

The

OCTOBER

2013

CONNECTOR

FROM OUR KLCC PRESIDENT —

Thank you once again for unanimously electing me president. This will be the third year.

I am sorry to report that our secretary declined to run again. At this time, that position remains open. Over the past two years a lot of issues have come up.

As a committee, we worked very hard side-by-side with the management to come up with positive solutions. We changed our internal name from home owners' association to community connection in order to let everyone know that we are dedicated to serving and improving the quality of life for the entire community with emphasis on safety, courtesy, and neighborhood.

There are many things to do right here in the Park. We have Shuffleboard, Painters, Movie Night, Quilters, Bible Study, Bingo, two swimming pools, a club house and a pool room. Many other things to do are within walking distance from the Park.

We wonder what it would take to bring more residents to meetings and Park events. I have made sure that everyone is informed by having our minutes from every meeting in "The Connector" (newsletter), in a book on the shelf in the club house, and on our new bulletin board in front of the office. Signs are posted near the entrance to the Park for every event and a calendar is posted on bulletin board in the laundry rooms.

I would love to hear from you about your thoughts and suggestions. Please put your name on it. I do not think it is fair for committees to volunteer their time for you if you are not willing to give us the respect of your name. A box is on the wall next to the bulletin by the office for your input, or you can E-mail me at jabsdca59@yahoo.com

Joe Beatty

**K.L. COMMUNITY CONNECTION
MEETING at 7:00 pm THURSDAY,
10 OCTOBER 2013 in the Clubhouse.**

ITEM TO BE VOTED UPON:

Shall the Bylaws be changed to hold future Board Member elections in January?" This vote was delayed because 60 days notice from the 08 AUG 2013 meeting was required.



WHAT OTHER ACTIVITIES AND EVENTS
WOULD YOU LIKE TO SEE HELD IN OR
NEAR THE Park? Please deposit the form in
the Suggestion Box or in person at a meeting.

Your Name and best method of contact. _____

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**Kearney Lodge
Community Connection**

meets SECOND Thursday each month.

President: Joe Beatty 619-212-6495

Vice President: Vacant

Treasurer: Nadine Meln 858-277-8645

Secretary: Wendy Hunter 858-571-0391

Medical Equipment Loans 858-277-8645

Editor: Joleen J. Gonser 858-279-6088

Joleen.Gonser@gmail.com

The KLCC is a private association dedicated to serving and improving the quality of life for the entire community with emphasis on safety, courtesy and neighborhood.

Opinions expressed in "Letters to the Editor" do not necessarily represent the views of the editorial staff, but are printed to encourage comments and discussion among resident homeowners.

The Connector reserves the right to use such discretion as it may consider appropriate in the printing of advertising material submitted for publication herein.

Submissions to The Connector must be received no later than the 15th of the month.

Advertisements of products or services herein do not imply endorsement of any products or services.

The KLCC is *NOT* responsible for your use or purchase of them.

PRICES FOR NEWSLETTER ADS

Business Card-size = \$8...1/4 Page = \$12

One-half Page = \$20.....Full Page = \$35

DRIVE 5 MPH

Kearney Lodge Office - 858-277-6060

Hours: M-W-F 9 am-4 pm & TU-TH 9 am-1 pm.

Voicemails may be left with the answering service after office hours.

<http://www.kearneylodge.net/index.htm>

LOST & FOUND "CLOSET" AT PARK OFFICE

Take to- or look for- Lost or Found items at the Park Office during regular hours.

K.L. COMMUNITY CONNECTION

MEETING at 7:00 pm

THURSDAY, 10 OCTOBER 2013

IN THE CLUBHOUSE

THOUGHTS TO PONDER

- Growing old is inevitable; growing UP is optional.
- There is no key to happiness. The door is always open.
- Silence is often misinterpreted but never misquoted.
- Do the math. count your blessings.
- Faith is the ability to not panic.
- Laugh every day, it's like inner jogging.
- If you worry, you didn't pray. If you pray, don't worry.
- Blessed are the flexible for they shall not be bent out of shape.
- The most important things in your house are the people.
- A grudge is a heavy thing to carry.
- He who dies with the most toys is still dead.

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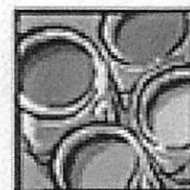
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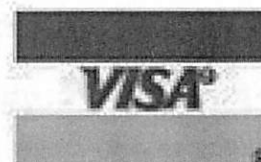
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**\$100 DISCOUNT
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Workers Comp. \$100,000



***If consumer hires an unlicensed contractor for a job over \$500 they have no recourse if the contractor does not perform satisfactorily.**

****If the contractor does not have workers comp insurance, you could be liable for his medical bills and loss of salary up to \$100,000 if he is injured while on the job. If you hire an uninsured painter and he damages your property or your neighbors' property you could be held liable with no \$ amount limit.**

KEARNEY LODGE COMMUNITY CONNECTION MEETING of 12 SEP 2013

Joe Beatty called the meeting to order at 7:03 PM. The Pledge of Allegiance was recited.

TREASURER'S REPORT (NADINE):

1. Beginning balance:	\$468.95	
2. Newsletter ad income:	\$137.00	\$
3. Donations	\$ 13.00	
4. Refreshments:	(\$ 10.00)	\$
5. Newsletter expense:	(\$175.50)	
6. BALANCE	\$433.45	\$

HOUSEKEEPING CONCERNS:

1. Joe reminded everyone to speak one at a time; raise hands to talk.
2. August minutes were approved as recorded in the Community Connection.

COMMITTEE REPORTS: none this month

OLD BUSINESS:

1. Newsletter ads — several of the recent new ads were renewed this month.
2. Fall rummage sale: September 21, 7:00 am to 1:00 pm; sign up in the office; a KLCC table will be available for donated items to sell.
3. Safe driving—Joe distributed some temporary 5 MPH cards to members who requested them; he is looking into getting larger self-stick labels for the next printing.
4. Bylaw change — Wendy reminded members that the proposal to change elections from August to January will be voted on at the OCT 10 KLCC meeting.
5. Vertical Hanging Sign — the Park managers expressed concern that such a sign might distract drivers entering the Park or backup traffic. Joe has been posting information in the laundry rooms and on the bulletin board outside the front office.
6. Joe asked members to confirm whether or not to continue the following Park events:
 - Sundays: we will continue shuffleboard for one more month. Maybe team competition or prizes would increase attendance? No motions were made.
 - Mondays: painters meet in the Clubhouse.
 - Tuesdays: movie night (Oct 8th and 22nd) — a variety of DVDs will be available for those present to decide which one(s) to watch
 - Thursdays: Quilters meet
 - 2nd Thursday: KLCC meeting
 - Fridays: non-denominational Bible study
 - Fridays: Bingo

OLD BUSINESS Continued

7. Joe will host a Halloween party at his residence this year.

NEW BUSINESS:

1. Board member elections: members present unanimously approved the slate of candidates as follows: Joe Beatty, President; Dara Dobbins, Vice President; Nadine Mein, Treasurer. The position of secretary remains open as one person who was nominated declined to serve, and the other person who was nominated was not in attendance. A decision was made to ask for rotating volunteers at future meetings.
2. Suggestion received by phone: one resident expressed her belief that the KLCC was wasting time and money on naming our streets and should be helping residents instead, dealing with Swift Communication problems. She had complained to the Park about the company and was reportedly told that this was KLCC business. She was invited to come to this meeting, but was not present. Joe will follow up with the Park managers as no one at this meeting was aware that KLCC has any authority with regard to Swift, which is a business that rents space in the Park. He will speak with them the Monday after this meeting so he can get the response to Joleen in time for publication in the next newsletter.
3. Suggestions from the floor —
 - Members present wonder what would help bring more residents to meetings and Park events. Joleen has asked for input in "The Connector", with no responses. There were 16 members present at this meeting. Other discussion revolved around the frustration of those attending trying to create an active KLCC, especially when the suggestion box and calls contain anonymous complaints from those sitting on the side-lines. Everyone present is giving up their free time to participate and would like some help and appreciation, not just complaints.
 - Members are reminded to read the minutes in the newsletter or Clubhouse to find out what has and has not been done. Joe reported again that the area for the dog-walk is "co-owned" by the Park and the city and the Park managers are collaborating with the city to improve that area outside the Park.

Continued on Page 7

**KEARNEY LODGE COMMUNITY CONNECTION
MEETING at 7:00 pm
THURSDAY, 10 OCTOBER 2013
IN THE CLUBHOUSE**



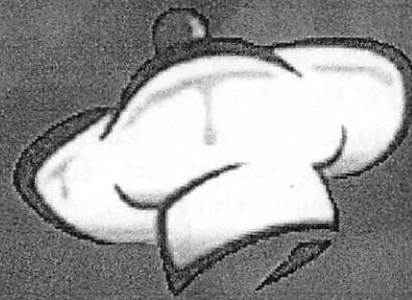
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And More!!!**

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KLCC MEETING of 12 SEP 2013

NEW BUSINESS Continued

3. Some members have noticed vendors who are ignoring the "No Solicitors" sign at the entrance to the Park. Perhaps the sign is too small to be noticed by everyone entering the Park — Joe can ask the managers if this can be made bigger. In the meantime, if you notice a solicitor in the Park, point out the "No Soliciting" policy, or get the name of the vendor, and either call the front office or put a note with the vendor's name, date and time in the mail slot on the office door so the managers can follow up with that vendor.

- A couple of members complained about the number of cigarette butts that are littering our streets and yards. REMINDER: "Please keep your butts to yourself."

4. Raffle drawing was held for the \$20 that was collected. Winner's name will not be posted.

Meeting ended at 7:48 PM.

Respectfully submitted, Wendy J. Hunter
Secretary, KLCC — Space 186



YOU'RE INVITED

Bring the kids for treats and
to see the decorations.

Stay a while if you like.

Date: 31 OCTOBER 2013

Time: WHEN YOU'RE READY

Place: # 145

IF YOU PLAN TO ENTERTAIN

"Trick-or-Treaters"
at your home, please
turn ON your lights.

If you **DO NOT WANT**
"Trick-or-Treaters"
at your home, please
turn your lights OFF.

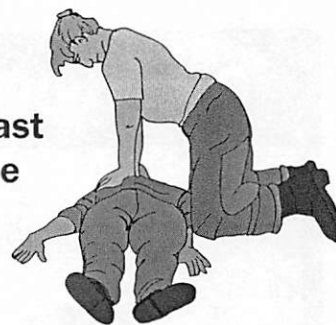


CPR CLASS

To have a class at
Kearney Lodge, at least
three more people are
needed to sign up.

The cost is \$45.

If you are interested,
please call Mary Jo at 858- 356-7665.



KLCC MEETING AGENDA: 10/12/13

(Kearny Lodge Community Connection)

Call to order: 7:00 PM

The Pledge of Allegiance

TREASURER'S REPORT

HOUSEKEEPING CONCERNS

1. Rules of order reminder — Joe Beatty

2. Voluntary KLCC dues reminder (\$1)— Joe

3. Raffle reminders — Joe

4. Minutes approval — Joe

COMMITTEE REPORTS

OLD BUSINESS:

1. Newsletter Ads update — Joe or Joleen

2. Transportation for residents — Ellen

3. Fall KLCC Rummage Sale results — Joe

4. Calendar update — Joe

- Shuffleboard update — continue or not?

- Movie Night update — Joe

5. Safe Driving stickers update — Joe

6. Swift Communication update — Joe

NEW BUSINESS:

1. Bylaw change — move elections from August
to January? — Joe

- Assumes recently elected board will serve
from October 2013 through January 2015

2. Suggestion box items — Joe

3. Suggestions from members present

Raffle Drawing

Adjournment: 8:00 PM

MEDICAL DEVICE LENDING PROGRAM

The KLCC has a lending program available to residents who need to borrow medical equipment such as canes, crutches, walkers, and bathroom aids. Other items may also be available. Call Nadine at 858-277-8645 to inquire. You may also donate items by first calling Nadine.



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Thursday - Saturday

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Shampoo Set	\$20
Blow Dry/Style	\$20 and up
Haircut with Set/Blow	\$35 and up
Color	\$40 and up
Color - With cut and style	\$50 and up
Perm - Includes cut and style	\$60 and up



TRANSPORTATION VOLUNTEERS

Ellen and Lynnda coordinate the transportation needs of residents with the schedules of drivers. To provide or request transportation, call Ellen at 858-525-2282 or Lynnda at 619-977-4472. Please plan ahead to make arrangements.

**MAKE EMERGENCY TRANSPORTATION
REQUESTS THROUGH
THE PROPER PUBLIC CHANNELS.**

**KEARNEY LODGE
COMMUNITY CONNECTION
THURS., 10 OCTOBER 2013
at 7:00 pm IN THE CLUBHOUSE**

**DRIVE 5
MPH**

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*Limited to one person once per day.
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Expires 10/31/2013 (K.L.)



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PROGRAMS TO HELP PAY FOR MEDS

"Extra Help" from Medicare. You may be able to get Extra Help for your prescription drug costs. This program is also called the "low-income subsidy" or LIS. People with qualifying annual income and resources may apply. See Section 3 the *Medicare & You* 2013 handbook or call 1-880-633-4227 toll-free, 24 hours a day, 7 days a week. You may also call the Social Security Office at 1-800-772-1213 M-TH 7 am to 7 pm.

Other resources are the state Medicaid Office, a State Pharmaceutical Assistance Program (SPAP), and a State Health Insurance Assistance Program (SHP). The name and phone numbers are in Chapter 2, Section 3 of the *Evidence of Coverage* handbook.



DO YOU SEE SOLICITORS?

There is a "No Solicitors" sign at the entrance to the Park. Perhaps the sign is too small to be noticed by everyone entering the Park . . .

If you notice a solicitor in the Park, point out the sign/policy, or get the name of the vendor; then either call the front office or put a note, with the vendor's name, date and time of occurrence, in the mail slot on the office door so the managers can follow up with that vendor.

QUOTES

Oh how we love pumpkin season. You did know this gourdish squash has its own season, right? Winter, Spring, Summer, Pumpkin We anxiously anticipate it every year.

From Trader Joe's Fearless Flyer, October 2010

There is a harmony in autumn, and a luster in its sky . . . — Percy Bysshe Shelley

Libraries will get you through times of no money better than money will get you through times of no libraries.

— Library Poster

Perhaps no place in any community is so totally democratic as the town library. The only entrance requirement is interest.

— Lady Bird Johnson

FUN and/or USEFUL WEBSITES (and Phone Numbers)

Please verify the reliability of all sites

FOR YOU OR A LOVED ONE

California Advocates for Nursing Home Reform: www.canhr.org
or 1-800-474-1116 – checklists

Consumer Advocates for RCFE Reform:
rcfereform.org/ or 619-795-2165

National Center for Assisted Living:
<http://www.ahcancal.org/ncal/resources/Pages/ConsumerResources.aspx>
or 202-842-4444 - key questions list, checklists, and consumer guide

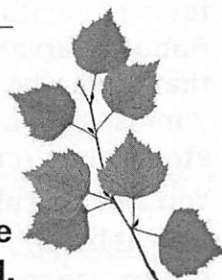
San Diego Adult Protective Services:
http://www.sdcounty.ca.gov/hhsa/programs/ais/adult_protective_services/
or 1-800-510-2020

San Diego Aging and Independence Services: http://www.sdcounty.ca.gov/hhsa/programs/ais/about_ais/
or 1-800-510-2020

The San Diego Long Term Care Ombudsman: www.sdcounty.ca.gov/hhsa/programs/ais/ombudsman_long_term_care/ or 1-800-640-4661

PLEASE LET US KNOW IF . . .

you got engaged or married.
there is a new family member.
you have lost a family member.
you are planning an event in the Park that the public may attend.
you need to borrow medical equipment.
you want to donate medical equipment.
you need transportation (see article above.)
For any of the above, please call someone from the list on Page 3.

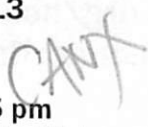
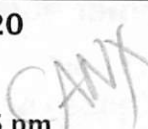
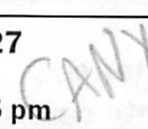


KEARNEY LODGE COMMUNITY CONNECTION
MEETING at 7:00 pm
THURSDAY, 10 OCTOBER 2013
IN THE CLUBHOUSE

OCTOBER 2013

What building has the most stories?

The library. — Children's Riddle

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4 7 pm Bingo 7 pm Bible Study	5 
Libraries are user-friendly. — American Library Associations						
6 5 pm Shuffleboard	7 6 pm Painters	8 6 pm MOVIE NIGHT	9	10 9 am Quilters 7:00 pm KLCC Meeting	11 7 pm Bingo 7 pm Bible Study	12 
13  5 pm Shuffleboard	14 COUMBUS DAY 6 pm Painters	15	16 	17 9 am Quilters	18 7 pm Bingo 7 pm Bible Study	19 
20  5 pm Shuffleboard	21 6 pm Painters	22 6 pm MOVIE NIGHT	23 Autumn is the hush before winter. — <i>French Proverb</i>	24 9 am Quilters	25 6:15 pm POTLUCK 7 pm Bingo 7 pm Bible Study	26 
27  5 pm Shuffleboard	28 6 pm Painters	29	30 	31 HALLOWEEN * See articles below	Autumn is a second spring when every leaf is a flower. — <i>Albert Camus</i> —	

MAKES YOU SMARTER!



Bingo requires hand-eye coordination and focus – which is why research shows that Bingo players' score much higher than non-players in

tests of mental acuity.

Bonus: Harvard University researchers also report that folks who participate in social games, such as bingo, enjoy less stress and greater self-esteem.

You can also play Bingo online for free at <http://www.Games.com/game/masque-publishing/bingo>, where you can choose from a number of Bingo variations and compete against other players.

WHAT ALSO WORKS:

Ping-Pong! Playing table tennis stimulates areas of the brain that govern planning and coordination, studies show. No wonder scientists have dubbed it the number-one "brain sport"!

From *Woman's World* 29 June 2013



Kearney Lodge Bingo has a "progressive" jackpot that will start at \$25.00 and grow by \$1.00 each week that it is not won. Once the pot is won, it will start over at \$25.00.



EVER WONDER ABOUT THE

BIBLE ?

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IS IT STILL RELEVANT IN TODAY'S BUSY
& COMPLICATED WORLD?

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