

RECYCLING MEDICAL "SHARPS"

Home-generated "sharps" waste such as hypodermic needles, pen needles, intravenous needles, acupuncture needles, lancets, and other devices that are used to penetrate skin for the delivery of medication or to conduct a blood test can now be dropped off at locations throughout San Diego.

Remember, California State Law prohibits the disposal of home-generated sharps into any container used for the trash, recycling, or green waste.

For more info call, 858-694-7000 or visit the website at http://www.sandiego.gov/environmental-services/ep/hazardous/medsharpsdisposal.shtml

- José Ysea, City of San Diego

In love of home, the love of country has its rise.

Charles Dickens



JULY 2015

Happy Birthday America Celebrate Independence Day

> IN MEMORY OF Carol Williams

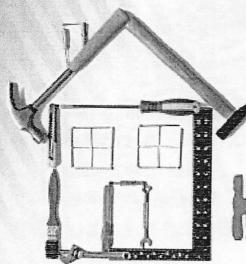
February 2, 1952 to May 7, 2015

Carol is survived by her son,
Jimmy, of Washington state,
and also her mother, Irene Cox,
her sisters Mary Jo Cox and Linda
Powers, and her brother Tom Cox,
all San Diego residents.

We extend our sincere sympathy to the family, friends and neighbors of Carol Williams.

NO JULY MEETING KEARNEY LODGE COMMUNITY CONNECTION

DID YOU KNOW? The origin of "July" is Middle English Julie, from Old English Julius, from Latin, from Gaius Julius. It was named by the Roman Senate in honor of the Roman general, Julius Caesar, it being the month of his birth. It is the seventh month of the Gregorian and Julian calendars and one of seven months with the length of 31 days. First known use: 13th century. http://www.merriam-webster.com/dictionary/july and http://en.wikipedia.org/wiki/July



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- · Plumbing Repairs & Re-plumb
- · Sub-Floor Repair
- · Earthquake Bracing



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- Awnings & Awning Post
- Kitchen & Bath Remodels
- Painting
- * Siding
- Swamp Coolers
- · Patio Covers
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10% Senior Discount

Kearney Lodge Community Connection meets the SECOND Thursday each month.

President: Joe Beatty

619-212-6495

Vice President: Dara Dobbins

858-292-6935

Treasurer: Nadine Mein

858-277-8645

Secretary: YOU!

858-279-6088

Medical Equipment Loans

858-277-8645

Editor: Joleen J. Gonser

Joleen.Gonser@gmail.com

The KLCC is a private association dedicated to serving and improving the quality of life for the entire community with emphasis on safety, courtesy and neighborhood.

Opinions expressed in "Letters to the Editor" sections of The Connector do not necessarily represent the views of the editorial staff, but are printed to encourage comments and discussion among resident homeowners. Submissions to The Connector must be received no later than the 20th of the month. The Connector reserves the right to use such discretion as it may consider appropriate in the printing of advertising or other material submitted for publication herein.

You are encouraged to check the products and/or services advertised herein; however, the KLCC is NOT responsible for your use or purchase of them. DRIVE 5

PRICES FOR NEWSLETTER ADS

Business Card-size = \$8 ---- 1/4 Page = \$12 ---- 1/2 Page = \$20 ---- Full Page = \$35

Kearney Lodge Office - 858-277-6060 http://www.kearneylodge.net/index.htm Hours: M-W-F 9 am-4 pm & TU-TH 9 am-1 pm

Leave live or voicemail messages with the answering service after regular office hours.

LOST & FOUND "CLOSET" AT PARK OFFICE

Take to- or look for- Lost or Found items at the Park Office during regular hours.

Kearney Lodge Community Connection

THE CONNECTOR

JULY 2015 - Page 3

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KEARNEY LODGE COMMUNITY CONNECTION MEETING of JUNE 11. 2015

Vice President Dara Dobbins called the meeting to order at 7:14 PM. The Pledge of Allegiance was recited The Minutes of the May 2015 meeting were approved.

TREASURER'S REPORT was presented by Nadine Mein and approved.

PREVIOUS BALANCE (5-31-15)		\$ 1,157.70
A. Income - Newsletter Ads	+	\$ 618.00
B. Donations	+	\$ 2.00
C. Newsletter copying	-	\$ 238.79
D. Expenses	<u>-</u>	\$ 10.00
NEW BALANCE:	=	\$ 1,528.91

There may not be another meeting in July because Joe will be gone. It was suggested that a July meeting be held because six people did attend the June meeting without Joe and Joleen. (NO JULY MEETING) OLD BUSINESS:

- Shuffleboard was cancelled due to lack of interest. Mark Monroe, along with Michelle and Richie, suggested that a "ladder" system be started like at most Tennis Clubs. A list of 5-10 Shuffle-board Players should be listed in order 1-10. To improve your standing, you must challenge a player ahead of you and schedule a time for a match.
- 2. Mark Monroe asked the status of an updated "Neighborhood Watch list" or Confidential Directory list so we can contact each other in our neighborhood. Nadine mentioned this used to exist in the past but has not been a concern of the Park Management for years.

NEW BUSINESS:

Mark Monroe suggested that instead of trying to hold "Park-wide" Social Events that seem to fail, we should find individuals willing to organize "Block Parties" involving 30-40 Units (or a block): arranging to block off a street area (legally) and having a no-host BBQ/Potluck including organized games. Michelle and Richie volunteered to assist Mark in choosing a date and organize the first one in July or August. Members of the Board will be invited to attend. Perhaps this will slowly increase participation by various neighborhood groups.

The meeting adjourned at 7:54 pm.

Respectfully submitted by Acting Secretary,

Mark Monroe

NO JULY MEETING KEARNEY LODGE COMMUNITY CONNECTION

OUOTES

A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty.

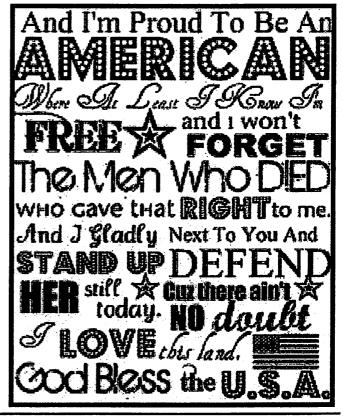
— Sir Winston S. Churchill

We can't help everyone, but everyone can help someone. — Ronald Reagan

Educating the MIND without educating the HEART is not education at all. — *Aristotle*

Our words have incredible power. We have the power to speak life over someone – pushing them into a more full and abundant existence. In contrast, we have the power to speak death over people, pushing them into darkness and isolation. We also have the power to speak kindly and lovingly to ourselves - use that power today for good.

— Kara Dykert





Presents PROPERTY Insurance for:

Kearney Lodge Mobile Home Park

With dependable service you can rest easy knowing that your belongings are protected from a wide range of damages. Our platinum insurance package covers replacement cost for any covered loss, including fire. This ensures you receive a new mobile home if yours is destroyed. Theft and vandalism are also included in your coverage. The liability portion of your property policy covers you for instances in which you are legally obligated to pay for physical injuries to others, along with damages to their property, as well as certain types of non-physical injuries.

Here are some examples of how little it can cost to protect your property and personal possessions!!!

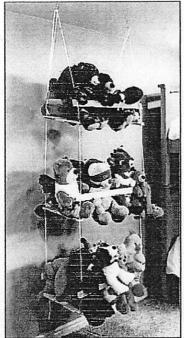
\$80,000 in coverage is only \$25 a mo. \$100,000 in coverage is only \$32 a mo. \$90,000 in coverage is only \$29 a mo. \$110,000 in coverage is only \$35 a mo.

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SUMMERTIME TIP

Use cupcake papers to cover drink glasses in the summer and prevent flies and other insects from dropping in.



NEWSPAPER BAGS

Thanks for those already received. For more information, please call Joleen at 858-279-6088.

SAVE SPACE WITH VERTICAL STORAGE

At right is an idea for >> toy storage in the tub/ shower. Extension shower-curtain rods are especially useful for this when you do not want holes in the wall.

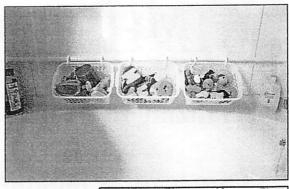
<< Stuffed toys in vertical storage shelves in a bedroom shown at left.

Sources:

http://www.improven et.com/a/9-small-ba throom-storage-ideasyou-n%E2%80%99tafford-to-overlook http://neafamily.com/ your-family/home/stu ffed-animal-storage/ #.VYDfqyxRFC0 http://artsandclassy.co

m/tag/decorating-ideas

<< Shelves above seating area shown at left.



Clip >> and hang chip bags, all-in-one, in the pantry.



From:

http://www.reddit.com/r/lifehack s/comments/37dggk/hang_your _chip_bags/

QUOTES

Experience hath shewn, that even under the best forms of government, those entrusted with power, have, in time, and by slow operations, perverted it into tyranny. — Thomas Jefferson

You don't make progress by standing on the sidelines, whimpering and complaining. You make progress by implementing ideas. — Shirley Chisholm

Every strike brings me closer to the next home run. — Babe Ruth

NO JULY MEETING KEARNEY LODGE COMMUNITY CONNECTION

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NO JULY MEETING

KEARNEY LODGE COMMUNITY CONNECTION

CONSIDER:

During a time of grief or tragedy. try to steer clear of sharing your own traumatic experiences.

PATRIOTIC CRYPTOGRAM

	A B C D E F G H I J K L M N O P Q R S T U V W X Y Z
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	T T T 11 2 1 19 16 2 24 24

VOLUNTEERS ARE NEEDED:

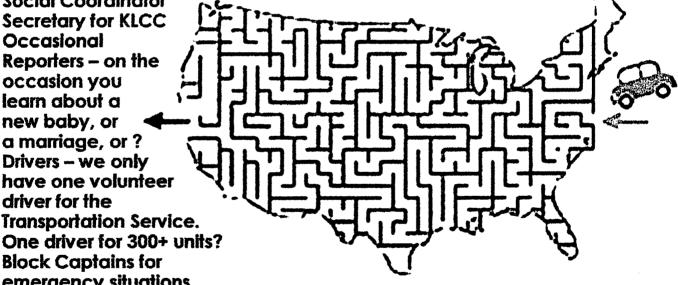
Social Coordinator

Secretary for KLCC

 Occasional Reporters - on the occasion you learn about a new baby, or a marriage, or?

 Drivers – we only have one volunteer driver for the Transportation Service.

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- By being illegal and using an unlicensed painter you risk your assets and all your income today and in the future (including bank funds, social security or retirement, equity in home, current pay)

BEFORE SIGNING A CONTRACT

- Check www.cslb.ca.gov to make sure the license is in force.
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- You should possess the contractors current Certificates of Insurance for Workers Compensation and Liability

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K. L. PARK GARDEN

Perhaps you've want to be part of the Community Xeriscape Garden project, but you have no plants to contribute. Maybe you could team up with a neighbor, or perhaps you could start now by getting cuttings/ starts ready for Fall planting. With Summer upon us, young plants will have more difficulty getting established, so Fall might be a good time to plant and get better results.

Of course, the area needs to be prepared; maybe ahead of time — rocks cleared, soil broken up and turned, enriched, etc.

Contact Joe Beatty or Park Management for more information.

GARDENS ARE GORGEOUS; SNAILS AND SLUGS ARE NOT.

To get rid of these slimy creatures without resorting to chemical pesticides, simply spread crushed eggshells in a circle around your plantings. The pests would rather crawl back to where they came from, rather than crawl over the jagged edges of the shell flakes.

From: http://www.bobvila.com/art icles/5-things-to-do-with-eggshells/#.VYDAfSxRFnJ

EVER WONDER ABOUT THE



BIBLE ?

CAN YOU BELIEVE WHAT IT SAYS?

IS IT STILL RELEVANT IN TODAY'S BUSY & COMPLICATED WORLD?

*** COME AND LEARN FOR YOURSELF ***

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IN THE NORTH WEST LAUNDRY/POOL HOUSE REC. ROOM
* NO PRESSURE * FRIENDLY FOLKS * REFRESHMENTS *

WEBSITES TO INVESTIGATE

Please verify the reliability and security of all sites. Some addresses are self-explanatory.

http://www.bobvila.com/slideshow/10-small-be drooms-with-huge-amounts-of-style-47469/white-bedroom#.VYDHKCxRFnI

http://forthefamily.org/scripture-memory-for-kids-10-verses-about-who-god-is/

http://www.thegardenglove.com/diy-garden-trinkets/

http://www.sandiego.gov/water/gen-info/emerg encies /index.shtml

http://www.healthyandnaturalworld.com/easy-ex ercises-to-get-rid-jiggly-arms/

http://www.antiquepatternlibrary.org/

http://www.firstpeople.us/

http://www.frc.org/prayerteam/prayer-targetsprayer-fasting-for-marriage-hhs-mandate-humantrafficking-marine-chaplain-more

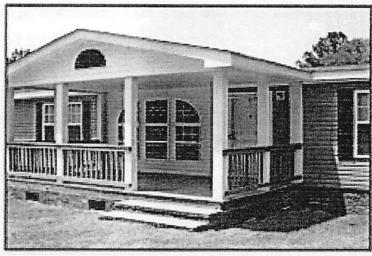
http://bestplants.com/uses-for-old-garden-hoses/

http://www.motherearthliving.com/gardening/gardening-projects/diy-self-watering-garden-hose-pot-ze0z1405 zcalt.aspx

NO JULY MEETING — KEARNEY LODGE COMMUNITY CONNECTION

Mobile Home Improvements

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- Foundations Piers, Pads, Braces
- · Heating & Air Conditioning
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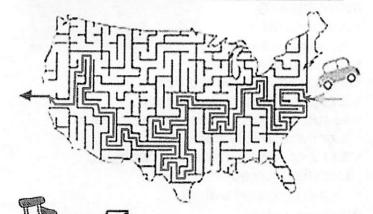
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NO JULY MEETING

KEARNEY LODGE COMMUNITY CONNECTION



MEDICAL EQUIPMENT LENDING PROGRAM

ment lending program. Residents may borrow or donate items such as canes, crutches, walkers, and bathroom aids. Other items may also be available. Please call Nadine at 858-277-8645 to inquire.

REMINDER

Kearney Lodge Community
Connection (KLCC) does not
acknowledge or print anonymous
suggestions or complaints.
An item being considered for
printing in the KLCC newsletter,
"The Connector", must have Your
Name and Space Number on it
(for verification.)

HAVE YOU ANY LEFTOVER YARN?

the Special Military Active Retired Travel
(S*M*A*R*T) club is always looking
for more yarn to take to personnel
in the Miramar brig who then create
lap robes for patients in the
Veteran's Hospital. Please call

Veteran's Hospital. Please call 858-279-6088 to arrange Concellection of your yarn.

ONLY ONE?

There are over 300 units in the Park, but we now have only one Volunteer Transportation Driver. Please seriously consider how you can help. If there are several drivers, no one will be called upon all the time, and schedules can be arranged. Call one of the KLCC officers (Page 3).

QUOTES:

An onion can make people cry but there's never been a vegetable that can make people laugh.

— Will Rogers

I speak to everyone in the same way, whether he is the garbage man or the president of the university.

— Albert Einstein

ARRANGE YOUR PLANTERS

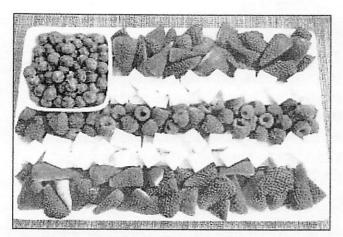
Keeping up with your containers does not have to be a challenge. Consider the arrangement below.

Make watering easier by grouping pots together within reach of the hose. And planting in a large container lets you use more soilless potting mix, so combinations will not dry out as quickly. Adding a layer of bark mulch to the top of the pot helps conserve moisture, too.

Succulents are just right in quick-draining smaller pots. A ring of brick makes trimming around the group easier, and rock mulch helps keep weeds from growing between the smaller pots.

From: http://www. Gardengatenote s.com/2015/0 6/16/good-foun dation/?utm_so urce=GardenGa teNotes&utm_m edium=email&u tm_campaign=9 541&promo_ke y=i3506gta





STAR SPANGLED FRUIT PLATE INGREDIENTS:

- · Fresh strawberries · Fresh Pineapple
- Fresh blueberries
 Fresh Raspberries

INSTRUCTIONS:

- 1. Wash and cut fruit.
- 2. Arrange on a large rectangular platter or pan as shown in picture.

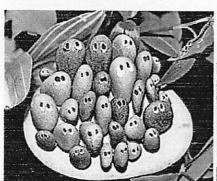
QUOTES: Public officers are the servants and agents of the people, to execute the laws which the people have made. — *Grover Cleveland*

I hope we once again have reminded people that man is not free unless government is limited. There's a clear cause and effect here that is as neat and predictable as a law of physics: As government expands, liberty contracts.

- Ronald Reagan

Being a politician is a poor profession. Being a public servant is a noble one. — Herbert Hoover

GARDEN/PATIO/PORCH ORNAMENT Stones, glue, paint and brushes... For a sense of scale, see the fingers in





the photo

Page 14 — JULY 2015

THE CONNECTOR

NO-COOK RICE and FRUIT SALAD/DESSERT

Serves 6

INGREDIENTS:

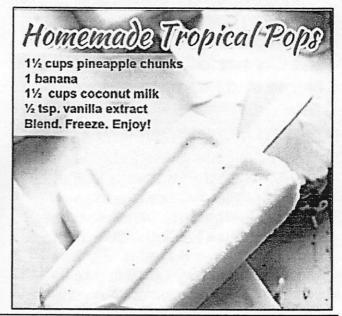
- 8 oz. cream cheese, softened
- · 3 tbsp sugar
- · 2 cups cooled cooked rice
- · 1 cup red grapes, cut in half
- ½ cup chopped maraschino cherries
- 1 banana, thinly sliced
- 1 (12-oz.) container frozen whipped topping, thawed
- ½ cup chopped walnuts

INSTRUCTIONS:

- In a large bowl, combine cream cheese and sugar until smooth. Add rice, grapes, cherries, and banana; mix well. Fold in whipped topping and nuts.
- 2. Chill 1 hour, then serve.

NO JULY MEETING KEARNEY LODGE

COMMUNITY



Kearney Lodge Community Connection

TRANSPORTATION SERVICE

Ellen and Lynnda coordinate the transportation needs of residents with the schedules of drivers. Please call Lynnda at 619-977-4472 to provide or request transportation. Please plan ahead. (As of July 1, 2015, Ellen is no longer available for transportation.)

Donations would be appreciated.

MAKE EMERGENCY or OTHER TRANSPORTATION
REQUESTS THROUGH THE PROPER PUBLIC
CHANNELS.

ENCOURAGE THE ADVERTISERS

in this newsletter, *The Connector*, by doing business with them. Be sure to check each business against your needs.

DEADLINE IS JULY 15TH!

The International
Astronomical Union
(IAU) wants help naming
32 exoplanets – planets
that orbit a star other than
our sun. The public can rank
chosen finalists at

http://www.nameexoworlds.org/

The nearest of all the planets is ten lightyears from Earth; the farthest is more than 2,300 light-years away. None are expected to be habitable, but some could be close.

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SUGGESTIONS FOR ADDITIONAL ACTIVITIES AND EVENTS plus OTHER COMMENTS

OTHER COMMENTS:
Your Name and best method of contact

REPORTING NEIGHBORHOOD NEWS

To include more news about Kearney Lodge residents, your contributions are needed. Please tell us about important events like marriages, births, graduations, awards, someone coming home, and other note-worthy events that occur.

Please let us know if...

- · you got engaged or married...
- · someone received an award...
- . there is a new family member...
- · you lost a family member...
- You're planning an event in K.L. that the public may attend...
- you need to borrow or donate medical equipment. (See article page 13.)
- you need transportation (See article at left.)
 For any of these or other important events, call someone listed on page 3.



FREE HOME BIBLE STUDY

Genesis to Revelation In 12 Lessons

www.newlifechristianchapel.org

Call 619-222-1224

for more details.

to do as we please, but as the opportunity

to do what is right. - Peter Marshall.

JULY HAPPY BIRTHDAY JULY Celebrants!

2015

Stone = Ruby — Flower = Larkspur

			(3,000)								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY					
the governm	4.50.70	the govemment, ot support the develand	1	2 9 am Quilters	3 7 pm Bingo 7 pm Bible Study						
5 NO Shuffleboard in July	6 6 pm Painters	7	8	9 9 am Quilters 7 pm N O Meeting	10 7 pm Bingo 7 pm Bible Study	11					
12	13 6 pm Painters	14 NO Movie Nights in July	15	16 9 am Quilters	17 7 pm Bingo 7 pm Bible Study	18					
19 NATIONAL ICE CREAM DAY	6 pm Painters	21	22	23 9 am Quilters	24 7 pm Bingo 7 pm Bible Study	25 NEW FARMERS MARKET at					
26	27 6 pm Painters	28	29	30 9 am Quilters	31 7 pm Bingo 7 pm Bible Study	Madison High School every <i>SATURDAY</i> from 9-3.					

DO YOU PARTICIPATE IN KEARNEY LODGE LIFE?

- → Community Garden: page 11 top left.
- → Drivers: pages 13 top right and 9 middle left.
- → Medical Equipment Loans: page 13 middle left.
- → Monthly Meeting: calendar above.
- → Occasional Reporters of K.L. News: page 15 middle right.
- → Suggestions & Activities Form: pg. 15 top right.
- → Transportation Service: page 15 top left
- → Yarn Stash: page 13 bottom left
- → Volunteers: pages 9 middle left and 13 top right.

NO JULY MEETING
KEARNEY LODGE COMMUNITY CONNECTION

POEMS and SAYINGS

The glowing Ruby should adorn Those who in warm July are born, Then will they be exempt and free From love's doubt and anxiety.



http://www.egreenway.co m/months/monjul.htm

It's difficult to think anything but pleasant thoughts while eating a homegrown tomato.

- Lewis Grizzard

What a beautiful, sunny morning. It makes you happy to be alive, doesn't it? We can't let the sun outshine us! We have to beam, too!

- Takayuki Ikkaku

Gardens are demanding pets.

To garden is to open your heart to the sky.

Dirty fingernails and a calloused palm precede a Green Thumb.

- Michael P. Garofalo, "Pulling Onions"