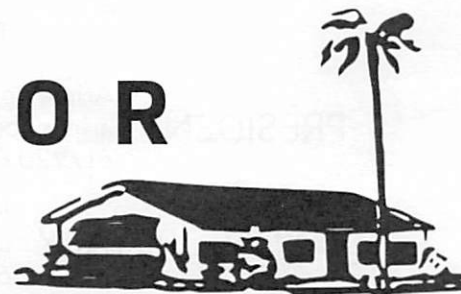


THE CONNECTOR

Community News + Information

JANUARY 2023



KEARNEY LODGE

A MOBILE HOME COMMUNITY

The KLCC had their annual elections on December 10th and we wanted to welcome all the new and previous residents of Kearney Lodge to The Connector and introduce our Board while spotlighting our exiting President, **Chuck Dombrow**.

Chuck Dombrow has lived at Kearney Lodge for almost 40 years and has been the President of the KLCC for the last 6. Ending his tenure with the board last Saturday, we wanted to reflect on who Chuck is to our community and his family. The eldest of 9 siblings, Chuck grew up in Detroit and joined the Navy at 18 where he spent 21 years on ships out of Guam, Yokosuka Japan, Alameda and San Diego and served 4 years during the Vietnam war. Chuck retired as a Chief Warrant Officer in 1979.



Following his service to the US Navy, Chuck became an active member of the Moose Lodge – within his first month of membership he was appointed Inner Guard and the Ritual Prelate. In '87 he was elected Lodge Prelate and was awarded Membership Chairman of the year. A year later Chuck was appointed Jr. Governor and in '88 was elected Governor for the following year. Membership increased under his lead and he set up a "Just say No" program at the local San Diego Middle School.

In 1990, Chuck was elected President of District 23 – attendance was at an all time high and he led the way with service to the community. Chuck received donations to feed 1,400 participants in the San Diego Special Olympics, an event held twice a year. Chuck held several other positions within the Moose Lodge and was elected Governor for the second time for the 1993-94 year. Following his stint as Governor, he took on the Lodge Administrator role until 2006 where he was nominated as Administrator of the Year 5 times during his term. Chuck also worked for 16 years as Operations Supervisor at General Dynamics, retiring in 1995.

Active in the California-Nevada Moose Association, he was elected Treasurer in 2004 and became the editor of the Associations Newsletter. In 2005, Chuck was elected Association Prelate and Vice President in 2006. On September 8, 2007, Chuck was elected Association President at the annual convention in Reno, Nevada.

Chuck has 3 children, 5 grandchildren and 4 great-grandchildren. Chuck and our current KLCC Treasurer, Valerie Dombrow have been married since 2003. After serving 6 years on the KLCC Board as President, Chuck has passed the gavel but will continue to be involved, helping to give sage advice and an unparalleled knowledge of leadership, stewardship and community service. **We thank Chuck for all his years of service to our country and our community.**

Next: Meet the other members of the Board :)

KLCC Board of Officers

PRESIDENT

Arin Wiggins
arin.klcc@gmail.com
619.920.6808

VICE PRESIDENT

Ron Maurice
858.633.8033

SECRETARY

Amber Bennett
crazycarrot1.ab@gmail.com
619.344.1857

TREASURER

Valerie Dombrow
vadombrow@yahoo.com
858.243.3054

Ron Maurice, Vice President at the KLCC, has been serving our K.L. Community since arriving here in 2012. As a charitable neighbor, Ron has served K.L. Residents by offering rides to doctor appointments, grocery shopping trips and the like. He began serving on KLCC as Vice President in 2016 and is responsible for the "Best Yard" award as well as managing the medical equipment shed here at Kearney Lodge. He also represents KLCC by attending the Neighborhood Watch monthly meetings. Ron is a supportive attendee of the Friday night Bible study held in the park and he never misses an opportunity to encourage a friend or neighbor in a spiritual manner. Those of us who know him well appreciate his friendship and steadfast and dedicated support in the more important aspects of life and Christian belief.

Amber Bennett, our KLCC Secretary since 2016, moved to San Diego in the Fall of 2000 to start her four-year Bachelor's degree in Biblical Studies with an emphasis in Exposition. Six months after graduation in 2004, she became a permanent KL resident with her husband of 17 years, Eric Kolodge. Amber has enjoyed befriending many residents in the park, who have become DEAR friends through community engagement, game nights and getting together for lunch around the county. Amber is an asset to Kearney Lodge, who enjoys assisting our elderly residents by providing rides, shopping + in-home help for those unable to complete challenging tasks inside and outside of their homes. Amber also helped spearhead the KLCC Neighborhood Watch program in 2018 as a Block Captain and is grateful to continue on as Secretary into 2023 and is excited for newly elected President, Arin Wiggins, to bring fun and engaging changes as Kearney Lodge Park continues to add young families to our community. Amber would like to thank each and every resident who has supported the KLCC, volunteered for events and would like to *share a special thanks to our veteran newsletter editor, Joleen Conner, for her devotion and passion to The Connector Newsletter over the last 25 years. We hope our 2023 Newsletter makes you proud.*

Our KLCC Treasurer, **Valerie Dombrow** grew up as a self-proclaimed "Navy brat" moving every 3 years between California and Hawaii – we are all very jealous! She has lived in Kearney Lodge for 20 some odd years and has served on the KLCC Board for 6 years as Treasurer. Valerie worked for years as an accountant which makes her the perfect fit for our Treasury chair. She loves her family tradition of watching Navy beat Army (as often as possible) and her great niece recently graduated from the Naval Academy and will be serving here in San Diego at our submarine base working in military communications.

Our new President, **Arin Wiggins** was named successor by Chuck Dombrow and voted into office by the board and community attendees at our elections December 10th. A San Diego native, Arin moved into KL with her partner, Parker, who is Chief Engineer at a top-10 boutique hotel in Downtown San Diego and their two amazing kids, Noah and Xane in April 2022 and has some big shoes to fill at the KLCC. She is very excited to continue the Board's mission of community, safety and sprinkle in some fun along the way. Arin is an artist, graphic designer and Director of Operations for a national PR firm as well as a local bilingual marketing firm and is working to build a media company with her longtime, Emmy Award-winning bestie Ericka, focusing on arts, media communications, community events and outreach in San Diego. She hopes to meet **EVERYONE** at KL and work together to unite residents and management to improve our community for current and future residents.

We are delighted that Ron, Amber and Valerie will continue on our Board at KLCC and are excited for what 2023 will bring our community - we hope to have more neighbor involvement and see our faithful attendees as well as new faces at our meetings. We look forward to working together to gather once again.

What do YOU want to see in The Connector?
Let us know! Drop your ideas in the suggestion box by the office.

8 Fun New Year's Facts & Traditions

It's the New Year! A time when millions of people will celebrate with food, new resolutions or even a kiss as the clock strikes 12. But how much do you know about the holiday? Here are 10 fun facts about New Year's.

1. The first New Year's celebration dates back 4,000 years. Julius Caesar, the emperor of Rome, was the first to declare Jan. 1 a national holiday. He named the month after Janus, the Roman god of doors and gates. Janus had two faces, one looking forward and one looking back. Caesar felt that a month named after this god would be fitting.
2. 45% of Americans make New Year's resolutions. The top resolutions are: to lose weight, get organized, to spend less and save more, to stay fit and healthy, and to quit smoking. While nearly half of all Americans make resolutions, 25% of them give up on their resolutions by the second week of January.
3. Be sure to eat leafy greens on New Year's. Tradition says that the more leafy greens a person eats, the more prosperity he or she will experience (what an incentive for staying healthy!). Tradition also says that legumes bring prosperity because beans and peas look like coins. No wonder why so many people eat black eyed peas on Jan. 1.
4. Many people ring in New Year's by popping open a bottle of champagne. Americans drink close to 360 million glasses of sparkling wine during this time. The bubbly stuff dates back to the 17th century, when the cork was invented.
5. About 1 million people gather in New York City's Times Square to watch the ball drop. The Times Square New Year's Eve ball drop came about because of a ban on fireworks. The first ball in 1907 was 700 pounds and was lit with 100 25-watt lights. The current ball puts the old one to shame (thanks to technology). Today, it is covered in 2,688 crystals, is lit by 32,000 LED lights, weighs 11,875 pounds and is 12 feet in diameter.
6. Remember the last scene in When Harry Met Sally, when Harry references a song after he and Sally kiss? It was Auld Lang Syne, a song traditionally sung at the end of New Year's parties. Poet Robert Burns wrote it in 1788. Though most people do not know the words to Auld Lang Syne, the overall message is that people have to remember their loved ones, dead or alive, and keep them close in their hearts.
7. If Santa is the most common symbol associated with Christmas, then Baby New Year is the symbol most commonly associated with....you guessed it, New Year's! Baby New Year is often seen in a diaper, black top hat and a sash showing the numbers of the new year. Myth states that he matures into an old man during the year.
8. At the Mummers Parade in Philadelphia, 10,000 participants step through City Hall and perform in unique costumes. The parade dates back to mid-17th-century, incorporating elements from Irish, German, English, Swedish and other European heritages. The parade itself is divided into five divisions: a comic division, wench brigades, fancy division, string bands and fancy bridges. If you are in the area for New Year's, be sure to check out this event.



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FUN FOR SENIORS

San Diego Parks and Recreation | Cathy Hopper Clairemont Friendship Center

Clairemont Celebrates Grand Re-Opening Of Neighborhood's Only Senior Center

- 4425 Bannock Avenue, San Diego, CA 92117 | (858) 483-4007

San Diego County Health and Human Services: *Aging & Independence Services*

The Age Well San Diego Transportation Team created the Ride Well to Age Well Guide as a way to catalog transportation options throughout San Diego County. The guide explains how to download and use mobile applications such as Lyft, and provides a glossary of common transportation terms. **Transportation Options:**

- **FACT (Facilitating Access to Coordinated Transportation) | (888) 924-3228**

Description:



- FACT is offering low-cost rides in San Diego County for seniors aged 60+, persons with disabilities, students, veterans, and other residents who need assistance to make essential trips for medical needs or grocery needs.
- To arrange for a ride, call between 8:00am and 3:00pm, M–F
- Please have the name(s) of the rider(s) to be transported, the pick-up address and time, and specify if any rider uses a mobility device such as a wheelchair or scooter
- Rides are available on a first-come, first-served basis
- Call at least one day ahead, if possible, to arrange for a ride

- **MTS Access | (619) 557-4555**
- **On the Go | (858) 637-3210**
- **GoGoGrandparents | (855) 464-6872**
- **Healthy Living: *Aging & Independence Services* | 800-339-4661**

- Feeling Fit Club
- Tai Chi for Arthritis and Fall Prevention
- Tai Chi: Moving for Better Balance
- Local Walking Groups
- Healthier Living with Chronic Conditions
- Healthier Living with Diabetes
- Healthier Living with Chronic Pain



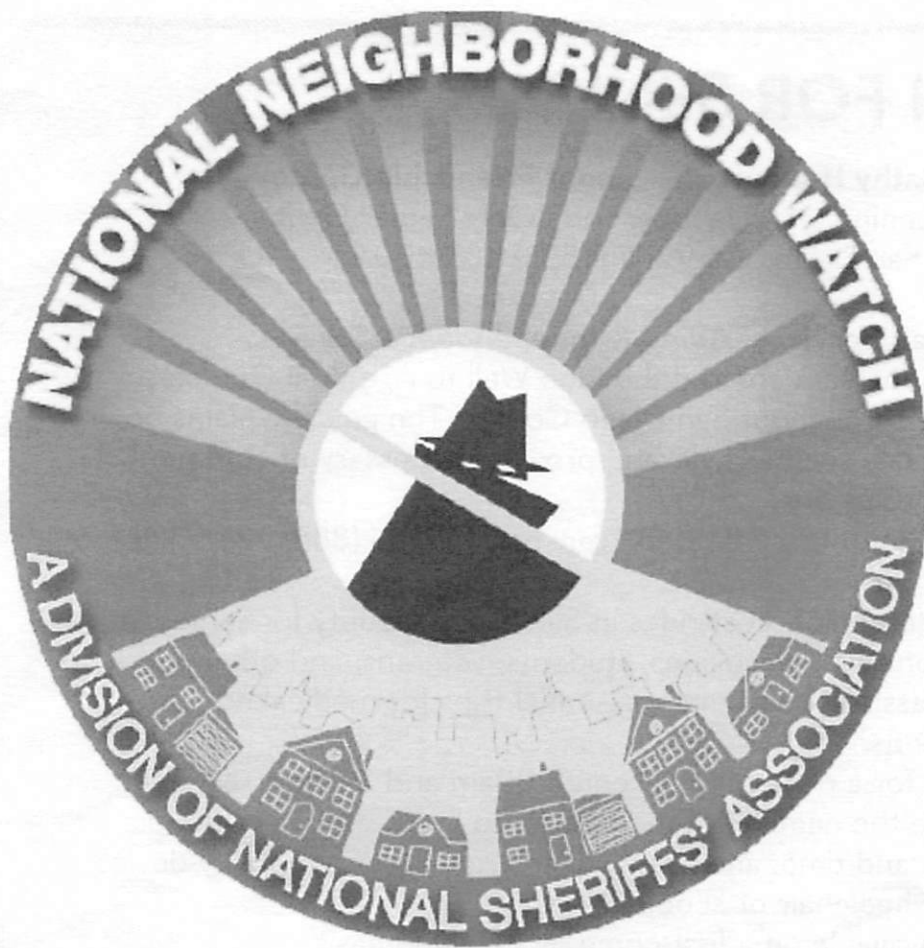
DIAL 2-1-1

California Communities allow seniors to call 2-1-1 to find local resources including adult day activities, community meals, respite care, home health care, transportation and homemaker services.

San Diego Community College District | *Free Courses Adults 55+*

Beginning Feb. 2, 2022 adults 55 and older can learn another creative skill for no-cost that enhances brain function and reverses the effects of age-related decline as well as for personal enrichment. From playing the Ukulele, watercolor painting, healthy living to preparing for retirement, San Diego College of Continuing Education's (SDCCE's) Emeritus Program offers free online and hybrid classes throughout San Diego County.

- MESA College | Student Services: 619-388-1950



Kearney Lodge Neighborhood Watch meets the first Thursday of the month at 6pm in the front clubhouse.

As residents we need to take responsibility for keeping our community safe. That means we should all attend these meetings. We discuss what is happening in our community, events and how we can improve our program.

At this time, we have openings for Block Captains. Please come to the meeting and talk to our chairman, Bob Muse to find out where the openings are and the duties of Block Captains. The meetings last between 30 minutes and an hour. They are fun and a great way to meet other residents and continue to keep our community safe.

KLCC TRANSPORTATION HELP The KLCC also needs volunteer drivers to provide occasional transportation to appointments and shopping for residents who don't drive. Please call 858.27.6088 if you would like to volunteer.

KLCC MEDICAL EQUIPMENT LENDING PROGRAM Please be advised that additional donations of medical equipment currently cannot be accepted. The small shed is full, however, residents may continue to borrow items from the shed.

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(if you don't see it on this list, ask!)

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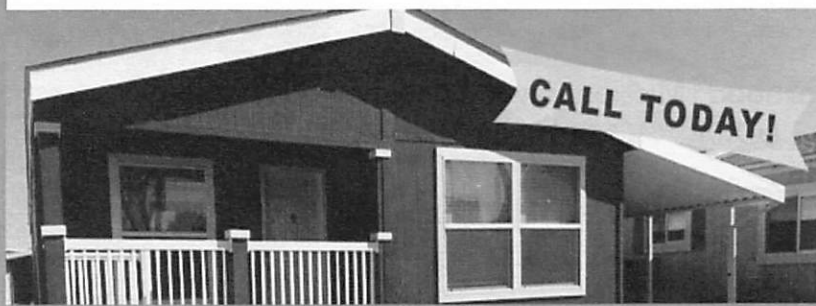
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8 FAMILY FUN EVENTS IN JANUARY



Festivals | Neighborhood: Downtown | 858.550.0080
SAN DIEGO INTERNATIONAL AUTO SHOW
 Dec 30, 2022 - Jan 2, 2023 | \$12-18, children 6 + under, FREE



Music | Neighborhood: La Jolla | 858.454.5872
SOUND ON SOUND FESTIVAL | SPOLIA: 15TH ANNUAL
 Athenaeum Music & Arts Library
 Jan 5 - Jan 7, 2023 | Single tickets: \$12-\$30, Festival pass: \$30-\$85



Festivals | Neighborhood: Poway | 858.668.4671
POWAY WINTER FESTIVAL
 Jan 13 - Jan 14, 2023 | FREE



Attractions | Neighborhood: North Coastal | 888.690.5346
KIDS MARATHON MILE AT LEGOLAND CALIFORNIA
 LEGOLAND California
 Jan 14, 2023 | \$30-\$35



Attractions | Neighborhood: Mission Bay + Beaches | 619.222.4732
SEAWORLD'S INSIDE LOOK: GO BEHIND THE SCENES
 SeaWorld San Diego
 Jan 14 - Jan 16, 2023 | INCLUDED WITH PARK ADMISSION



Arts & Culture | Neighborhood: Downtown
41ST ANNUAL MARTIN LUTHER KING JR. DAY PARADE
 Jan 15, 2023 | FREE

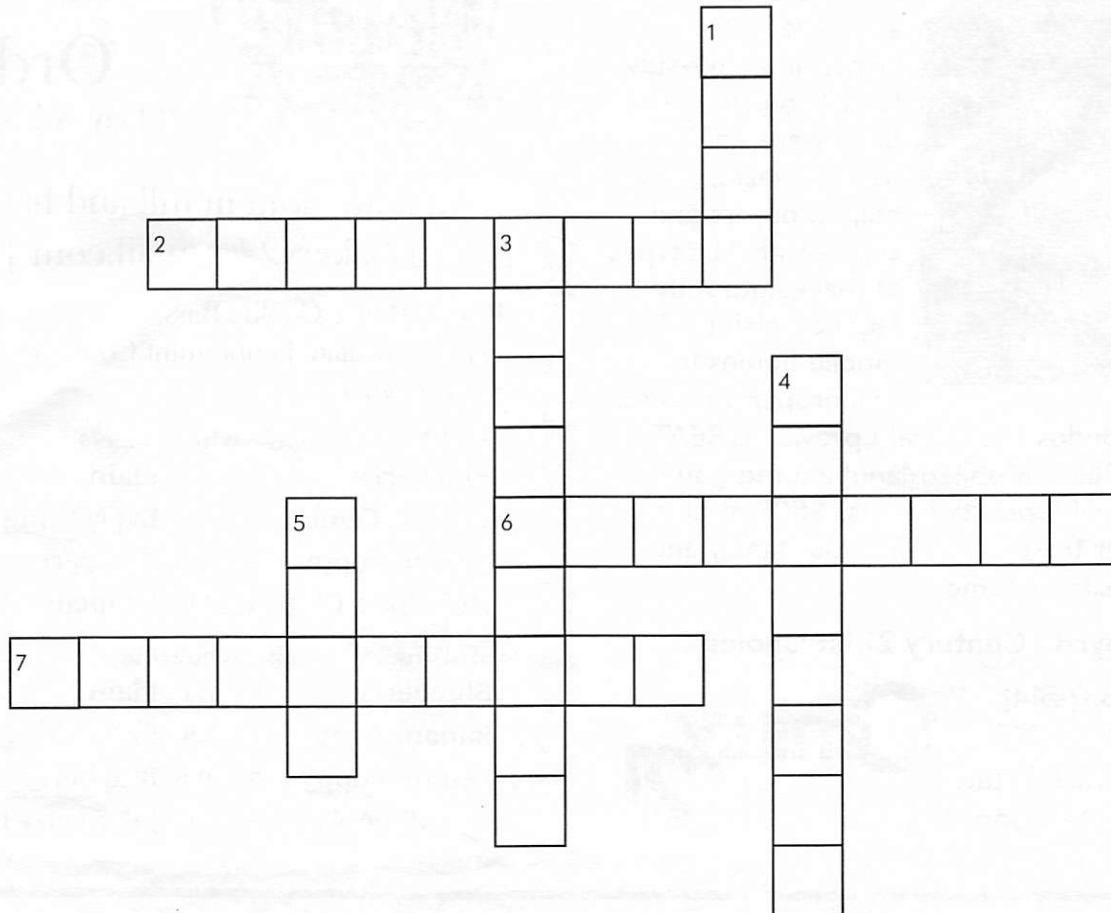


Attractions | Neighborhood: North Coastal
JURASSIC QUEST: THE MOST POPULAR DINOSAUR EVENT
 Del Mar Fairgrounds 22nd DAA
 Jan 20 - Jan 22, 2023 | \$19-\$36



Festivals | Neighborhood: North + South Park
40TH ANNUAL SAN DIEGO LUNAR NEW YEAR FESTIVAL
 Jan 20 - Jan 22, 2023 | FREE

JANUARY CROSSWORD



Down:

1. our wonderful kids in the neighborhood do this often
3. the people we share our community with
4. at Kearney Lodge, we have 2 facilities for this activity
5. the type of community we live in here at Kearney Lodge

Across:

2. what we hope to build here at Kearney Lodge
6. a state of well-being and contentment we hope residents have at Kearney Lodge
7. the awesome neighborhood Kearney Lodge is located in within San Diego

NEWSLETTER AD PRICES PER MONTH

Monthly payments for ads must be received by the KLCC Treasurer prior to publication.

Please contact The Connector at:
vadombrow@yahoo.com each month to
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Dark Chocolate Peppermint Cookies	\$7/13
Sugar Cookies	\$6/11
Muffins	half whole
Blueberry	4 7.5 Plain 6 12
Banana Crmb.	4 7.5 Everything 6 12
Lemon Poppy	5 9.5 Blueberry 8 15
Dbl. Choc. Chip	6 11 Jalapeno Chs. 8 15
Muffins	half whole Bagels
Blueberry	4 7.5 Plain 6 12
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JANUARY 2023

SAN DIEGO UNIFIED:
SCHOOL RESUMES JANUARY 3RD

COME TO THIS:

FYI
THE PAINTERS
are an art
group.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Last Days of Winter Break	2	3 BACK TO SCHOOL	4	5	6	7
8	9 PAINTERS 6PM	10	11	12	13	14 KLCC BOARD MEETING 2PM
15	16 Martin Luther King Jr. Day PAINTERS 6PM	17	18	19 Dolly Parton's Birthday	20	21
22	23 LUNAR NEW YEAR Year of the rabbit PAINTERS 6PM	24	25	26	27 International Holocaust Remembrance Day	28
29	30	31	There are several awareness months celebrated in January — though the five that often get the most attention include National Blood Donor Month, Cervical Health Awareness Month, Mental Wellness Month, Poverty Awareness Month, and Veganuary.			

KEARNEY LODGE PARK UPDATES

New street signs are on their way!

We are hoping to resume community activities in the clubhouse!

Keep an eye out for a request for your opinions, ideas and thoughts on community events!

PRIVATE ORGANIZATION NOTIFICATION

The KLCC is a private association dedicated to serving and improving the quality of life for the entire community with emphasis on safety, courtesy and neighborhood. Opinions expressed in "letters to the editor" sections of **The Connector** do not necessarily represent the views of the editorial staff, but are printed to encourage comments and discussion among resident homeowners.

Submissions to **The Connector** must be received NO LATER THAN THE 20TH OF EACH MONTH.

The Connector reserves the right to use such discretion as it may consider appropriate in the printing of advertising or other materials submitted for publication. You are encouraged to do your own research prior to utilizing the products and/or services advertised herein.

Advertisements of products or services do not imply endorsement in any capacity.

The KLCC is NOT RESPONSIBLE for your use or purchase of them.