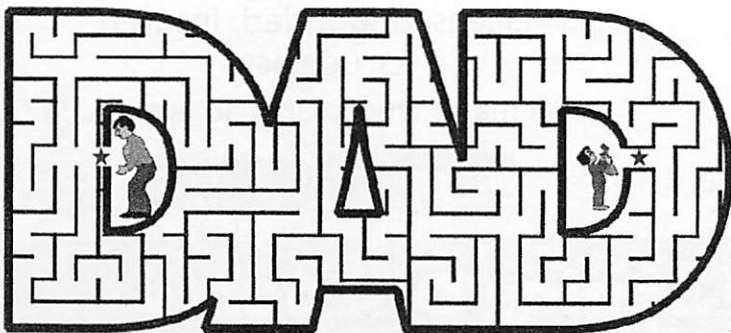
1. Shuffleboard has been pre-empted several times by a bounce-house and an overflow of personnel from Clubhouse events. However, Bryson plans to continue.
2. Dancercise is still postponed until a TV is provided in the Clubhouse.
3. Volunteers are need in several categories:
 - a. Social Coordinator
 - b. Secretary for KLCC
 - c. Block Captains in for emergency situations

SAFETY NOTE: Sometimes you may see people walking or driving through the Park that you don't recognize as residents. Just be aware of your surrounding an property at all times.

Keep safe and have a happy summer!

Respectfully submitted by Acting Secretary,

Ellen Conrad



KEARNEY LODGE COMMUNITY CONNECTION MEETING AGENDA JUNE 11, 2015 — 7 pm

Call to Order — Joe Beatty

Pledge of Allegiance — Joe Beatty

TREASURER'S REPORT —Nadine Mein

HOUSEKEEPING ANNOUNCEMENTS — Joe

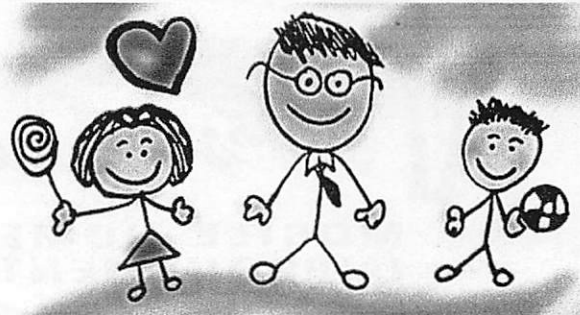
1. Rules of Order & Minutes Approval
2. Voluntary dues reminder (\$1.00) and Raffle Reminder
3. Calendar Update — Joe Beatty
4. Newsletter Ads update — Joe or Joleen

OLD BUSINESS/REPORTS:

1. Dancercise class update
2. Summer Party update
3. "Online Rent Paying" update
4. Writers/Contributors to Newsletter
5. Volunteers:
 - a. Social Coordinator
 - b. Secretary for KLCC
 - c. Block Captains for Emergencies
6. Newsletter Ads update — Joe or Joleen
7. Office Response Time update
8. Scholarship update

NEW BUSINESS:

1. **THE FUTURE** of the KLCC (Kearney Lodge Community Connection) —
Will we continue or resolve to dissolve?
 2. Suggestion Box Items
 3. Suggestions from the Floor
- Raffle Drawing
Adjourn



D is for the days we've spent together.
A is for the awesome things you do.
D is for your decency and kindness —
Dad, I am so glad that I have you!

— Leanne Gunther

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QUOTES

To compel a man to furnish funds for the propagation of ideas he disbelieves and abhors is sinful and tyrannical.
— *Thomas Jefferson*

When you accept a leadership role, you take on extra responsibility for your actions toward others.
— *Kelley Armstrong, "The Calling"*

It's easy to get excited about a new project or adventure. Excitement brings us all to the table fully charged and ready to put in the time and effort needed. But excitement dies quickly and the next shiny object is there to distract you. If you don't learn to find pleasure in the daily grind and the activities that are connected with accomplishing your most important goals... you will flop around like a fish out of water... never finding the focus required to accomplish anything significant. — *Ryan Gillespie*

If your worship experience is more about what you are doing or how it makes you feel, you are dangerously close to worship of yourself over God.
— *Jerry McCullah*

Swearing doesn't make your argument valid; it just tells the other person you have lost your class and control.
— *Shannon L. Alder*

Each day you are leading by example. Whether you realize it or not or whether it's positive or negative, you are influencing those around you. — *Rob Liano*

Be not afraid of Growing Slowly, be afraid of Standing Still.
— *Chinese Proverb*

10 WAYS CRAFTING WITH FRIENDS MAY IMPROVE MIND AND BRAIN WELLNESS:

- ✓ Mental challenge and problem solving
- ✓ Social connection
- ✓ Mindfulness
- ✓ Development of hand-eye coordination, spatial awareness and fine motor dexterity
- ✓ Learning and teaching
- ✓ Focusing attention and thoughts on a task
- ✓ Encouraging active creativity
- ✓ Gives a sense of pride and achievement
- ✓ Teaches patience and perseverance
- ✓ Facilitates memory formation and retrieval

From: <http://www.mindbodygreen.com/0-14252/why-crafting-is-great-for-your-brain-a-neuroscientist-explains.html>

Kearney Lodge Community Connection

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Have family & Friends interested in living here? Referral fee paid!
Thinking about selling? Now is the time!

FYI: Beware of sellers who use free, free, free — and to get best price use, experienced MH real estate agents!

6 deceptive little habits that sabotage your life!

- ① Worrying about things you can't change
- ② Blaming someone else for your results
- ③ Expecting perfection from others
- ④ Telling yourself that you can't
- ⑤ Jumping to conclusions
- ⑥ Procrastinating

THOUGHTS TO CONSIDER

The keys to effective relationships are gentleness and humility.

We learn the lesson of trust in the school of trial.

We are shaped and fashioned by what we love most.

It is not about knowing, but about living.

— *Victor Manuel Rivera, "In Search of True Freedom"*

Encourage one another and build each other up.

Life is either a daring adventure, or nothing.

— *Helen Keller*

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WOULD YOU VOLUNTEER TO BE A KEARNEY LODGE DRIVER?

Some residents, who have done this for years, need replacements. The Transportation Assistance program takes residents without their own transportation to medical appointments, supply runs, and more. The more drivers available, the less often each is needed. For information, please call 858-525-2282.

TRANSPORTATION SERVICE

Ellen and Lynnda coordinate the transportation needs of residents with the schedules of drivers. Please call Ellen: 858-525-2282 or Lynnda: 619-977-4472 to provide or request transportation. Please plan ahead.

Donations would be appreciated.

MAKE EMERGENCY or OTHER TRANSPORTATION REQUESTS THROUGH THE PROPER PUBLIC CHANNELS.

ENCOURAGE THE ADVERTISERS

in this newsletter, *The Connector*, by doing business with them. Be sure to check each business against your needs.

MEDICAL EQUIPMENT LENDING PROGRAM

The KLCC has a medical equipment lending program. Residents may borrow or donate such items as canes, crutches, walkers, and bathroom aids. Other items may also be available.

Call Nadine at 858-277-8645 to inquire about borrowing or donating medical items.

CONSIDER ADDING YOUR TALENTS

The KLCC is without a Secretary. The main function of the secretary is to cover KLCC meetings and provide a copy of the minutes to both the President of KLCC and to the newsletter editor.



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REPORTING NEIGHBORHOOD NEWS

To include more news about Kearney Lodge residents, your contributions are needed. Please tell us about important events like marriages, births, graduations, awards, someone coming home, and any other note-worthy events that occur.

Please let us know if...

- you got engaged or married...
- someone received an award...
- there is a new family member...
- you lost a family member...
- You're planning an event in K.L. that the public may attend...
- you need to borrow or donate medical equipment. (See article at left.)
- you need transportation (See article at left.)

For any of these or other important events, call someone listed on page 3.

A PLAN FOR LIFE

Every time I lift a weight or go for a run... every time I put effort into my business or do important work... every time I go to bed at night with a kiss and a smile for my wife... I make an investment in the bank of me. These investments, over time, create health, wealth, and happiness. These investments don't depend on any lottery or chance. Invest in the bank of you often and for life. These investments become habits... and the path to health, wealth, and happiness become a mindset and not a destination.

— Ryan Gillespie

SUGGESTIONS FOR ADDITIONAL ACTIVITIES AND EVENTS *plus OTHER COMMENTS*

Please fill out and put the form in the Suggestion Box or bring it in person to the monthly meeting.

OTHER COMMENTS: _____

Your Name and best method of contact: _____



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TIPS TO TRY

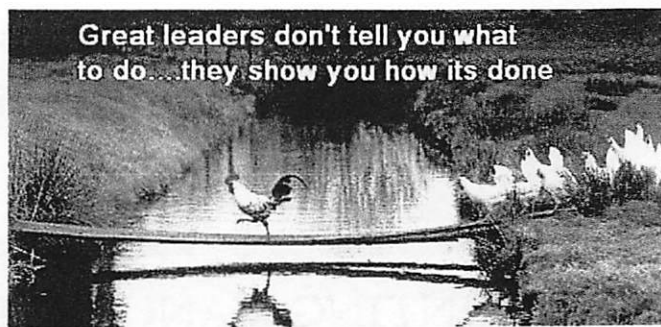
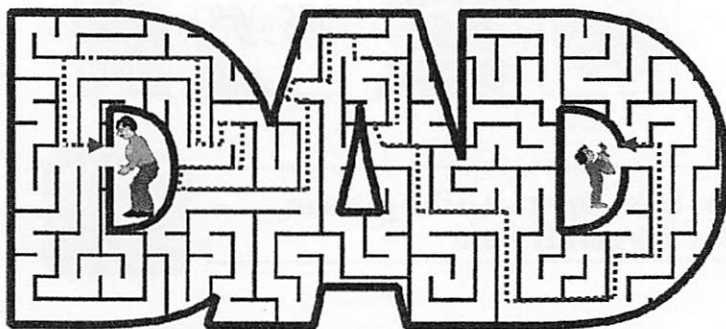
- Freeze leftover wine in ice cube trays for future use in casseroles or sauces.
- To keep ants out of the house, find where the ants enter and sprinkle a barrier of cinnamon or ground pepper to block their way. The spices are too hot for the ants to cross. *Cinnamon can stain some surfaces. Your Editor learned the hard way.*
- Stuff a miniature marshmallow in the point of a sugar cone to prevent ice cream drips.
- To keep potatoes from budding, put an apple in the potato bag.
- The freshness of eggs can be tested by placing them in large bowl of water. If they float, do not use them.



- Fresh lemon juice will remove onion odor from your hands.
- For a clogged shower head, try boiling it in $\frac{1}{2}$ cup vinegar and 1 quart water for 15 minutes.

(Your editor has also used a zipper bag, with a stronger vinegar solution, zipped or tied around the shower head in it's place overnight.)

- Baby wipes remove almost anything, from bloodstains to motor oil.
- Use egg whites to remove gum from clothing. Brush egg white onto the gum with an old, clean toothbrush. Let it sit for 15 minutes, then launder as usual.
- Try wearing latex dish gloves to open difficult jars. The non-slip grip makes it easier.



Great leaders don't tell you what to do...they show you how its done

XERISCAPE GARDEN

Kearney Lodge Park Management allotted an area along the fence near the RV parking as a community garden for drought-resistant plants similar to the area at the Park entrance. There is a faucet nearby. One needs to bring all equipment.

If you have starts of appropriate plants to donate and want to contribute a little time, this is the season. Salvias, sedums, and native plants are suitable.

Check each variety. Contact Joe Beatty or Park Management for more information.



^Aloe



<Agave

ANOTHER USEFUL TIP: NO MORE LOST EQUIPMENT or APPLIANCE MANUALS

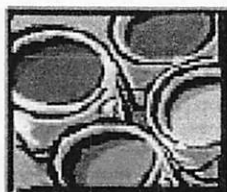
When you buy or receive a new items with a new owner's manual or guide, use a three-ring binder with plastic sleeve inserts. Label the binder and put the manuals in alphabetic order. Put one manual/guide in each sleeve and set the binder on a shelf or bookcase. Then you'll be able to find whatever you need whenever you need it.

NEWSPAPER BAGS

Thanks for those already received.

For more information, please call Joleen at 858-279-6088.

KEARNEY LODGE
COMMUNITY
CONNECTION
MONTHLY MEETING
ON THURSDAY,
JUNE 11, 2015
7:00 PM
IN THE CLUBHOUSE.



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2. Do you really want to be **ILLEGAL** by hiring him?*
3. Normally all insurance excludes a willful **ILLEGAL** act.
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1. Check www.cslb.ca.gov to make sure the license is in force.
2. Contractor must use valid contract of sale (w/3day right to rescind).
3. You should possess the contractors current Certificates of Insurance for Workers Compensation and Liability

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Some addresses are self-explanatory.

<http://www.humfer.net/index.html>

<http://www.mooglyblog.com/the-moogly-crochet-alphabet/>

<http://odyb.net/discoveries/27-medicinal-plants-worth-your-garden-space/>

<http://www.thegardenglove.com/12-great-diy-greenhouse-projects/>

<http://www.grancanaria-explorer.com/aloe-vera-plant/>

<http://complete-health-and-happiness.com/it-was-hard-to-snack-healthy-until-i-learned-these-22-delicious-metabolism-boosting-ideas/>

http://blog.gardenloversclub.com/container-gardening/20-low-budget-garden-pots-container-projects/?utm_source=Facebook&utm_medium=20GardenPotsClicksMobileAd2&utm_campaign=20GardenPotsWebClicks

SPRING CLEANING ?

Did Spring cleaning leave you with a box or bag of perfectly good yarn, but you have no plans to use it? Please donate it to the Special Military Active Retired Travel (S*M*A*R*T) club. The members take yarn to the Miramar brig where the personnel there create lap robes for patients in the Veteran's Hospital.

Please call 858-279-6088 to arrange collection of your extra yarn. Thank you very much.



FATHER'S DAY WORD SEARCH

S	S	D	S	S	R	L	G	Z	T	X	K	R	L	B
T	E	F	L	W	E	A	L	H	I	I	A	G	N	A
R	K	U	O	E	T	X	O	A	S	P	H	U	G	S
O	O	N	O	E	H	U	U	S	B	T	R	A	E	H
P	J	N	T	T	G	D	E	V	O	T	E	D	G	V
S	T	Y	O	H	U	S	L	S	U	M	O	N	M	G
F	V	C	T	H	A	W	E	R	O	Z	O	O	N	W
V	I	F	E	G	L	I	E	H	Q	R	L	I	F	H
D	U	S	I	P	R	T	C	E	T	O	R	P	L	O
L	A	F	H	O	S	F	N	S	V	A	J	G	A	L
E	T	D	M	I	U	E	A	E	C	G	U	I	I	I
S	I	E	D	J	N	Z	R	T	R	W	N	V	C	D
A	M	T	L	Y	Z	G	O	I	H	A	E	I	E	A
F	A	M	I	L	Y	B	R	A	V	E	P	N	P	Y
N	E	R	D	L	I	H	C	Q	B	B	R	G	S	O

BBQ	FATHER	HOLIDAY	LAUGHTER	SPECIAL
BRAVE	FISHING	HOME	LOVE	SPORTS
CARING	FOOTBALL	HONOR	MEMORIES	STRING
CHILDREN	FUNNY	HUGS	NURTURE	SWEET
DADDY	GIFTS	JOKES	PARENT	THOUGHTFUL
DEVOTED	GIVING	JUNE	PROTECT	TIE
FAMILY	HEART	KISSES	RESPECT	TOOLS

QUOTES — Sometimes people are beautiful. Not in looks. Not in what they say. Just in what they are. — Markus Zusak

Good friends are like quilts — they age with you, and yet, they never lose their warmth. Take good care of them. — Author Unknown



EVER WONDER ABOUT THE

BIBLE ?

CAN YOU BELIEVE WHAT IT SAYS?

IS IT STILL RELEVANT IN TODAY'S BUSY
& COMPLICATED WORLD?

***** COME AND LEARN FOR YOURSELF *****

NON DENOMINATIONAL BIBLE STUDY

EVERY FRIDAY NIGHT 7PM - 9PM

IN THE NORTH WEST LAUNDRY/POOL HOUSE REC. ROOM

* NO PRESSURE * FRIENDLY FOLKS * REFRESHMENTS *

**KEARNEY LODGE
COMMUNITY CONNECTION
MONTHLY MEETING
THURSDAY, JUNE 11, 2015
AT 7:00 PM
IN THE CLUBHOUSE.**



POLLINATOR-FRIENDLY YARDS

Attracting pollinators, such as bees, butterflies, wasps, moths and hummingbirds, benefits every plant in your garden. And by planning beds and borders with these helpers in mind, you'll also provide for their needs, especially when other food and nectar sources may not be abundant.

Ward off wind — Pollinators are lightweight and easily disturbed by strong gusts. A garden bed designed for them would be incomplete without some wind protection, like a stone wall and evergreen hedge behind a bed.

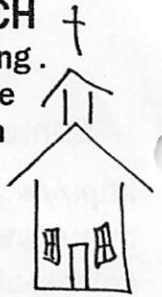
Diversity rules — Include all types of plants in your landscape: shrubs, grasses, vines, and bulbs. This way, the many flower shapes will meet the needs of different pollinators, inviting many different types.

Mixing bloom shapes and sizes creates pretty contrast, too. When you choose a variety of plants, your garden will have a natural range of bloom times, extending feeding. Summer may be when they're busiest, but bees, butterflies, wasps, moths and hummingbirds may visit your garden all year 'round in San Diego.

Power in numbers — Plant in sweeps to minimize the distance pollinators travel, and the energy they spend, to gather pollen and nectar. Masses of bright color work like magnets for butterflies and hummingbirds, and clustering multiples of the same flower together increases pollination chances. Colorful sweeps of plants make a big impact on human visitors, too.

SMALL CHILDREN IN CHURCH

A little boy was in a relative's wedding. As he was coming down the aisle, he would take two steps, stop, and turn to the crowd. While facing the crowd, he would put his hands up like claws and roar. So it went, step, step, ROAR, step, step, ROAR, all the way down the aisle.



As you can imagine, the crowd was near tears from laughing so hard by the time he reached the pulpit. When asked what he was doing, the child sniffed, and said, "I was being the Ring Bear."

A little boy opened the big and old family Bible with fascination, looking at the old pages as he turned them. Then something fell out of the Bible. He picked it up and looked at it closely. It was an old leaf from a tree that was pressed in between the pages.

"Mama, look what I found," the boy called out. "What have you got there, dear?" his mother asked. With astonishment in his voice, he answered, "It's Adam's suit".

Six-year old Angie, and her four-year old brother, Joel, were sitting together in church. Joel giggled, sang and talked out loud. Finally, his big sister had had enough. "You're not supposed to talk out loud in church."

"Why? Who's going to stop me?" Joel asked. Angie pointed to the back of the church and said, "See those two men standing by the door? They're hushers."

My grandson was visiting one day when he asked, "Grandma, do you know how you and God are alike?" I mentally polished my halo, while I asked, "No, how are we alike?" "You're both old," he said.

A little boy was overheard praying: "Lord, if you can't make me a better boy, don't worry about it. I'm having a real good time like I am."

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Faithful
Always there
Trustworthy
Honoring
Ever-loving
Righteous
Supportive

**HAPPY
FATHER'S
DAY**

Author unknown



14 Common Foods that Can Kill Your Pet

1. Xylitol (a sweetener)
2. Caffeine
3. Chocolate
4. Grapes & Raisins
5. Alcohol
6. Onions and Garlic
7. Nuts, especially Macadamia nuts
8. Avocados, persimmons, peaches and plums
9. Yeast Dough
10. Raw/Undercooked Meat, Fish and Eggs
11. Fat Trimmings and Bones
12. Milk and dairy products
13. Salt
14. Sugar can affect pets much as it affects humans, leading to dental problems, behavioral issues, obesity, and even diabetes.

Feeding your pet the right food and watching out for unusual symptoms that may indicate food poisoning will enable you and your pet to enjoy each other's company for many years to come.

Details: <http://www.healthtipswatch.com/14-common-foods-that-can-kill-your-pet.html>

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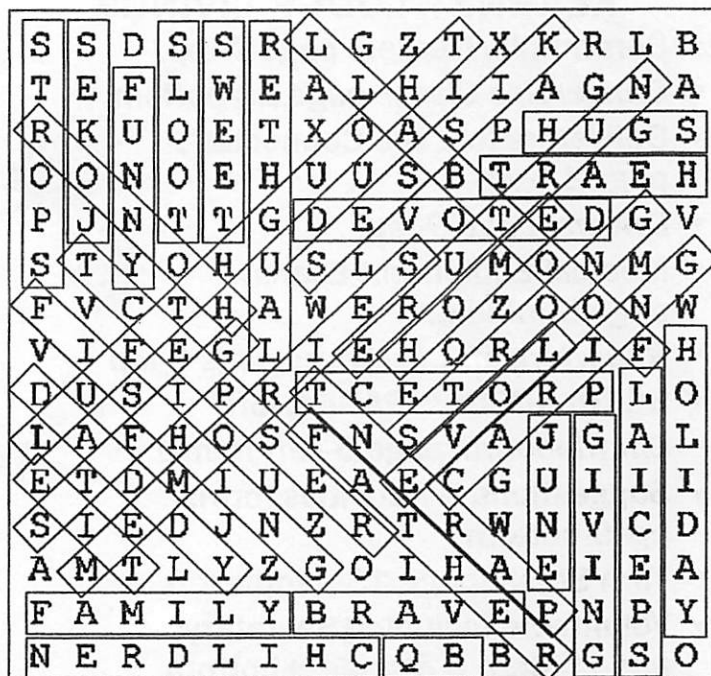
CASH-SAVING, CLEANING TIP

If you run out of sheets for your wet/dry mop (such as Swiffer), just dampen an inside-out cotton sock with your favorite cleaning solution, stretch it around the mop head and use normally. The cotton sock will effectively pick up dust and dirt, leaving your floors spotless. Bonus — when you're finished cleaning, you can just toss the sock in the wash and reuse.



CLEAN A CELL PHONE

To safely remove finger-prints and smudges from your phone, fill a spray bottle with 8 oz. rubbing alcohol and 8 oz. of water. Add three (3) drops of liquid dish soap and lightly spritz the screen, then wipe the phone dry with a lint-free cloth. Soap cuts through dirt and oil while the rubbing alcohol kills germs on the phone's surface. (Save the remaining cleaner solution for future use.)



JUNE 2015

HAPPY BIRTHDAY JUNE Celebrants!

Stone = Pearl — Flower = Rose



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DAD A son's first Hero. A daughter's first Love.	1 6 pm Painters	2	3	4 9 am Quilters	5 7 pm Bingo 7 pm Bible Study	6 New FARMERS MARKET at Madison High School every Saturday from 9-3.
7 3:30 pm Shuffleboard	8 6 pm Painters	9 6 pm Movie Night	10	11 9 am Quilters 7 pm KLCC Meeting	12 7 pm Bingo 7 pm Bible Study	13
14 FLAG DAY 3:30 pm Shuffleboard	15 6 pm Painters	16	17	18 9 am Quilters	19 7 pm Bingo 7 pm Bible Study	20
21 SUMMER Begins FATHER'S DAY 	22 6 pm Painters	23 6 pm Movie Night	24	25 9 am Quilters	26 7 pm Bingo 7 pm Bible Study	27
28 3:30 pm Shuffleboard	29 6 pm Painters	30	My photographs don't do me justice—they just look like me. Whatever you may look like, marry a man your own age. As your beauty fades, so will his eyesight. — Phyllis Diller			

ARE YOU PARTICIPATING IN KEARNEY LODGE LIVING?

- ✓ Community Garden: page 7-top.
- *Dancercise Class*: page 13-bottom.
- ✓ Deliverers for "The Connector": page 14-top.
- *Drivers*: page 9-top.
- ✓ Medical Equipment Loans: page 9-middle.
- *Reporters of K.L. News*: page 9-top
- ✓ **SCHOLARSHIP**: PAGE 1-left.
- *Shuffleboard*: page 5-Left item 1
- ✓ Suggestions & Activities form: pg. 9-bottom.
- *Yarn Stash*: page 13-middle left
- ✓ Volunteers including Secretary: page 5-item 6 & page 9-bottom



NO-BAKE CHEESECAKE

8 oz. softened cream cheese and ½ cup granulated sugar (or as desired) Blend together with a mixer; then gently fold in 8 oz. thawed whipped topping.

Use individual ramekins, cupcake cups, plastic cups, or *even your beautiful vintage teacups* to make it a special occasion. Spoon some filling into the containers and chill at least two hours before serving. Garnish with berries or sliced fruit.

Variation: Blend in 1 tsp lemon extract and ½ tsp vanilla extract with cream cheese and sugar. Use one Lemonade cookie on the bottom, icing side down; then add filling.

